NSW Practitioners

Carolyn Lowe

Modality: Naturopath; Herbalist

Contact: Carolyn Lowe – Tel: 0415874664 – email:

carolyn@carolynlowe.com.au,

Clinic Days: Monday, Tuesday, Wednesday, Saturday

Practice Type: Online only

Location: NSW

Specialties: Chronic Illness, Gut Health

Website: carolynlowe.com.au

The Functional Naturopath

Modality: Naturopath

Contact: Email: admin@thefunctionalnaturopath.com

Practice Type: Online only
Location: Narrawallee NSW

Specialties: Autoimmune disease, GI disorders, Coeliac

Disease

 $\textbf{Website:}\ \underline{www.the functional naturo path.com}$

Social media: Instagram

Wellness Vision

Modality: Naturopath; Nutritionist; Functional Medicine

Practitioner (IFMCP)

Contact: Jasmin Polley -Email:

admin@wellnessvision.com.au - Tel: 02 4989 6986

Clinic Days: Tuesday - Thursday

Practice Type: Online and in-person

Location: Atune Health Centre, 52 Ada Street, Cardiff NSW

2285

Specialties: Functional Medicine, Gut health, Hormonal

health

Website: www.wellnessvision.com.au

Social media: Instagram, Facebook, LinkedIn

CK Health and Wellbeing

Modality: Naturopath; Nutritionist

Contact: Cody Kennedy – Email: admin@ckhealth.com.au

- Tel: 02) 4077 3803

Practice Type: Online and in-person

Location: Merewether, Newcastle NSW

Specialties: Microbiome, Auto Immune such as Lupus,

IBD, Thyroid conditions and MS

Website: https://ckhealth.com.au/

Social Media: Facebook, Instagram

Gut Feeling Naturopathics

Modality: Naturopath

Contact: Emily Sugars – Email:

hello@gutfeelingnaturopathics.com - Tel: 0483955117

Practice Type: Online only

Location: NSW Australia

Specialties: SIBO/IBS Microbiome Restoration Functional

Digestive Disorders

Website: www.gutfeelingnaturopathics.com

Deena Jane Kelaita

Modality: Nutritionist

Contact: Deena Jane Kelaita - Email:

info@deenajanekelaita.com - Tel: 0402 028 236

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Ryde, NSW

Specialties: Gut health, IBD, Autoimmunity, Skin Health,

Genetic Testing

Website: www.deenajanekelaita.com

Social media: Instagram

Sophie Thelosen - Nutritionist at Mosman Integrative Medicine

Modality: Nutritionist

Contact: Sophie Thelosen - Tel: 0448 485679 - Email:

sophie.thelosen.nutritionist@gmail.com

Practice Type: Online and in-person

Location: Mosman, NSW

Specialties: Gut health - SIBO and microbiome. Post-viral

fatigue. Autoimmune conditions.

Website: www.mimpractice.com

Victoria Pavasovic

Modality: Functional + Nutritional Medicine, RN, Food +

Nutritional Coach

Contact: Victoria Pavasovic - Email:

victoria@vphealth.com

Clinic Days: Tuesdays, Thursday & Friday by appointment

only

Practice Type: Online and in-person

Location: Neutral Bay, Lower North Shore Sydney,

Australia

Specialties: Microbiome Health, Autoimmunity, Skin

Health, Hair Health, Weight management

Website: victoriapavasovic.com

Bronwyn Quinn Naturopathy

Modality: Naturopath; Nutritionist;

Contact: Bronwyn Quinn – Email:

info@bronwynquinn.com.au

Practice Type: Online and in-person

Specialties: Gut health and microbiome analysis, perimenopause and the menopausal transition

Website: www.bronwynquinn.com.au

Social media: Instagram

Kylie Dowling Inside Out Wellness Hub

Modality: Nutritionist

Contact: Kylie Dowling – Email:

nutritioninsideout@outlook.com - Tel: 0410 123 456

Practice Type: Online and in-person

Location: Mona Vale, NSW

Specialties: Gut health (IBS, SIBO, IBD), women's health

(perimenopause)

Website: www.nutritioninsideout.com.au

Dani Naturopathy

Modality: Naturopath

Contact: Danielle Roger – Email: info@daninaturopathy.com

Practice Type: Online and in-person

Location: Bronte and Paddington NSW

Specialties: Digestive health, women's health (including

vaginal health)

Website: www.daninaturopathy.com

Social media: Instagram

Melissa Poczwa Naturopath

Modality: Naturopath

Contact: Melissa Poczwa – Email: melissa.naturopathy@gmail.com

Practice Type: Online and in-person

Location: Shellharbour, NSW

Specialties: Gut health and microbiome specialist,

women's reproductive health

Website: www.melissapoczwa.com.au

Social media: Instagram

Integrative Wellness Clinic

Modality: Naturopath

Contact: Email: <u>admin@integrativewellnessclinic.au</u> – Tel:

1300 211 922

Jayne Sharpham

Modality: Naturopath

Contact: Jayne Sharpham - Address: 230 Marius St,

Tamworth NSW 2340

Clinic Days: Monday - Saturday

Practice Type: Online and in-person

Location: U5, 63-65 Campbell Street, St Peters NSW 2044

Specialties: Genetics, Hormone Health, Chronic Fatigue, Gut Health, Mental Health, Children/Adolescents Health

Website: https://integrativewellnessclinic.au/

Social media: Instagram

Other: "By understanding the intricacies of your genetic code, you can make informed decisions about your health

and wellness."

Clinic Days: Monday - Friday

Practice Type: Online and in-person

Location: Tamworth

Specialties: Naturopath

Website: www.tamworthnaturopathy.com.au

Skye Bartley

Modality: Naturopath

Contact: Skye Bartley - Email: info@skyebartley.com.au -

Tel: 0407 197 250

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Southern Gold Coast and Northern NSW

Specialties: Mental and emotional health, Adult ADHD, Sexual health, PMDD, PCOS, MAFLD, Insulin resistance

Website: www.skyebartley.com.au

Social media: Instagram

Oh Healthy Baby

Modality: Naturopath; Nutritionist

Contact: Laila Helena – Email: hello@ohhealthybaby.com

Practice Type: Online only

Location: Byron Bay Hinterland

Specialties: Baby and toddler health, allergies, gut health

Website: www.ohhealthybaby.com

Social media: Instagram

Digest Health

Modality: Nutritionist

Contact: Julie Howell - Email: julie@digest.health

Practice Type: Online and in-person

Location: Bowral, NSW

Specialties: Gut health, healthy ageing, metabolic health,

autoimmune, IBS, mental health, health coaching

Website: www.digesthealth.com.au

Social media: LinkedIn

Simply Thrive

Modality: Nutritionist

Contact: Bec Lean - Email: bec@simplythrive.com.au -

Tel: 0408 777 652

Practice Type: Online and in-person

Location: Somerville, VIC

Specialties: Gut health, peri-menopause

Website: www.simplythrive.com.au

Social media: Instagram

Herb and Spice Naturopathy

Modality: Naturopath; Nutritionist

Contact: Lisa Hayne – Email: admin@herbandspice.net.au

The Rainbow Health Centre

Modality: Naturopath

Contact: Lee Vassella – Email:

Practice Type: Online and in-person

Location: Narrabri, NSW

CK Health and Wellbeing

Website: https://www.herbandspice.com.au/

Social Media: Instagram, Facebook

Helen Harvey Naturopath @ ATUNE

Location: 52 Ada St, Cardiff, NSW, 2282

Pregnancy and Fertility, Children's Health

Website: www.rainbowhealthcentre.com

Location: Goonellabah (Lismore), NSW

Practice Type: Online and in-person

therainbowhealthcentre@gmail.com - Tel: 0484 076 120

Specialties: Digestion, Autoimmunity, Hormonal Health,

Website: https://atune.com.au/helen-harvey-naturopath-

Modality: Naturopath; Nutritionist **Modality:** Naturopath

Contact: Cody Kennedy - Email: admin@ckhealth.com.au Contact: Tel: 02 4954 4511 - Email:

- Tel: (02) 4077 3803

Practice Type: Online and in-person

Location: Merewether, Newcastle

Specialties: IBS, IBD, Autoimmune Diseases

Website: https://ckhealth.com.au/

Social Media: Instagram, Facebook

Other: Certified Microbiome Restoration Centre

Anna Lusty - The Rainbow Health Centre

Practitioner

Josie Carin Naturopath

medical-herbalist/

reception@atune.com.au

Modality: Naturopath Modality: Naturopath

Contact: Anna Lusty - Email:

info@rainbowhealthcentre.com - Tel: 0484 076 120

Practice Type: Online and in-person

Location: Goonellabah/Lismore

Specialties: Gut Health, Women's Health, Fertility, Pregnancy, Integrative Oncology, Thyroid Disorders

Website: www.rainbowhealthcentre.com

hello@josiecarin.com Practice Type: Online and in-person

Contact: Josie Carin Naturopath – Email:

Location: Sapphire Beach (Coffs Harbour area)

