

NSW Practitioners

Carolyn Lowe Modality: Naturopath; Herbalist Contact: Carolyn Lowe – Tel: 0415874664 – email: carolyn@carolynlowe.com.au , Clinic Days: Monday, Tuesday, Wednesday, Saturday Practice Type: Online only Location: NSW Specialties: Chronic Illness, Gut Health Website: carolynlowe.com.au	CK Health and Wellbeing Modality: Naturopath; Nutritionist Contact: Cody Kennedy – Email: admin@ckhealth.com.au – Tel: 02) 4077 3803 Practice Type: Online and in-person Location: Merewether, Newcastle NSW Specialties: Microbiome, Auto Immune such as Lupus, IBD, Thyroid conditions and MS Website: https://ckhealth.com.au/ Social Media: Facebook , Instagram
The Functional Naturopath Modality: Naturopath Contact: Email: admin@thefunctionalnaturopath.com Practice Type: Online only Location: Narrawallee NSW Specialties: Autoimmune disease, GI disorders, Coeliac Disease Website: www.thefunctionalnaturopath.com Social media: Instagram	Gut Feeling Naturopathics Modality: Naturopath Contact: Emily Sugars – Email: hello@gutfeelingnaturopathics.com – Tel: 0483955117 Practice Type: Online only Location: NSW Australia Specialties: SIBO/IBS Microbiome Restoration Functional Digestive Disorders Website: www.gutfeelingnaturopathics.com
Wellness Vision Modality: Naturopath; Nutritionist; Functional Medicine Practitioner (IFMCP) Contact: Jasmin Polley -Email: admin@wellnessvision.com.au – Tel: 02 4989 6986 Clinic Days: Tuesday - Thursday Practice Type: Online and in-person Location: Atune Health Centre, 52 Ada Street, Cardiff NSW 2285 Specialties: Functional Medicine, Gut health, Hormonal health Website: www.wellnessvision.com.au Social media: Instagram , Facebook , LinkedIn	Deena Jane Kelaita Modality: Nutritionist Contact: Deena Jane Kelaita -Email: info@deenajanekelaita.com – Tel: 0402 028 236 Clinic Days: Monday, Tuesday, Wednesday, Thursday Practice Type: Online and in-person Location: Ryde, NSW Specialties: Gut health, IBD, Autoimmunity, Skin Health, Genetic Testing Website: www.deenajanekelaita.com Social media: Instagram

Sophie Thelosen - Nutritionist at Mosman Integrative Medicine Modality: Nutritionist Contact: Sophie Thelosen - Tel: 0448 485679 - Email: sophie.thelosen.nutritionist@gmail.com Practice Type: Online and in-person Location: Mosman, NSW Specialties: Gut health - SIBO and microbiome. Post-viral fatigue. Autoimmune conditions. Website: www.mimpractice.com	Victoria Pavasovic Modality: Functional + Nutritional Medicine, RN, Food + Nutritional Coach Contact: Victoria Pavasovic - Email: victoria@vphealth.com Clinic Days: Tuesdays, Thursday & Friday by appointment only Practice Type: Online and in-person Location: Neutral Bay, Lower North Shore Sydney, Australia Specialties: Microbiome Health, Autoimmunity, Skin Health, Hair Health, Weight management Website: victoriapavasovic.com
Bronwyn Quinn Naturopathy Modality: Naturopath; Nutritionist; Contact: Bronwyn Quinn – Email: info@bronwynquinn.com.au Practice Type: Online and in-person Specialties: Gut health and microbiome analysis, perimenopause and the menopausal transition Website: www.bronwynquinn.com.au Social media: Instagram	Kylie Dowling Inside Out Wellness Hub Modality: Nutritionist Contact: Kylie Dowling – Email: nutritioninsideout@outlook.com – Tel: 0410 123 456 Practice Type: Online and in-person Location: Mona Vale, NSW Specialties: Gut health (IBS, SIBO, IBD), women’s health (perimenopause) Website: www.nutritioninsideout.com.au
Dani Naturopathy Modality: Naturopath Contact: Danielle Roger – Email: info@daninaturopathy.com Practice Type: Online and in-person Location: Bronte and Paddington NSW Specialties: Digestive health, women’s health (including vaginal health) Website: www.daninaturopathy.com Social media: Instagram	Melissa Poczwa Naturopath Modality: Naturopath Contact: Melissa Poczwa – Email: melissa.naturopathy@gmail.com Practice Type: Online and in-person Location: Shellharbour, NSW Specialties: Gut health and microbiome specialist, women’s reproductive health Website: www.melissapoczwa.com.au Social media: Instagram
Integrative Wellness Clinic Modality: Naturopath Contact: Email: admin@integrativewellnessclinic.au – Tel: 1300 211 922	Jayne Sharpham Modality: Naturopath Contact: Jayne Sharpham – Address: 230 Marius St, Tamworth NSW 2340

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Clinic Days: Monday - Saturday Practice Type: Online and in-person Location: U5, 63-65 Campbell Street, St Peters NSW 2044 Specialties: Genetics, Hormone Health, Chronic Fatigue, Gut Health, Mental Health, Children/Adolescents Health Website: https://integrativewellnessclinic.au/ Social media: Instagram Other: "By understanding the intricacies of your genetic code, you can make informed decisions about your health and wellness."	Clinic Days: Monday - Friday Practice Type: Online and in-person Location: Tamworth Specialties: Naturopath Website: www.tamworthnaturopathy.com.au
Skye Bartley Modality: Naturopath Contact: Skye Bartley – Email: info@skyebartley.com.au – Tel: 0407 197 250 Clinic Days: Monday, Tuesday, Wednesday, Thursday Practice Type: Online and in-person Location: Southern Gold Coast and Northern NSW Specialties: Mental and emotional health, Adult ADHD, Sexual health, PMDD, PCOS, MAFLD, Insulin resistance Website: www.skyebartley.com.au Social media: Instagram	Oh Healthy Baby Modality: Naturopath; Nutritionist Contact: Laila Helena – Email: hello@ohhealthybaby.com Practice Type: Online only Location: Byron Bay Hinterland Specialties: Baby and toddler health, allergies, gut health Website: www.ohhealthybaby.com Social media: Instagram
Digest Health Modality: Nutritionist Contact: Julie Howell – Email: julie@digest.health Practice Type: Online and in-person Location: Bowral, NSW Specialties: Gut health, healthy ageing, metabolic health, autoimmune, IBS, mental health, health coaching Website: www.digesthealth.com.au Social media: LinkedIn	Simply Thrive Modality: Nutritionist Contact: Bec Lean – Email: bec@simplythrive.com.au – Tel: 0408 777 652 Practice Type: Online and in-person Location: Somerville, VIC Specialties: Gut health, peri-menopause Website: www.simplythrive.com.au Social media: Instagram
Herb and Spice Naturopathy Modality: Naturopath; Nutritionist Contact: Lisa Hayne – Email: admin@herbandspice.net.au	The Rainbow Health Centre Modality: Naturopath Contact: Lee Vassella – Email:

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Practice Type: Online and in-person Location: Narrabri, NSW Website: https://www.herbandspice.com.au/ Social Media: Instagram, Facebook	therainbowhealthcentre@gmail.com – Tel: 0484 076 120 Practice Type: Online and in-person Location: Goonellabah (Lismore), NSW Website: www.rainbowhealthcentre.com
CK Health and Wellbeing Modality: Naturopath; Nutritionist Contact: Cody Kennedy – Email: admin@ckhealth.com.au – Tel: (02) 4077 3803 Practice Type: Online and in-person Location: Merewether, Newcastle Specialties: IBS, IBD, Autoimmune Diseases Website: https://ckhealth.com.au/ Social Media: Instagram, Facebook Other: Certified Microbiome Restoration Centre Practitioner	Helen Harvey Naturopath @ ATUNE Modality: Naturopath Contact: Tel: 02 4954 4511 – Email: reception@atune.com.au Location: 52 Ada St, Cardiff, NSW, 2282 Specialties: Digestion, Autoimmunity, Hormonal Health, Pregnancy and Fertility, Children's Health Website: https://atune.com.au/helen-harvey-naturopath-medical-herbalist/
Anna Lusty - The Rainbow Health Centre Modality: Naturopath Contact: Anna Lusty – Email: info@rainbowhealthcentre.com – Tel: 0484 076 120 Practice Type: Online and in-person Location: Goonellabah/Lismore Specialties: Gut Health, Women's Health, Fertility, Pregnancy, Integrative Oncology, Thyroid Disorders Website: www.rainbowhealthcentre.com	Josie Carin Naturopath Modality: Naturopath Contact: Josie Carin Naturopath – Email: hello@josiecarin.com Practice Type: Online and in-person Location: Sapphire Beach (Coffs Harbour area) Specialties: Migraine, Women's Health, Metabolic Health and Weight Loss, Digestive Issues, Anxiety, Perimenopause, ADHD Website: www.josiecarin.com Social Media: Instagram
WellSet Modality: Nutritionist Contact: Karen Van Esveld, Clinical Nutritionist – Email: karen@wellset.com.au – Tel: 0499887775 Clinic Days: Open full business hours 8-6pm Practice Type: Online and in-person Location: Vaucluse, Sydney Specialties: Gut health, disease prevention, weight loss, hormonal imbalances, osteoporosis, sports nutrition Website: www.wellset.com.au	Emma Sutherland Modality: Naturopath; Nutritionist Contact: Emma Sutherland – Email: info@studio-you.com.au – Tel: 9216 7600 Clinic Days: Tuesday, Wednesday, Thursday, Friday, Saturday Practice Type: Online and in-person Location: Balmain, Sydney Specialties: Female hormones, Gut health Website: www.studio-you.com.au