Specialties: Migraine, Women's Health, Metabolic Health

and Weight Loss, Digestive Issues, Anxiety,

Perimenopause, ADHD

Website: www.josiecarin.com Social Media: Instagram

WellSet

Modality: Nutritionist

Contact: Karen Van Esveld, Clinical Nutritionist – Email:

karen@wellset.com.au - Tel: 0499887775 Clinic Days: Open full business hours 8-6pm

Practice Type: Online and in-person

Location: Vaucluse, Sydney

Specialties: Gut health, disease prevention, weight loss,

hormonal imbalances, osteoporosis, sports nutrition

Website: www.wellset.com.au

Emma Sutherland

Modality: Naturopath; Nutritionist

Contact: Emma Sutherland - Email: info@studio-

you.com.au - Tel: 9216 7600

Clinic Days: Tuesday, Wednesday, Thursday, Friday,

Saturday

Practice Type: Online and in-person

Location: Balmain, Sydney

Specialties: Female hormones, Gut health

Website: www.studio-you.com.au

Social Media: Instagram Social Media: Instagram **EDF Nutrition** The Healthy Ageing Coach **Modality**: Nutritionist Modality: Nutritionist; Health Coach Contact: Emma de Ferranti – Email: **Contact**: Julie Howell – Email: <u>julie@healthyageing.com.au</u> edfnutrition@gmail.com - Website: www.healthyageing.com.au Clinic Days: Online appointments available daily, in-Practice Type: Online and in-person person appointments available on Saturdays Location: Bowral, NSW 2576 Practice Type: Online and in-person Specialties: Gut health & microbiome analysis, IBS, Location: Mosman inflammation, hormone imbalance, menopause, general Website: www.edfnutrition.com.au nutrition, and healthy ageing Social Media: Instagram Website: www.healthyageing.com.au Social Media: LinkedIn Additional Info: Experience a transformative approach to wellness using food as medicine to promote vitality and resilience. Understand your gut microbiome and optimize your health for longevity. Jo's Herbadashery **Carter Nutrition** Modality: Herbalist (Western) **Modality**: Nutritionist **Contact**: Jo Morgan – Email: <u>jo@theherbadashery.com</u> Contact: Carter Nutrition - Tel: 0257135585 -Tel: 0404 837 473 Practice Type: Online and in-person Location: Tamworth Clinic Days: Monday-Friday **Practice** Type: Online and in-person **Specialties**: Paediatric Health & Digestive Health (All ages) Location: Manly and Brookvale, NSW Website: www.carter-nutrition.com **Specialties**: Acute over-the-counter consultations Social Media: Instagram | Facebook available at the dispensary Website: www.theherbadashery.com Social Media: Instagram **Elemental Health** Cath Minter MSc - Hygea Apothecary Herbal

Medicine Clinic and Dispensary

Modality: Naturopath; Medical Herbalist

Contact: Cath Minter MSc - Email:

cath@hygeaapothecary.com.au - Tel: 0434 700 911

Modality: Naturopath; Nutritionist

Contact: Jean Jarrett - Email:

info@elementalhealth.net.au - Tel: 02 8084 0081

Practice Type: Online and in-person

Location: Newcastle, NSW 2300

Specialties: Integrative Oncology, Cancer Care

Website: hygeaapothecary.com.au

Social Media: Instagram

Additional Info: ATMS Practitioner of the Year 2024

Clinic Days: Monday to Saturday

Practice Type: Online and in-person

Location: St. Ives, NSW 2075

Specialties: Digestive conditions (IBS, IBD), Allergies, Skin

conditions, PANS/PANDAS, Children's health

Website: www.elementalhealth.net.au

Social Media: Instagram

Inside Out Wellness Hub

Modality: Nutritionist

Contact: Kylie Dowling - Email:

kylie@insideoutwellnesshub.com.au - Tel: 0438 554 680

Clinic Days: Monday to Saturday

Practice Type: Online and in-person

Location: Narrabeen, Sydney's Northern Beaches

Website: www.insideoutwellnesshub.com.au

Social Media: Instagram

Victoria Pavasovic – AGEWELL Pty Ltd

Modality: RN Certified Functional and Nutritional

Medicine Practitioner

Contact: Victoria Pavasovic - Email:

victoria@vphealth.com

Clinic Days: Tuesday, Thursday, Friday
Practice Type: Online and in-person

Location: Neutral Bay, Lower North Shore, Sydney

Specialties: Autoimmunity, Skin and Hair Health, Weight

Optimisation, Medically Compounded Skin Care

Website: victoriapavasovic.com

Social Media: Facebook | Instagram

Additional Info: Over 40 years as an AHPRA registered provider, with international training and accreditations. Offers one-on-one personalised consultations and

treatment plans.

VIC Practitioners

Ebony Jordan - Thrive Health Clinic

Modality: Naturopath

Contact: Ebony Jordan – Email:

hello@thrivehealthclinic.com.au, Tel: 0493671773

Practice Type: In-person only **Location:** Horsham, Victoria

Website: www.thrivehealthclinic.com.au

Social Media: Instagram, Facebook

Melissa Hobbs - Humble Naturopathics

Modality: Naturopath

Contact: Melissa Hobbs – Email: hello@humblenaturopathics.com.au

Practice Type: Online only **Location:** Mildura, Victoria

Website: www.humblenaturopathics.com.au

	Social Media: Instagram, Facebook
Karah Edwards- The Sana Co	By Blu Naturopathy
Modality: Naturopath	Modality: Naturopath
Contact: Karah Edwards – Email:	Contact: Briana Surkitt - Email:
karah@thesanaco.com.au - Tel: 03 5298 2642	<u>briana@byblunaturopathy.com</u> - Phone: 0476190708
Practice Type: Online and In-person	Practice Type: Online and in-person
Location: Geelong, VIC	Location: Warrnambool, VIC
Specialties: IBD, IBS and GORD	Specialties: Gut health
Website: www.thesanaco.com.au	Website: www.byblunaturopathy.com
Social media: Instagram	Social media: Instagram
Georgenat	Louisa Carter Health
Modality: Naturopath	Modality: Naturopath
Contact: Georga Holt – Email: hello@georgenat.com,	Contact: Louisa Carter – Email:
Clinic Days: Monday, Thursday, Friday & Saturday	louisa@louisacarterhealth.com.au Tel: 0427989613,
Practice Type: Online and in-person	Clinic Days: Thursday, Friday and Saturday
Location: Collingwood & Online	Practice Type: Online and in-person
Specialties: Gut, Skin & Hormones	Location: Preston, Melbourne
Website: https://georgenat.squarespace.com/	Specialties: Women's health, Healthy aging, Perimenopause.
Social media: Instagram	Website: louisacarterhealth.com.au
	Social media: Instagram
Katie Blakely Wellness	Kirily Thomas Integrative Naturopath Naturally
Modality: Naturopath	Balanced Healthcare
Contact: Katie Blakely – Email: hello@katieblakely.com.au	Modality: Naturopath; Microbiome Analyst
Clinic Days: Monday-Friday	Contact: Website: www.naturallybalancedhealthcare.com
Practice Type: Online and in-person	Clinic Days: Tuesday, Wednesday, Thursday, Friday
Location: Croydon, Victoria	Practice Type: Online and in-person
Specialties: Maternal health - preconception care,	Location: Belgrave Heights (VIC)
pregnancy, postpartum & beyond. Gut health & mental	Specialties: Gastrointestinal Disorders, Microbiome
health	Imbalances, Mental Health, Women's Health & Chronic/Complex Illness
Website: https://katieblakely.com.au/	Website: www.naturallybalancedhealthcare.com
Social media: Instagram	Social media: Facebook, Instagram
Big Bowl of Happy Nutrition	Natalie Earles
Modality: Nutritionist	Modality: Naturopath
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Contact: Beck O'Farrell, Email: beckofarrell@bigpond.com

Practice Type: Online and in-person

Location: Macedon VIC

Specialties: Digestive health clinic. Also cooking

workshops highlighting high fibre, plant-based, diversity

rich diets.