Social Media: Instagram	Social Media: Instagram
EDF Nutrition Modality: Nutritionist Contact: Emma de Ferranti – Email: edfnutrition@gmail.com Clinic Days: Online appointments available daily, in-person appointments available on Saturdays Practice Type: Online and in-person Location: Mosman Website: www.edfnutrition.com.au Social Media: Instagram	The Healthy Ageing Coach Modality: Nutritionist; Health Coach Contact: Julie Howell – Email: julie@healthyageing.com.au – Website: www.healthyageing.com.au Practice Type: Online and in-person Location: Bowral, NSW 2576 Specialties: Gut health & microbiome analysis, IBS, inflammation, hormone imbalance, menopause, general nutrition, and healthy ageing Website: www.healthyageing.com.au Social Media: LinkedIn Additional Info: Experience a transformative approach to wellness using food as medicine to promote vitality and resilience. Understand your gut microbiome and optimize your health for longevity.
Jo's Herbadashery Modality: Herbalist (Western) Contact: Jo Morgan – Email: jo@theherbadashery.com Tel: 0404 837 473 Clinic Days: Monday-Friday Practice Type: Online and in-person Location: Manly and Brookvale, NSW Specialties: Acute over-the-counter consultations available at the dispensary Website: www.theherbadashery.com Social Media: Instagram	Carter Nutrition Modality: Nutritionist Contact: Carter Nutrition – Tel: 0257135585 – Practice Type: Online and in-person Location: Tamworth Specialties: Paediatric Health & Digestive Health (All ages) Website: www.carter-nutrition.com Social Media: Instagram Facebook
Cath Minter MSc – Hygea Apothecary Herbal Medicine Clinic and Dispensary Modality: Naturopath; Medical Herbalist Contact: Cath Minter MSc – Email: cath@hygeaapothecary.com.au – Tel: 0434 700 911 Practice Type: Online and in-person	Elemental Health Modality: Naturopath; Nutritionist Contact: Jean Jarrett – Email: info@elementalhealth.net.au – Tel: 02 8084 0081 Clinic Days: Monday to Saturday Practice Type: Online and in-person

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Location: Newcastle, NSW 2300 Specialties: Integrative Oncology, Cancer Care Website: hygeaapothecary.com.au Social Media: Instagram Additional Info: ATMS Practitioner of the Year 2024	Location: St. Ives, NSW 2075 Specialties: Digestive conditions (IBS, IBD), Allergies, Skin conditions, PANS/PANDAS, Children's health Website: www.elementalhealth.net.au Social Media: Instagram
Inside Out Wellness Hub Modality: Nutritionist Contact: Kylie Dowling – Email: kylie@insideoutwellnesshub.com.au – Tel: 0438 554 680 Clinic Days: Monday to Saturday Practice Type: Online and in-person Location: Narrabeen, Sydney's Northern Beaches Website: www.insideoutwellnesshub.com.au Social Media: Instagram	Victoria Pavasovic – AGEWELL Pty Ltd Modality: RN Certified Functional and Nutritional Medicine Practitioner Contact: Victoria Pavasovic – Email: victoria@vphealth.com Clinic Days: Tuesday, Thursday, Friday Practice Type: Online and in-person Location: Neutral Bay, Lower North Shore, Sydney Specialties: Autoimmunity, Skin and Hair Health, Weight Optimisation, Medically Compounded Skin Care Website: victoriapavasovic.com Social Media: Facebook Instagram Additional Info: Over 40 years as an AHPRA registered provider, with international training and accreditations. Offers one-on-one personalised consultations and treatment plans.
Anna Szalay Modality: Naturopath Contact: anna.szalay@outlook.com.au Availability: Not specified Practice Type: Online and in-person Location: North Sydney Specialties: Gut health, thyroid, autoimmune Website: annaszalay.com Socials: Instagram	Ema Davis (Naturopath, BHSc) Modality: Naturopath Contact: emadavisnaturopathy.com.au, 0491 778 129 Availability: Monday & Tuesday, 10am – 4:30pm Practice Type: Online and in-person Location: Albury / Wodonga Specialties: Gut issues, weight loss, eczema & allergies, chronic inflammatory disorders, burnout Website: emadavisnaturopathy.com.au Socials: Instagram