Website: Www.bigbowlofhappy.com.au

Social media: Instagram, Facebook

Contact: Natalie Earles - Tel: 03 9337 8572

Location: Essendon VIC 3040

Specialties: Digestive Health, Skin concerns, Autoimmune

conditions

Website: www.natalieearles.com.au

Celine Marie Naturopathy

Modality: Naturopath

Contact: Email: celine@celinemarienaturopathy.com.au

Clinic Days: Tuesday, Friday & Saturday

Practice Type: Online and in-person

Location: Kensington VIC 3031

Specialties: Women's Health Naturopath - Endometriosis,

Gut Health, Menstrual Cycle, Skin

Website: celinemarienaturopathy.com.au

Social media: Instagram

Monica's Herbal Health

Modality: Naturopath

Contact: Monica Roberts - Tel: 0410 234 567

Clinic Days: Tuesday - Saturday

Practice Type: Online and in-person

Location: Lilydale

Specialties: Naturopath

Website: https://www.croydonherbalhealth.com/

Ashley Von Arx Naturopathy

Modality: Naturopath

Contact: Ashley Von Arx – Email: hello@ashleyvonarx.com.au

Clinic Days: Mondays, Fridays, and some Saturdays

Practice Type: Online and in-person

Location: Fitzroy, VIC

Website: https://ashleyvonarx.com.au

Social media: Instagram

Freya Lawler Naturopathy

Modality: Naturopath

Contact: Freya Lawler – Email: freya@freyalawler.com.au

Clinic Days: Monday-Thursday

Practice Type: Online and in-person

Location: Melbourne

Specialties: Endometriosis, Fertility, Hormones

Website: www.freyalawler.com.au

Lisa Dunlop Naturopath

Modality: Naturopath

Contact: Lisa Dunlop – Website:

https://www.lisadunlopnaturopath.com.au/

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Leila DiQuinzio

Modality: Naturopath

Contact: Leila DiQuinzio – Email: hello@leiladiquinzio.com

Practice Type: Online and in-person

Location: Northcote, Melbourne

Practice Type: Online and in-person

Location: Geelong, Victoria

Specialties: Gut Health - IBS, SIBO

Website: https://www.lisadunlopnaturopath.com.au/

Social media: Instagram

Specialties: Gut health (particularly IBS & SIBO), mental

health

Website: www.leiladiquinzio.com

Social media: Instagram

Naturopath Jade Flint

Modality: Naturopath

Contact: Jade Flint (they/she) – Email:

jade@naturopathjadeflint.com

Clinic Days: Monday, Wednesday, Thursday, Friday

Practice Type: Online and in-person

Location: Fitzroy, Melbourne

Specialties: LGBTQIA+ health, gut health, immune health,

mental health, hormonal health, skin health

Website: https://naturopathjadeflint.com/

Social media: Instagram

Naturological

Modality: Naturopath

Contact: Natalie Gibson - Tel: 0438 311 284

Practice Type: Online and in-person

Location: Williamstown, VIC, and online

Specialties: Digestive health, autoimmune disease,

thyroid health

Website: www.naturological.com.au

Social media: Instagram

Urban Sense Wellness

Modality: Naturopath

Contact: Cheryl Penna – Email:

reception@urbansense.com.au - Tel: 0417 308 863

Clinic Days: Monday, Wednesday, Friday

Practice Type: Online and in-person

Location: Clifton Hill, VIC

Specialties: Women's health, healthy ageing, gut and

digestive issues

Website: www.urbansense.com.au

Rude Health

Modality: Naturopath; Nutritionist; Herbalist

Contact: Amanda James - Website:

www.rudehealth.com.au

Practice Type: Online and in-person

Location: Kyneton, VIC

Specialties: Gut health, skin health, hormonal health,

menopause

Website: www.rudehealth.com.au

Social media: Instagram

Tina Jenkins - Fertile Ground Health Group

Modality: Naturopath

Contact: Website: www.fertileground.com.au - Tel: 9419

9988

Clinic Days: Monday, Tuesday, Saturday

Practice Type: Online and in-person

Location: Collingwood, VIC

Specialties: Fertility, preconception care, pregnancy,

women's health

Simone Goulding Naturopath

Modality: Naturopath

Contact: Simone Goulding – Email: info@simonegoulding.com.au

Practice Type: Online and in-person

Location: South-east Melbourne

Specialties: Gut health, fertility, hormonal health

Website: www.simonegoulding.com.au

Social Media: Instagram, Facebook

Website: www.fertileground.com.au

Rocco DI Vincenzo - Brunswick Integrative Care

Modality: Dietitian; Nutritionist

Contact: Rocco Di Vincenzo – Email:

rocco@brunswickintegrativecare.com.au - Tel: (03) 9386

5557

Clinic Days: Monday to Friday (except Thursdays) from

9am-5pm

Practice Type: Online and in-person

Location: Brunswick East, Melbourne, VIC

Specialties: Gastrointestinal and liver dysfunction

(including MAFLD), neurological disorders

(depression/anxiety), neuropsychiatric disorders (ASD),

autoimmune disorders, metabolic syndrome

Website: www.brunswickintegrativecare.com.au

Social Media: Instagram, Facebook

Mata Wellbeing

Modality: Naturopath

Contact: Eleni Cico – Email: hello@matawellbeing.au –

Tel: 0422 845 544

Clinic Days: Monday to Friday

Practice Type: Online and in-person

Location: Moonee Ponds, VIC

Specialties: Skin health, gut health

Website: www.matawellbeing.au

Social media: Instagram

Earth Woman Medicine

Modality: Naturopath; Ayurveda

Contact: Edwina Crawford - Email:

edwinacrawfordnaturopathy@gmail.com - Tel: 0414 415

905

Practice Type: Online and in-person

Location: Melbourne

Specialties: Nervous system, mood, gut health, female

health

Website: www.earthwomanmedicine.com

Other: For bookings: https://elkandme.com.au

Social Media: Instagram, Facebook

Rathdowne Street Chinese Medicine

Modality: Acupuncturist and Chinese Herbal Medicine

Practitioner

Contact: Daniel Godel – Email: rathcmc@gmail.com – Tel:

9349 2677

Clinic Days: Monday 9-6, Wednesday-Friday 9-6

Practice Type: Online and in-person

Location: Carlton North, VIC

Website: www.danielgodel.com.au

Specialties: Certified Healthy Gut Practitioner and

Microbiome Analyst

The Friendly Naturopath

Modality: Naturopath

Contact: Jamie Friend – Email:

info@thefriendlynaturopath.com.au - Tel: 0407 507 390

Practice Type: Online and in-person

Location: Highett, VIC

Specialties: General health, fatigue, thyroid conditions,

Tina Koutoukidis

Modality: Naturopath; Nutritionist

Contact: Tina Koutoukidis – Email:

info@theholisticremedy.com.au - Tel: 0478 810 866

Clinic Days: Every day except Sunday

Practice Type: Online and in-person

Location: Essendon

fertility, skin conditions (acne, eczema, psoriasis) Specialties: Gut Health, Mental Health, Autoimmunity Website: www.thefriendlynaturopath.com.au Website: www.theholisticremedy.com.au Social media: Instagram Social media: Instagram **Greta Leeson - Naturopathy Emma Wisbey Naturopath** Modality: Naturopath; Nutritionist Modality: Naturopath Contact: Greta Leeson - Email: gretaleeson@gmail.com -Contact: Emma Wisbey – Email: emmawisbey@hotmail.com Tel: 5444 3211 Practice Type: Online and in-person Practice Type: Online and in-person Location: Bendigo, VIC Location: Geelong Specialties: Microbiome, burnout, autoimmune Specialties: Family Health conditions Website: www.emmawisbeynaturopath.com.au Website: www.naturopathicconnections.com.au Social media: Instagram Social media: Instagram **Paradigm Nutrition** Plumeria Wellness - Monique Evans Naturopath **Modality:** Clinical Nutritionist & Pharmacist Modality: Naturopath **Contact:** Melanie Makris – Email: Contact: Monique Evans – Email: melanie@paradigmnutrition.com.au - Tel: 03 4440 1940 monique@plumeriawellness.com.au - Tel: 0433 086 582 Clinic Days: Tuesdays and Fridays Clinic Days: Wednesday and Saturday Practice Type: Online and in-person Practice Type: Online and in-person Location: 78A Barkly St, Bendigo, VIC 3551 Location: Plenty, Victoria and Online Specialties: Emotional and mental health, sexual health, digestive health, hormonal health Website: www.plumeriawellness.com.au Social Media: Instagram | Facebook **Radiant Naturopathics Erin Dalton Naturopathy** Modality: Naturopath Modality: Naturopath **Contact**: Aimee Joubert – Email: Contact: Erin Dalton - Email: aimee@radiantnaturopathics.com.au - Tel: 0411 525 795 erin@erindaltonnaturopathy.com.au - Tel: 0493 966 620 Clinic Days: Monday, Thursday, Friday, and Saturday Practice Type: Online and in-person **Practice Type:** Online and in-person Location: Frankston VIC 3199 Location: Online and at Stable Health in Travancore, VIC Website: www.erindaltonnaturopathy.com.au Website: www.radiantnaturopathics.com.au Social Media: Instagram Social Media: Instagram | Facebook