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VIC Practitioners

Ebony Jordan - Thrive Health Clinic Modality: Naturopath Contact: Ebony Jordan – Email: hello@thrivehealthclinic.com.au, Tel: 0493671773 Practice Type: In-person only Location: Horsham, Victoria Website: www.thrivehealthclinic.com.au Social Media: Instagram, Facebook	Melissa Hobbs - Humble Naturopathics Modality: Naturopath Contact: Melissa Hobbs – Email: hello@humblenaturopathics.com.au Practice Type: Online only Location: Mildura, Victoria Website: www.humblenaturopathics.com.au Social Media: Instagram, Facebook
Karah Edwards- The Sana Co Modality: Naturopath Contact: Karah Edwards – Email: karah@thesanaco.com.au - Tel: 03 5298 2642 Practice Type: Online and In-person Location: Geelong, VIC Specialties: IBD, IBS and GORD Website: www.thesanaco.com.au Social media: Instagram	By Blu Naturopathy Modality: Naturopath Contact: Briana Surkitt - Email: briana@byblunaturopathy.com - Phone: 0476190708 Practice Type: Online and in-person Location: Warrnambool, VIC Specialties: Gut health Website: www.byblunaturopathy.com Social media: Instagram
Georgenat Modality: Naturopath Contact: Georga Holt – Email: hello@georgenat.com , Clinic Days: Monday, Thursday, Friday & Saturday Practice Type: Online and in-person Location: Collingwood & Online Specialties: Gut, Skin & Hormones Website: https://georgenat.squarespace.com/ Social media: Instagram	Louisa Carter Health Modality: Naturopath Contact: Louisa Carter – Email: louisa@louisacarterhealth.com.au Tel: 0427989613, Clinic Days: Thursday, Friday and Saturday Practice Type: Online and in-person Location: Preston, Melbourne Specialties: Women's health, Healthy aging, Perimenopause. Website: louisacarterhealth.com.au Social media: Instagram
Katie Blakely Wellness Modality: Naturopath	Kirily Thomas Integrative Naturopath Naturally Balanced Healthcare

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Contact: Katie Blakely – Email: hello@katieblakely.com.au Clinic Days: Monday-Friday Practice Type: Online and in-person Location: Croydon, Victoria Specialties: Maternal health - preconception care, pregnancy, postpartum & beyond. Gut health & mental health Website: https://katieblakely.com.au/ Social media: Instagram	Modality: Naturopath; Microbiome Analyst Contact: Website: www.naturallybalancedhealthcare.com Clinic Days: Tuesday, Wednesday, Thursday, Friday Practice Type: Online and in-person Location: Belgrave Heights (VIC) Specialties: Gastrointestinal Disorders, Microbiome Imbalances, Mental Health, Women's Health & Chronic/Complex Illness Website: www.naturallybalancedhealthcare.com Social media: Facebook, Instagram
Big Bowl of Happy Nutrition Modality: Nutritionist Contact: Beck O'Farrell, Email: beckofarrell@bigpond.com Practice Type: Online and in-person Location: Macedon VIC Specialties: Digestive health clinic. Also cooking workshops highlighting high fibre, plant-based, diversity rich diets. Website: www.bigbowlhappy.com.au Social media: Instagram, Facebook	Natalie Earles Modality: Naturopath Contact: Natalie Earles – Tel: 03 9337 8572 Location: Essendon VIC 3040 Specialties: Digestive Health, Skin concerns, Autoimmune conditions Website: www.natalieearles.com.au
Celine Marie Naturopathy Modality: Naturopath Contact: Email: celine@celinemarienaturopathy.com.au Clinic Days: Tuesday, Friday & Saturday Practice Type: Online and in-person Location: Kensington VIC 3031 Specialties: Women's Health Naturopath - Endometriosis, Gut Health, Menstrual Cycle, Skin Website: celinemarienaturopathy.com.au Social media: Instagram	Monica's Herbal Health Modality: Naturopath Contact: Monica Roberts – Tel: 0410 234 567 Clinic Days: Tuesday - Saturday Practice Type: Online and in-person Location: Lilydale Specialties: Naturopath Website: https://www.croydonherbalhealth.com/
Ashley Von Arx Naturopathy Modality: Naturopath Contact: Ashley Von Arx – Email:	Freya Lawler Naturopathy Modality: Naturopath Contact: Freya Lawler – Email: freya@freyalawler.com.au