Intuitive Body Naturopath - Andrea Dalton

Modality: Naturopath

Contact: Andrea Dalton – Email:

naturopathy@andreadalton.com.au - Tel: 0497 110 880

Practice Type: Online and in-person

Location: Mildura, VIC

Specialties: Women's Health, Vaginal Microbiome, Gut

Microbiome

Website: www.andreadalton.com.au

Social Media: Instagram

Every Season Naturopathy

Modality: Naturopath

Contact: Email: hello@everyseasonnaturopathy.com.au -

Clinic Days: Appointments available 7 days

Practice Type: Online and in-person

Location: Ballarat, Victoria

Specialties: Concussion & post-concussion, Autoimmune,

complex presentations, women's health, skin health

Website: www.everyseasonnaturopathy.com.au

Social Media: Instagram

The Vag Hormone Naturopath

Modality: Naturopath

Contact: Alison Patchett – Email:

hello@thevaghormonenaturopath.com.au

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: Bundoora

Website: thevaghormonenaturopath.com.au

Social Media: Instagram

Natalie Cruttenden

Modality: Naturopath

Contact: Natalie Cruttenden – Email:

info@resonancetherapy.com.au - Tel: 03 9885 5964

Practice Type: Online and in-person

Location: Ashburton, VIC

Specialties: SIBO, gut health, peri and post menopause

Website: www.resonancetherapy.com.au

Nurcha Nutrition

Modality: Nutritionist

Contact: Sienna Mihaly – Email:

info@nurchanutrition.com.au - Tel: 0419 524 449

Clinic Days: Monday, Tuesday, Thursday **Practice Type**: Online and in-person

Location: Geelong, VIC

Specialties: Gut health, energy, skin, sleep, mood,

hormones

Website: www.nurchanutrition.com.au

Social Media: Instagram

Monica's Herbal Health

Modality: Naturopath

Contact: Monica Roberts – Email:

<u>croydonherbalhealth@gmail.com</u> – Tel: 0410 206

252

Practice Type: Online and in-person

Location: Lilydale

Website: www.croydonherbalhealth.com

The Friendly Naturopath

Modality: Naturopath

Contact: Jamie Friend – Email:

Maryam Integrative Naturopath

Modality: Naturopath

Contact: Maryam Omran – Email:

info@thefriendlynaturopath.com.au - Tel: 0407 507 390

Clinic Days: Tuesday-Friday (9:00am-8:00pm), Saturday

(9:00am-1:00pm)

Practice Type: Online and in-person

Location: Highett, VIC

Specialties: Fertility, Pregnancy & Paediatric Care, Gastrointestinal Health, Thyroid Conditions, and

Reproductive Wellbeing

Website: www.thefriendlynaturopath.com.au

Social Media: Instagram | Facebook

Qualifications: Bachelor of Health Science (Naturopathy),

NHAA

integrativenaturopath@outlook.com

Clinic Days: Monday-Thursday

Practice Type: Online and in-person

Location: Dallas, VIC

Specialties: Microbiome analysis, Cardiovascular Health,

Concomitant prescribing, Diabetes education

Social Media: Instagram

The Nutrition Factor

Modality: Nutritionist

Contact: Vicky Ellenport – Email: <u>Vicky@thenutritionfactor.com.au</u>

Practice Type: Online and in-person

Location: Bayside Melbourne

Specialties: Gut health, IBD, SIBO, Autoimmune

Website: www.thenutritionfactor.com.au

Social Media: Instagram

Indra Share

Modality: Naturopath

Contact: Indra Share – Melbourne Natural Medicine Clinic

225 Park Street, South Melbourne VIC 3205

Phone: 03 9686 2566 – Email:

info@melbournenaturalmedicine.com.au

Practice Type: Online and in-person

Location: South Melbourne

Website: www.melbournenaturalmedicine.com.au

Simone Goulding Naturopath

Modality: Naturopath

Contact: Simone Goulding – Email:

info@simonegoulding.com.au

Practice Type: Online and in-person

Location: South East Melbourne

Specialties: Gut health, fertility, hormonal health, thyroid

health

Website: www.simonegoulding.com.au

By Nature Holistic Health

Modality: Naturopath

Contact: Website: www.bynatureholistichealth.com.au -

Tel: 0413 645 219

Practice Type: Online and in-person

Location: South Morang, Victoria

Specialties: Paediatrics, ASD, ADHD, PANS/PANDAS

Website: www.bynatureholistichealth.com.au

Social Media: Instagram

Katie Hopcraft | Clinical Nutritionist

Modality: Nutritionist

Contact: Katie Hopcraft - Email:

Jad Patrick Naturopathy

Modality: Naturopath; Counsellor

Contact: Jad Patrick – Email:

admin@katiehopcraft.com.au

Clinic Days: Tuesdays and Thursdays

Practice Type: Online and in-person

Location: Richmond, Melbourne

Website: www.katiehopcraft.com.au

Social Media: Instagram

jad@prahranhealthfoods.com.au - Website:

jadpatrick.com

Clinic Days: Mondays and Fridays, 10am–5pm (Telehealth

and in-person)

Practice Type: Online and in-person

Location: South Yarra, Victoria

Specialties: Gut health and Mental Health

Website: jadpatrick.com

Social Media: Facebook | Instagram

Rocco Di Vincenzo – Brunswick Integrative Care

Modality: Dietitian

Contact: Rocco Di Vincenzo – Email:

rocco@brunswickintegrativecare.com.au - Tel: (03) 9386

5557 - Mobile: 0416 244 200

Clinic Days: Monday to Friday (except Thursdays), 9am-

5pm

Practice Type: Online and in-person

Location: Brunswick East, Melbourne, Victoria

Specialties: Gastrointestinal and liver

dysfunction/disorders (including MAFLD), Neurological disorders (e.g., depression, anxiety), Neuropsychiatric disorders (ASD), Autoimmune disorders, Metabolic

syndrome

Website: www.brunswickintegrativecare.com.au

Social Media: Facebook | Instagram

Romy Sheppard Nutrition

Modality: Nutritionist

Contact: Romy Sheppard – Website:

www.romynutrition.com.au

Clinic Days: Monday and Wednesday

Practice Type: Online and in-person

Location: Rye, VIC (Mornington Peninsula)

Specialties: Gastrointestinal health conditions, Vaginal

health conditions

Website: www.romynutrition.com.au

Social Media: Instagram

Elita Dabrowski

Modality: Naturopath; Nutritionist

Contact: info@elitadabrowski.com.au, 0447 0447 27

Practice Type: Online and in-person

Location: 83 Oshanassy St, Sunbury, VIC 3429

Specialties: Gut Health & Microbiome, Hormonal Health / Perimenopause Support, Skin Health (Acne, Eczema, Gut—

Skin Axis)

Website: elitadabrowski.com.au

Nurcha Nutrition - Sienna Mihaly

Modality: Nutritionist

Contact: www.nurchanutrition.com.au

Availability: Monday, Tuesday, Thursday, Saturday

Practice Type: Online and in-person

Location: Geelong, VIC 3220

Specialties: Gut health, skin health, energy, mood

balance, weight management

Website: nurchanutrition.com

Socials: Instagram, Facebook, TikTok	Socials: Instagram
Notes: Combines functional testing with natural medicine	
for personalized care.	
Louise Gerry – Naturopathic Connections	
Modality: Naturopath; Nutritionist	
Contact: reception@naturopathicconnections.com.au,	
0459 469 447	
Availability: Monday to Friday	
Practice Type: Online and in-person	
Location: Bendigo, Victoria & online	
Specialties: Gut health, autoimmune conditions, skin,	
hormone imbalances, functional testing	
Website: naturopathicconnections.com.au	
Socials: Instagram, Facebook	

QLD Practitioners

Sarah Mundell	Kelly Allan - The KAN Clinic
Modality: Nutritionist	Modality: Naturopath
Contact: Sarah Mundell – Email:	Contact: Email: info@thekanclinic.com.au Tel:
hello@sarahkateco.com.au – Tel: 0402 506 667	0420549035
Practice Type: Online only	Practice Type: Online and in-person
Location: Brisbane	Location: Graceville, Brisbane
Website: https://sarahkateco.com.au	Specialties: Paediatrics, vaginal health, eczema, SIBO
Social media: Instagram	Website: www.thekancinic.com.au
	Social Media: Instagram, Facebook
Chloe Louise from Innerform Health	Marianne Fountain
Modality: Nutritionist	Modality: Naturopathic Herbalist
Contact: Chloe Louise – Email:	Contact: Marianne Fountain
<u>chloe@innerformhealth.com</u> – Tel: +61 493 189 124	Practice Type: Online and in-person
Practice Type: Online only	
Location: Sunshine Coast, Queensland	

Specialties: Certified Practicing Nutritionist (CPN). Gut Health & Digestive Imbalances. Mental Health & Mood. Support Nervous System Support. Weight Management & Metabolic Health. Chronic Disease Prevention & Wellness

Website: https://innerformhealth.com/nutrition

Social Media: Instagram, Facebook

Brendan O'Loughlin

Modality: Naturopath; Acupuncturist

Contact: Brendan O'Loughlin - Kula Health -

Website: www.kulahealth.com.au

Clinic Days: Monday – Friday

Practice Type: Online and in-person

Location: New Farm, Brisbane

Website: www.kulahealth.com.au

Social media: Instagram

Naturale-Her

Modality: Naturopath

Contact: Odette Lydford – Email: odette@naturale-

her.com.au

Practice Type: Online and in-person

Location: Sunshine Coast, QLD

Specialties: Aging and longevity, women's reproductive

health, menopause, gut issues

Website: www.naturale-her.com.au

Lesley Baker - Integrated Wellness Clinic & Lesley Baker Naturopath

Modality: Naturopath

Contact: Lesley Baker – Websites: <u>Integrated Wellness</u>

Clinic & Lesley Baker Naturopath

Practice Type: Online and in-person

Location: Mooloolaba & Little Mountain

Specialties: Gut health, Inflammatory Bowel Disease, GORD, H Pylori, Constipation, Reflux, SIBO, SIMO, Microbiome Optimisation, Autoimmune Disorders

Website: Integrated Wellness Clinic
Website: Lesley Baker Naturopath

The Eczema Naturopath

Modality: Naturopath; Nutritionist

Contact: Belinda Byrnes – Email: <u>info@theeczemanaturopath.com.au</u>

Practice Type: Online and in-person

Location: Gaythorne, Brisbane

Specialties: Eczema, digestive health

Website: www.theeczemanaturopath.com.au

Social media: Instagram

Kalari Healing

Modality: Naturopath

Contact: Lalita Yagnik – Email: info@kalarihealing.com

Clinic Days: Monday to Friday 9am-6pm

Practice Type: Online and in-person

Location: Belli Park, Sunshine Coast, QLD

Specialties: Thyroid, hypothyroid, Hashimoto's

Claridge Naturopathics

Modality: Naturopath

Contact: Matthew Burrell – Tel: (03) 5221 8220

Practice Type: Online and in-person

Website: www.claridgenaturopathics.com.au

Website: www.kalarihealing.com

Social media: Instagram | Facebook

Renee Hillier - Love Thy Earth Naturopathy

Modality: Naturopath

Contact: Renee Hillier – Email: renee@lovethyearth.com.au

Clinic Days: Monday, Tuesday, Friday

Practice Type: Online and in-person

Location: Benowa, Gold Coast, QLD, Australia

Specialties: Gut Health, Sleep, Hormones, Skin, Children's

Health, Preconception Support

Website: www.lovethyearth.com.au/naturopath

Social media: Facebook & Instagram

Angela French - Naturopath

Modality: Naturopath

Contact: Angela French

Clinic Days: Yes, all weekdays

Practice Type: Online and in-person

Location: Robina, QLD

Specialties: Gut health, mental health, and women's

health

Website: www.angelafrench.com.au

Social Media: Facebook | Instagram

Luna Wellness Collective

Modality: Naturopath

Contact: Kylie Smart – Email:

hello@lunawellnessco.com.au - Tel: 07 5641 4190

Practice Type: Online and in-person

Location: Yandina and Online

Specialties: ADHD, Mental Health & Women's Health

Website: www.kyliesmart.com.au |

 $\underline{www.lunawellnessco.com.au}$

Social Media: Instagram

Kate Shore

Modality: Naturopath

Contact: Kate Shore – Email: <u>kate@kateshore.com</u>

Practice Type: Online and in-person

Location: North Warrandyte Specialties: Paediatrics

Website: www.kateshore.com

Social Media: Instagram

True Vitality / Sue Kira

Modality: Naturopath

Contact: Sue Kira – Email: sue@truevitality.com.au – Tel:

0416 283 396

Clinic Days: Tuesdays, Thursdays, and Saturdays

Practice Type: Online and in-person

Location: Palmview, Sunshine Coast, QLD

Specialties: Pyrrole, gut health, mental health, female

health

Website: www.truevitality.com.au

Additional Info: 32 years as a Naturopath, Nutritionist,

The IVF Project

Modality: Dietitian

Contact: Kirrily Tutt - c/- The IVF Project - Tel: 1300 084

694

Practice Type: Online and in-person

Location: Spring Hill, Brisbane

Specialties: Fertility, including Women's Health

(Endometriosis, PCOS, Adenomyosis) and Gut Health

Website: www.theivfproject.com

Social Media: Instagram | Facebook

and Herbalist with a background in Science, Research, and

Forensic Medicine

Katrina Froome Naturopathy

Modality: Naturopath

Contact: Katrina Froome - Email:

katrina@katrinafroomenaturopathy.com.au

Clinic Days: Monday, Tuesday (9:00am-7:00pm) | Friday

(11:00am-5:00pm) | Saturday (8:30am-3:00pm)

Practice Type: Online and in-person **Location**: Springfield Lakes, QLD 4300

Specialties: Digestive Health (SIBO, IBS), Metabolic Health,

Women's Health, Children's and Teenager's Health

 $\textbf{Website}: \underline{www.katrina froomen a turopathy.com.au}$

Social Media: Facebook | Instagram

Naturale-her

Modality: Naturopath

Contact: Odette Lydford - Email: odette@naturale-

her.com.au

Clinic Days: Monday-Friday

Practice Type: Online and in-person

Location: Hervey Bay

Specialties: Women's health

Website: www.naturale-her.com.au

Social Media: Facebook

Kiera Hinshaw Naturopath

Modality: Naturopath

Contact: Website: www.kierahinshawnaturopath.com.au

Clinic Days: Monday, Tuesday, Wednesday

Practice Type: Online and in-person

Location: Airlie Beach, QLD

Social Media: Facebook

Denise Berry Naturopath

Modality: Naturopath

Contact: Denise Berry – Email:

info@deniseberrynaturopath.com - Tel: 0493 607 279

Clinic Days: Monday–Thursday

Practice Type: Online and in-person
Location: Stanthorpe & Warwick, QLD
Website: deniseberrynaturopath.com
Social Media: Instagram | Facebook

Vanessa Lamaro – Naturopath

Modality: Naturopath

Contact: Email: vanessa@vanessalamaro.com.au - Tel: 07

5479 1212

Practice Type: Online and in-person **Location**: Sunshine Coast, Australia

Specialties: Gut health, Hormone health, Immune health,

Mental health

Website: <u>vanessalamaro.com.au</u>

Social Media: <u>Facebook</u> | <u>Instagram</u>

WA Practitioners

Cath the Naturopath

Modality: Naturopath; Nutritionist; Western Herbalist;

Contact: Catherine Fimmell – Email:

cfimmell@hotmail.com - Tel: 08 9531 1166

Practice Type: Online and in-person

Location: Pinjarra, WA

Specialties: Gut health, Autoimmunity,

Website: https://pinjarrahealthfoods.com.au/

Social Media: Facebook

Maddy - Omoi Health

Modality: Naturopath; Registered Nurse;

Contact: Maddy Gates, hello@omoi.com.au,

www.omoihealth.com.au

Practice Type: Online only

Location: Fremantle, Perth

Specialties: Gut health, women's health, preconception

and pregnancy.

Website: www.omoihealth.com.au

Social media: Instagram, Facebook

Inside Out Health- Sue Bennet

Modality: Naturopath; Nutritionist; Colonic therapist;

Contact: Email: sue.fremantlehealth@gmail.com

Clinic Days: Mon-Sat 9 am - 6 pm

Practice Type: Online and in-person

Location: Fremantle, WA

Specialties: Naturopathic medicine, medical herbalist, nutritionist, colonic hydrotherapist, pathology testing, Gut

health

Website: www.insideouthealthlounge.com

Gloria Cicchini Naturopath

Modality: Naturopath

Contact: Email: naturopathiclifecoach@gmail.com

Clinic Days: Mon, Tuesday, Wed, Thurs

Practice Type: Online and in-person

Location: Hillarys, WA

Specialties: Children's Health, Gut Health, ADHD,

Women's Health & Hormones

Website: www.glorianaturopath.com.au

Social Media: Instagram, Facebook

Amanda Martindale Inner Fit Nutrition

Modality: Nutritionist

Contact: Amanda Martindale – Email:

info@innerfitnutrition.com - Tel: 0494 077 116

Practice Type: Online and in-person

Location: Bunbury WA

Specialties: Gut health, hormones, skin issues, SIBO,

Chelsey Costa

Modality: Naturopath

Contact: Chelsey Costa – Website: https://www.peppermintandsage.com/

Clinic Days: Tuesday, Thursday, Saturday

Practice Type: Online and in-person

Location: Perth WA

thyroid illness Specialties: Women's health, fertility, gut issues, skin issues Website: www.innerfitnutrition.com Website: https://www.peppermintandsage.com/ Social media: Facebook Social media: Instagram **Yin and Tonic Natural Medicine Embodii Wellness Co** Modality: Naturopath; Nutritionist; Herbalist; Homeopath **Modality:** Naturopath **Contact:** Emma Lloyd – Website: **Contact:** Chloe Dennison, Rachel Dhanjal – Email: www.yinandtonicnaturalmedicine.com.au hello@embodiiwellness.co Clinic Days: Monday – Thursday Practice Type: Online and in-person Practice Type: Online and in-person Location: Alkimos and Bullcreek, Perth Specialties: Gut health: IBS, IBD, Chronic bloating, Reflux; Location: Denmark, WA Hormone health: Endometriosis, PMS, Irregular menstrual Website: www.yinandtonicnaturalmedicine.com.au cycles Social media: Instagram Website: https://www.embodiiwellness.co/ **Claire Hargreaves Naturopath** Niki Cleuet - Perth Health & Fertility Modality: Naturopath; Nutritionist Modality: Naturopath; Childbirth Educator **Contact:** Claire Hargreaves – Email: Contact: Niki Cleuet - Tel: 08 9285 0998 hello@clairehargreaves.com.au Practice Type: Online and in-person Practice Type: Online and in-person Location: City Beach, Perth Location: Halls Head, WA Specialties: Fertility, women's health, thyroid disorders, Website: www.clairehargreaves.com.au pregnancy, and postpartum care **Social media: Instagram** Website: www.nikicleuet.com Social Media: Instagram, Facebook **Smith & Co Naturopathic Medicine Leah Hardy Naturopathy** Modality: Naturopath Modality: Naturopath Contact: Leah Hardy - Email: Contact: Samantha Smith - Email: leahhardy.naturopath@gmail.com sam@smmithandconaturopathic.com – Tel: 0412 760 329 Practice Type: Online and in-person Clinic Days: Tuesday, Wednesday, Thursday, alternate Saturdays Location: Margaret River, WA Practice Type: Online and in-person Website: leahhardy.com.au Location: West Leederville, WA Social media: Instagram Specialties: Gastrointestinal Health, Genitourinary presentations, Mental Wellbeing Website: www.smithandconaturopathic.com