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hello@ashleyvonarx.com.au Clinic Days: Mondays, Fridays, and some Saturdays Practice Type: Online and in-person Location: Fitzroy, VIC Website: https://ashleyvonarx.com.au Social media: Instagram	Clinic Days: Monday-Thursday Practice Type: Online and in-person Location: Melbourne Specialties: Endometriosis, Fertility, Hormones Website: www.freyalawler.com.au
Lisa Dunlop Naturopath Modality: Naturopath Contact: Lisa Dunlop – Website: https://www.lisadunlopnaturopath.com.au/ Clinic Days: Monday, Tuesday, Wednesday, Thursday Practice Type: Online and in-person Location: Geelong, Victoria Specialties: Gut Health - IBS, SIBO Website: https://www.lisadunlopnaturopath.com.au/ Social media: Instagram	Leila DiQuinzio Modality: Naturopath Contact: Leila DiQuinzio – Email: hello@leiladiquinzio.com Practice Type: Online and in-person Location: Northcote, Melbourne Specialties: Gut health (particularly IBS & SIBO), mental health Website: www.leiladiquinzio.com Social media: Instagram
Naturopath Jade Flint Modality: Naturopath Contact: Jade Flint (they/she) – Email: jade@naturopathjadeflint.com Clinic Days: Monday, Wednesday, Thursday, Friday Practice Type: Online and in-person Location: Fitzroy, Melbourne Specialties: LGBTQIA+ health, gut health, immune health, mental health, hormonal health, skin health Website: https://naturopathjadeflint.com/ Social media: Instagram	Naturopath Natalie Gibson Modality: Naturopath Contact: Natalie Gibson – Tel: 0438 311 284 Practice Type: Online and in-person Location: Williamstown, VIC, and online Specialties: Digestive health, autoimmune disease, thyroid health Website: www.naturopathnatie.com.au Social media: Instagram
Urban Sense Wellness Modality: Naturopath Contact: Cheryl Penna – Email: reception@urbansense.com.au – Tel: 0417 308 863 Clinic Days: Monday, Wednesday, Friday Practice Type: Online and in-person Location: Clifton Hill, VIC Specialties: Women's health, healthy ageing, gut and	Rude Health Modality: Naturopath; Nutritionist; Herbalist Contact: Amanda James – Website: www.rudehealth.com.au Practice Type: Online and in-person Location: Kyneton, VIC Specialties: Gut health, skin health, hormonal health, menopause