Website: www.energise-health.com.au

Modality: Naturopath

Social Media: Instagram | Facebook

Social Media: Instagram, Facebook **Rachael Steele Naturopath** Jo Coates - Remede Wellness Medicine Modality: Naturopath Modality: Naturopath

Contact: Jo Coates – Email: jo@remede.com.au – Tel: **Contact:** Rachael Steele – Energise Natural Health – Email: admin@energise-health.com.au - Tel: 08 6261 6400 0892861166

Practice Type: Online and in-person Practice Type: Online and in-person

Location: Perth Location: Kallaroo, WA

Specialties: Gut Health Specialties: Women's Health, Hormone Health, Digestive Health, Post Viral Complications, Stress Management, Website: www.remede.com.au

Mental Health, Sleep Issues, Children's Health, Thyroid Social Media: Instagram

Health, Energy Optimisation

Bayshore Naturopathic Clinic Mind Body Nutrition

Modality: Naturopath **Modality**: Nutritionist

Contact: Bayshore Naturopathic Clinic – Email: Contact: Danielle Coombes-Pearce - Email:

info@bayshorenaturopathic.com.au - Tel: 08 95927360 danielle.mindbodynutrition@gmail.com - Tel: 0417 181

Clinic Days: Monday - Saturday 711 Practice Type: Online and in-person

Practice Type: Online and in-person Location: Rockingham WA Location: Dunsborough, Western Australia

Website: www.bayshorenaturopathic.com

Specialties: Women's health, gut and hormone specialist Social Media: Facebook | Instagram

Website: www.mindbody-nutrition.com.au

Social Media: Instagram

Smith & Co Naturopathic Medicine Daphne De L'Estrac

Modality: Naturopath Contact: Samantha Smith - Email: **Contact**: daphnenaturopathy@gmail.com

sam@smithandconaturopathic.com - Tel: 0412 760 329

Availability: Not specified

Clinic Days: Tuesday, Wednesday, Thursday, Alternate Practice Type: Online and in-person Saturdays Location: Perth, Western Australia

Practice Type: Online and in-person Specialties: Gut, Skin, Complex Hormone

Location: West Leederville, WA Website: Clinic Booking Page

Specialties: Gut health, Women's genitourinary concerns, Instagram: @daphne naturopathy

Mental ill health Website: www.smithandconaturopathic.com

Qualifications: Master of Women's Health Bachelor of	
Environmental Science Advanced Diploma Naturopathy	
Brooke Venables / Clear Skin Coach	
Modality: Naturopath	
Contact: hello@clearskincoach.co	
Practice Type: Online only	
Location: Perth, WA	
Specialties: Acne, rosacea, female hormone health, gut	
health	
Socials: Instagram	

TAS Practitioners

Chantel Yates, Naturopath and Herbalist	Learn To Nourish
Modality: Naturopath; Herbalist	Modality: Nutritionist
Contact: Chantel Yates – Email: hello@chantelyates.com.au Practice Type: Online only Location: Tasmania Specialties: Microbiome restoration Website: https://www.chantelyates.com.au/ Social Media: Facebook, Instagram	Contact: Benedict Freudenmann – Tel: 0421124589 - Email: contact@learntonourish.com Practice Type: Online and in-person Location: Ranelagh and Kieser Hobart Specialties: Gut health, cancer, autoimmune, diabetes, weight loss. Website: www.learntonourish.com Social Media: Instagram, Facebook
LAGOM NutriHealing - Jennifer Phillips Modality: Nutritionist Contact: Jennifer Phillips – Email: lagom.nutrihealing@gmail.com – Tel: 0447 710 961 Practice Type: Online and in-person Location: Hobart region Specialties: Complex problem solver Website: lagomnutrihealing.wordpress.com	

SA Practitioners

Sonya Thorn Naturopath

Modality: Naturopath

Contact: Sonya Thorn – Email:

info@sonyathornnaturopath.com - Tel: 0407611557,

Practice Type: Online and in-person

Location: 35 Old Kapunda Road, Nuriootpa, SA 5355

Specialties: Naturopath, MRC Certified Healthy Gut

Practitioner

Website: www.sonyathornnaturopath.com

Social Media: Facebook, Instagram

Alice Haddy Naturopath

Modality: Naturopath; Nutritionist

Contact: Alice Haddy – Email: hello@alicehaddynaturopath.com

Clinic Days: Wednesday, Thursday, Saturday

Practice Type: Online and in-person

Location: Streaky Bay, Adelaide, Port Lincoln

Specialties: Metabolic health, Alzheimer's and cognitive

decline, Autoimmunity, gastrointestinal disorders

Website: https://alicehaddynaturopath.com

Eclipse Naturopathy

Modality: Naturopath

Contact: Stephanie – Email: hello@eclipsewellness.com.au

Practice Type: Online and in-person

Location: Marleston, SA

Specialties: Gut health, thyroid, mental health, vaginal

health

Website: www.eclipsewellness.com.au

Social media: Instagram

Vanessa Wood Naturopathy

Modality: Naturopath

Contact: Vanessa Wood – Email:

vanessawood.naturopathy@gmail.com

Clinic Days: Wednesdays and Fridays 9-5:30 pm

Practice Type: Online and in-person **Location:** McLaren Vale, Adelaide

Specialties: Family Naturopathy, mental health, general

wellness

Social media: Instagram

Rebecca Urban

Modality: Naturopath; Nutritionist

Contact: Rebecca Urban – Email: hello@rebeccaurban.com.au

Clinic Days: Tuesday, Wednesday, Thursday

Practice Type: Online and in-person **Location:** Adelaide, South Australia

Specialties: General practice, Reproductive and

Preconception Health Care for Men & Women, Pregnancy,

Breastfeeding Educator, Paediatrics

Website: www.rebeccaurban.com.au

Margherita Officer of Natural Health Medicine

Modality: Naturopath; Nutritionist

Contact: Margherita Officer – Email:

margheritaofficer@me.com - Tel: 08 8332 2271

Clinic Days: Tuesday, Wednesday, Friday (Thursday via

Zoom)

Practice Type: Online and in-person

Location: 102 Portrush Rd, Payneham South, SA 5070

Specialties: Allergies, women's health, children, skin

problems, gut biome testing, wellness

Website: https://naturalhealthmedicine.com.au/booking/

Kelli Kieselbach - Naturopath Nutritionist Tummy Rescue - Danielle Elliott

Modality: Naturopath; Nutritionist

Contact: Kelli Kieselbach – Email: info@kellik.com.au

Practice Type: Online and in-person

Location: Broadview & Wynn Vale, South Australia

Specialties: Fatigue, ME/CFS, Fibromyalgia, Post-Viral

Illness, Digestive Issues, Stress & Anxiety

Website: www.kellik.com.au

Social Media: Facebook, Instagram & YouTube

Modality: Naturopath

Contact: Danielle Elliott, Tummy Rescue at SA Spine and

Health – Email: tummyrescue@gmail.com – Tel: (08) 8297

3164

Clinic Days: Tuesday, Wednesday, Thursday

Practice Type: Online and in-person

Location: 463 Cross Road, South Plympton 5038 SA

Specialties: Gut Health, IBS, SIBO, Crohn's Disease, Colitis,

Coeliac Disease

Website: www.tummyrescue.com.au/contact-us

Social Media: Facebook | Instagram

Healthful Wellness Hub

Modality: Naturopath

Contact: Jacqui Watts - Email: info@healthful.net.au -

Tel: (08) 7084 2366

Clinic Days: Yes - Tuesday to Friday
Practice Type: Online and in-person
Location: Glenelg, South Australia

Specialties: Hormone Health, Skin Health

Website: www.healthful.net.au
Social Media: Instagram | Facebook

Margherita Officer Naturopath

Modality: Nutritionist; Naturopath **Contact**: Margherita Officer – Email:

margheritaofficer@me.com - Tel: 08 8332 2271

Clinic Days: Tuesday, Wednesday, Friday

Practice Type: Online and in-person

Location: 102 Portrush Road, Payneham South (Adelaide),

SA

Specialties: Gut health, Fertility, Children, Women's

health

Website: naturalhealthmedicine.com.au/meet-the-team/

Online-only Practitioners

Nourished Gut Clinic

Modality: Naturopath; Nutritionist;

Contact: Karly Raven - Email: hello@karlyraven.com

Practice Type: Online only

Specialties: IBS, SIBO, IBD & Food Intolerances

Website: www.nourishedgutclinic.com

Steven Judge Clinical Naturopathy

Modality: Naturopath; Nutritionist

Contact: Steven Judge – Email: bookings@stevenjudge.com.au

Clinic Days: Tuesday, Wednesday, Friday

Practice Type: Online only

Specialties: IBS, IBS, Leaky-Gut, SIBO, Mental Health,

Social media: Instagram	Endometriosis
	Website: www.stevenjudge.com.au
	Social media: Instagram
Rachel Larsson	Laura Taylor Health
Modality: Naturopath; Nutritionist;	Modality: Naturopath
Contact: Rachel Larsson - Email:	Contact: Email - hello@laurataylorhealth.com.au
hello@rachellarsson.com.au	Practice Type: Online only
Practice Type: Online only	Specialties: IBS, SIBO, IBD, constipation, bloating
Specialties: Gut Health: Bloating, IBS, SIBO, Food	Website: www.laurataylorhealth.com.au
Intolerances, Inflammatory Bowel Disease, Coeliac Disease, Autoimmune disorders,	Social media: Instagram
Website: https://www.rachellarsson.com.au/	
Social media: Instagram	
Laura Kramer Aesara Health	Christine Smith Nutrition
Modality: Naturopath; Nutritionist	Modality: Nutritionist
Contact: Laura Kramer – Email: <u>laura@aesarahealth.com</u>	Contact: Christine Smith www.christinesmith.com.au
Clinic Days: Saturday	Clinic Days: Tuesday, Thursday, Friday
Practice Type: Online only	Practice Type: Online only
Specialties: cardiovascular health, mental health,	Website: www.christinesmith.com.au
autoimmune, men's health, menopause	Social media: Instagram
Website: aesarahealth.com	
Social media: Instagram	
The Women's Naturopath - Karen Saunders	Kate Spina Nutrition
Modality: Naturopath; Nutritionist;	Modality: Nutritionist
Contact: Karen Saunders – Email: hello@karen-	Contact: Kate Spina – Email: <u>kate@katespinanutrition.com</u>
saunders.com	Practice Type: Online only
Practice Type: Online only	Specialties: IBS, SIBO, food intolerances, gut bacteria
Location: Online Australia-Wide	imbalances
Specialties: Digestive health, hormonal conditions, vaginal health. Special interest in: IBS + bloating, endometriosis,	Website: www.katespinanutrition.com
PCOS, fertility, recurrent vaginal conditions	Social media: <u>Instagram</u>
Website: https://www.karen-saunders.com/	
Social media: Instagram	
Dr Brad Leech	Blooming into Health
Modality: Nutritionist; Naturopath	Modality: Naturopath

Contact: Dr Brad Leech – Email: info@drbradleech.com

Practice Type: Online only

Specialties: Microbiome, Autoimmune Disease, Gut

Health

Website: www.DrBradLeech.com

Social media: Instagram, Facebook, LinkedIn, YouTube

Contact: Maddison - Email:

hello@bloomingintohealth.com.au

Clinic Days: Thursdays

Practice Type: Online only

Specialties: Skin health, Thyroid Health, Gut Health

Website: www.bloomingintohealth.com.au

Social media: <u>Instagram</u>

Jade Walker

Modality: Naturopath

Contact: Jade Walker – Email: info@jadewalker.com.au

Practice Type: Online only

Specialties: Endometriosis, SIBO/IMO, ADHD

Website: www.jadewalker.com.au

Social media: Instagram

New Leaf Naturopathic Health

Modality: Naturopath; Nutritionist; Herbalist

Contact: Hannah Boyd

Practice Type: Online only

Specialties: Gut health, mental health, hormone health,

immune health

Website: www.new-leaf.com.au

Social media: Instagram

The Hawrelak Gut and Microbiome Clinic

Modality: Naturopath; Nutritionist; MRC Certified

Microbiome Analyst

Contact: Dr Jason Hawrelak ND, BNat (Hons), PhD – Tel:

(03) 6234 4223

Practice Type: Online only

Website: https://www.gouldsnaturalmedicine.com.au/dr-

jason-hawrelak-gut-and-microbiome-team

Social media: Instagram, Facebook

Dania Foster Naturopathy

Modality: Naturopath

Contact: Dania Foster – Email: support@daniafoster.com

Clinic Days: Monday, Wednesday, Thursday, Saturday

Practice Type: Online only

Location: Ipswich, QLD

Specialties: Mother and child health

Website: www.daniafoster.com

Social media: Instagram, Facebook

Adina S Naturopathy

Modality: Naturopath

Contact: Adina Schon - Email:

adina@adinathenaturopath.com - Tel: 0424 396 210

Practice Type: Online only

Location: Online

Specialties: Skin, Gut, Hormones

Website: www.adinathenaturopath.com

Social media: Instagram

Rachel Larsson

Modality: Naturopath; Nutritionist

Contact: Email: hello@rachellarsson.com.au

Practice Type: Online only

Specialties: Gut health, bloating, IBS, SIBO, food intolerances, IBD, Coeliac disease, constipation

Website: https://www.rachellarsson.com.au/

Social media: Instagram, Facebook

Lianna Powell Naturopath Natasja Fox Consulting Modality: Naturopath Modality: Integrative Chinese Medicine & Nutrition Contact: Lianna Powell - Email: Contact: Natasja Fox – Email: info@natasjafox.com liannapowellnaturopath@outlook.com Practice Type: Online only Clinic Days: Monday to Friday Location: Melbourne Practice Type: Online only Specialties: Oral & Gut Health, Hormonal Balance, Location: Ballina, NSW **Burnout Recovery** Website: www.natasjafox.com Specialties: Women's health, reproductive health, fertility, gut health Social Media: Instagram, TikTok | Website: www.liannapowellnaturopath.com Other: Integrative Health Specialist offering evidence-Social media: Instagram based strategies for sustainable results **Alethea Mills Nutrition Balanced by Brooke Schiller** Modality: Nutritionist Modality: Naturopath; Nutritionist Contact: Alethea Mills - Email: **Contact:** Brooke Schiller – Email: <u>hello@balancedbbs.com</u> health@aletheanutrition.net.au Practice Type: Online only Practice Type: Online only Specialties: IBS, SIBO, bloating, constipation, diarrhoea, Specialties: Sports nutrition, gut health reflux, IBD Website: https://aletheanutrition.net.au/ Website: www.balancedbbs.com Social media: Instagram Social media: Instagram **Allison Jones Catherine Pritchard - Naturopath** Modality: Naturopath Modality: Naturopath; Nutritionist Contact: Catherine Pritchard - Tel: 02 9247 4633 Contact: Allison Jones Practice Type: Online only Practice Type: Online only Specialties: Fatigue, digestive and microbiome health, Location: Sydney thyroid dysfunction, hormonal imbalances Specialties: Microbiome health, digestive health, Website: www.catherinepritchard.com.au hormonal health, endometriosis, anxiety, autoimmune conditions Website: www.bodyelectricvitality.com.au Social media: Instagram

The Paediatric Naturopath & Nutritionist

Modality: Nutritionist

Contact: Sara Kallis – Email:

admin@thepaediatricnaturopath.com.au

Mel Bald - The Passionate Nutritionist

Modality: Nutritionist

Contact: Mel Bald – Email:

mel@thepassionatenutritionist.com.au - Tel: 0417 110

Clinic Days: Tuesday, Wednesday, Thursday

Specialties: Paediatric Nutrition and Feeding Therapy

Website: www.thepaediatricnaturopath.com.au

Social media: Instagram & Facebook

Practice Type: Online only

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Practice Type: Online only

Specialties: Perimenopause, Menopause, Ageing Well

Website: www.thepassionatenutritionist.com.au

Social media: Instagram & Facebook

Emi Macnish - Naturopath

Modality: Naturopath

Contact: Emi Macnish – Email: info@emi-macnish.com.au

Practice Type: Online only

Specialties: Endometriosis, PCOS, Reproductive Health,

IBS

Website: www.emi-macnish.com.au

Social media: Instagram: Instagram

Karly Raven

Modality: Naturopath

Contact: Karly Raven, Nourished Gut Clinic – Email:

hello@karlyraven.com

Practice Type: Online only **Specialties**: IBS, SIBO, IBD

Website: www.nourishedgutclinic.com

Social Media: Instagram

Clear Skin Coach

Modality: Naturopath

Contact: Brooke Venables - Email:

hello@clearskincoach.co

Practice Type: Online only

Location: Perth, WA

Specialties: Skin, gut, hormones

Social Media: Instagram

Emily Bryson Naturopathy

Modality: Naturopath

Contact: Emily Bryson – Tel: 0439 343 217 – Website:

www.emilybryson.com.au

Practice Type: Online and in-person

Location: Naracoorte

Website: www.emilybryson.com.au

Social Media: Instagram | Facebook

GutCode

Modality: Dietitian

Contact: Nick Dunn – Email: hello@gutcode.co

Clinic Days: Monday to Friday 8am-6pm

Practice Type: Online only

Website: gutcode.co

Social Media: Instagram

Pranay Health

Modality: Naturopath

Contact: Tania Peta – Email: hello@pranay.au

Website: www.pranay.au

Clinic Days: Monday, Tuesday, Wednesday, Thursday,

Friday

Practice Type: Online only
Location: Bondi Junction

Specialties: Gut Health, Hormones, Sports Nutrition,

Thyroid conditions

Social Media: Instagram

The Gut Project Naturopathy

Modality: Naturopath

Contact: Jessica Cruze – Email:

jessica@thegutproject.com.au – Website:

 $\underline{www.thegutproject.com.au}$

Practice Type: Online only

Specialties: Inflammatory bowel disease, dysbiosis, intestinal permeability, SIBO, chronic gut complaints

(bloating, constipation, diarrhoea)

Website: www.thegutproject.com.au

Social Media: Instagram | Facebook

Additional Info: Offers packages in addition to individual

consultations

Bec Issell Health & Nutrition

Modality: Nutritionist

Contact: Bec Issell – Email: hello@becissellhealth.com.au

- Tel: 0407 557 280

Practice Type: Online only

Location: Gold Coast

Specialties: Gut Health, Women's Health, Metabolic

Health

Website: www.becissellhealth.com.au

Social Media: Facebook | Instagram

Additional Info: Supporting busy mums to nourish

themselves & their families

Pranay Health

Modality: Naturopath

Contact: Tania Peta – Email: hello@pranay.au

Clinic Days: Monday - Friday (12pm - 7pm)

Practice Type: Online only **Location**: Bondi Junction

Specialties: Gut & Mental Health, Thyroid Conditions,

Sports Nutrition

Website: www.pranay.au
Social Media: lnstagram

Nicole Brown Naturopathy

Modality: Naturopath; Nutritionist; Herbalist

Contact: Website: www.nicolebrownnaturopathy.com

Practice Type: Online only

Location: Australia Wide and International **Website**: www.nicolebrownnaturopathy.com

Social Media: Instagram

Nicole Peasnell - Seed and Flourish Naturopathy

Modality: Naturopath; Herbalist **Contact**: Nicole Peasnell – Email:

info@seedandflourish.com

Clinic Days: Monday, Wednesday, Friday

Practice Type: Online only

Location: Brisbane

Specialties: SIBO, IBS, Chronic digestive issues,

Microbiome optimisation, Fertility and reproductive

Gemma Knaap – Southernwood Apothecary & Clinic

Modality: Naturopath

Contact: Email: <u>hello@southernwoodapothecary.com.au</u>

Practice Type: Online only

Specialties: Women's Health, Menopause &

Perimenopause, Women's Hormone Imbalances, Fertility,

Gut Health

 $\textbf{Website}: \underline{www.southernwoodapothecary.com.au}$

health, Thyroid health, Skin health, Autoimmunity

Website: www.seedandflourish.com

Social Media: Instagram | Facebook

Qualifications: Bachelor of Naturopathy

Social Media: Facebook | Instagram

Laura Kramer - Aesara Health

Modality: Naturopath; Nutritionist

Contact: Email: laura@aesarahealth.com

Clinic Days: Monday–Friday

Practice Type: Online only

Location: Melbourne and Paris

Specialties: Autoimmune, Menopause, Fertility, Cardiovascular disease, Mental health, IBS & IBD

Website: aesarahealth.com
Social Media: Instagram:

Additional Info: Qualified yoga teacher, pre & postnatal

exercise expert, and reiki practitioner

Raul Pastrana

Modality: Naturopath

Contact: Email: raul@rhreproductivehealth.com
Clinic Days: Mondays, Tuesdays, and Thursdays

Practice Type: Online only

Location: Melbourne

Specialties: Reproductive Health, IVF, Peri/Menopause,

Male Hormones, Sperm Health

Website: www.rhreproductivehealth.com

Social Media: Instagram

Catharine Baker - Balance Me Nutrition

Modality: Nutritionist

Contact: Email available via website **Clinic Days:** Friday or by appointment

Practice Type: Online only

Location: Sydney

Specialties: IBD, weight management

Website: www.balancemenutrition.com.au

Social Media: Instagram

Amy Kelly - Naturopath & Nutritionist

Modality: Naturopath; Nutritionist

Contact: Email: amy@thepaediatricnaturopath.com.au

Clinic Days: Tuesday, Thursday, Friday

Practice Type: Online only

Allison Jones - Nutritionist and Naturopath

Modality: Naturopath; Nutritionist

Contact: Email: <u>allisonjones@bodyelectricvitality.com.au</u>

Practice Type: Online only

Location: Sydney

Specialties: Dysbiosis, SIBO, IBS, IBD, Endometriosis,

Di Hill Wellness

Modality: Naturopath; Functional Medicine Practitioner

Contact: Dianne Hill – Email: admin@dihillwellness.com.au

Clinic Days: Monday to Friday, 8:30am-4:30pm

Practice Type: Online only

Autoimmune conditions, Skin health

Website: www.bodyelectricvitality.com.au

Social Media: Instagram | Facebook

Location: Piara Waters, Perth, Western Australia

Specialties: Complex multisystem health conditions, Gut health, Women's health, Hormones, Autoimmune disease,

Skin health, Nutrigenomics, Health optimisation, EDS,

POTS, Healthy ageing

Website: www.dihillwellness.com.au

Social Media: Instagram

Additional Info: The "Gut Health Optimiser 5-month personalised package" pairs well with Co-Biome

Nicole Brown Naturopathy

Modality: Naturopath; Nutritionist; Herbalist

Contact: Email: reception@nicolebrownnaturopathy.com

Practice Type: Online only

Website: www.nicolebrownnaturopathy.com

Social Media: Instagram

Elysia Humphries – Naturopath & Nutritionist

Modality: Naturopath; Nutritionist

Contact: Email: hello@elysiahumphries.com

Practice Type: Online only

Specialties: Gut Health, Women's Health, Complex health

conditions, Autoimmune issues, ADHD, Autism,

Pregnancy, Fertility

Website: elysiahumphries.com

Social Media: Instagram

Samantha Bake - Clinical Nutritionist

Modality: Nutritionist

Contact: Samantha Bake – Email:

hello@samanthabake.com.au - Website:

www.samanthabake.com.au

Practice Type: Online only

Location: Online / Melbourne

Specialties: Paediatrics, especially PANS, PANDAS, OCD,

tics, Autism, ADHD

Website: www.samanthabake.com.au

Social Media: Facebook | Instagram

Lisa McDonald - Indigo Sage Health

Modality: Naturopath

Clinic Days: Tuesdays, Thursdays, and Saturdays

Practice Type: Online only **Location**: Sydney, Australia

Specialties: CIRS/Mould Illness, Gut Health, Hormone

Health

Website: www.lisamcdonald.com.au

Social Media: Instagram

Kate Spina Nutrition

Marianne Fountain

Modality: Nutritionist

Contact: Kate Spina – Email: kate@katespinanutrition.com

Clinic Days: Monday, Tuesday, Wednesday, Thursday

Practice Type: Online only

Location: Sydney

Specialties: IBS, SIBO, Microbiome Restoration, Functional

Digestive Disorders

Website: www.katespinanutrition.com
Social Media: Instagram: Instagram

Modality: Naturopath; Naturopathic Herbalist

Practitioner

Contact: gutsybiome@gmail.com, 0411 517 322

Practice Type: Online and in-person

ACT Practitioners

Rosie Naturopathy

Modality: Naturopath

Contact: Rosie Mingay – Email: contact@rosienaturopathy.com

Clinic Days: Monday and Wednesday

Practice Type: Online only **Location:** Canberra, ACT

Specialties: Digestive health, reproductive health,

immune health, histamine excess/MCAS

Website: https://www.rosienaturopathy.com.au/

Social media: Instagram

Tilly Wardale - Earth and Seed Nutrition

Modality: Nutritionist

Contact: Tilly Wardale - Email:

tilly@earthandseednutrition.com.au – Website:

earthandseednutrition.com.au

Clinic Days: Tuesday, Thursday, Friday
Practice Type: Online and in-person

Location: Canberra

Specialties: Women's health, Children's health, Chronic

Illness

Website: earthandseednutrition.com.au
Social Media: Instagram, Facebook, TikTok

Additional Info: Offers free 15-minute discovery calls -

Book here

Microba

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