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digestive issues Website: www.urbansense.com.au	Website: www.rudehealth.com.au Social media: Instagram
Tina Jenkins - Fertile Ground Health Group Modality: Naturopath Contact: Website: www.fertileground.com.au – Tel: 9419 9988 Clinic Days: Monday, Tuesday, Saturday Practice Type: Online and in-person Location: Collingwood, VIC Specialties: Fertility, preconception care, pregnancy, women's health Website: www.fertileground.com.au	Simone Goulding Naturopath Modality: Naturopath Contact: Simone Goulding – Email: info@simonegoulding.com.au Practice Type: Online and in-person Location: South-east Melbourne Specialties: Gut health, fertility, hormonal health Website: www.simonegoulding.com.au Social Media: Instagram, Facebook
Rocco DI Vincenzo - Brunswick Integrative Care Modality: Dietitian; Nutritionist Contact: Rocco Di Vincenzo – Email: rocco@brunswickintegrativecare.com.au – Tel: (03) 9386 5557 Clinic Days: Monday to Friday (except Thursdays) from 9am-5pm Practice Type: Online and in-person Location: Brunswick East, Melbourne, VIC Specialties: Gastrointestinal and liver dysfunction (including MAFLD), neurological disorders (depression/anxiety), neuropsychiatric disorders (ASD), autoimmune disorders, metabolic syndrome Website: www.brunswickintegrativecare.com.au Social Media: Instagram, Facebook	Mata Wellbeing Modality: Naturopath Contact: Eleni Cico – Email: hello@matawellbeing.au – Tel: 0422 845 544 Clinic Days: Monday to Friday Practice Type: Online and in-person Location: Moonee Ponds, VIC Specialties: Skin health, gut health Website: www.matawellbeing.au Social media: Instagram
Earth Woman Medicine Modality: Naturopath; Ayurveda Contact: Edwina Crawford – Email: edwinacrawfordnaturopathy@gmail.com – Tel: 0414 415 905 Practice Type: Online and in-person Location: Melbourne Specialties: Nervous system, mood, gut health, female health	Rathdowne Street Chinese Medicine Modality: Acupuncturist and Chinese Herbal Medicine Practitioner Contact: Daniel Godel – Email: rathcmc@gmail.com – Tel: 9349 2677 Clinic Days: Monday 9-6, Wednesday-Friday 9-6 Practice Type: Online and in-person Location: Carlton North, VIC Website: www.danielgodel.com.au

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Website: www.earthwomanmedicine.com Other: For bookings: https://elkandme.com.au Social Media: Instagram, Facebook	Specialties: Certified Healthy Gut Practitioner and Microbiome Analyst
The Friendly Naturopath Modality: Naturopath Contact: Jamie Friend – Email: info@thefriendlynaturopath.com.au – Tel: 0407 507 390 Practice Type: Online and in-person Location: Highett, VIC Specialties: General health, fatigue, thyroid conditions, fertility, skin conditions (acne, eczema, psoriasis) Website: www.thefriendlynaturopath.com.au Social media: Instagram	Tina Koutoukidis Modality: Naturopath; Nutritionist Contact: Tina Koutoukidis – Email: info@theholisticremedy.com.au – Tel: 0478 810 866 Clinic Days: Every day except Sunday Practice Type: Online and in-person Location: Essendon Specialties: Gut Health, Mental Health, Autoimmunity Website: www.theholisticremedy.com.au Social media: Instagram
Greta Leeson - Naturopathy Modality: Naturopath; Nutritionist Contact: Greta Leeson – Email: gretaleeson@gmail.com – Tel: 5444 3211 Practice Type: Online and in-person Location: Bendigo, VIC Specialties: Microbiome, burnout, autoimmune conditions Website: www.naturopathicconnections.com.au Social media: Instagram	Emma Wisbey Naturopath Modality: Naturopath Contact: Emma Wisbey – Email: emmawisbey@hotmail.com Practice Type: Online and in-person Location: Geelong Specialties: Family Health Website: www.emmawisbeynaturopath.com.au Social media: Instagram
Paradigm Nutrition Modality: Clinical Nutritionist & Pharmacist Contact: Melanie Makris – Email: melanie@paradigmnutrition.com.au – Tel: 03 4440 1940 Clinic Days: Tuesdays and Fridays Practice Type: Online and in-person Location: 78A Barkly St, Bendigo, VIC 3551	Plumeria Wellness - Monique Evans Naturopath Modality: Naturopath Contact: Monique Evans – Email: monique@plumeriawellness.com.au – Tel: 0433 086 582 Clinic Days: Wednesday and Saturday Practice Type: Online and in-person Location: Plenty, Victoria and Online Specialties: Emotional and mental health, sexual health, digestive health, hormonal health Website: www.plumeriawellness.com.au

	Social Media: Instagram Facebook
Radiant Naturopathics Modality: Naturopath Contact: Aimee Joubert – Email: aimee@radiantnaturopathics.com.au – Tel: 0411 525 795 Clinic Days: Monday, Thursday, Friday, and Saturday Practice Type: Online and in-person Location: Online and at Stable Health in Travancore, VIC Website: www.radiantnaturopathics.com.au Social Media: Instagram Facebook	Erin Dalton Naturopathy Modality: Naturopath Contact: Erin Dalton – Email: erin@erindaltonnaturopathy.com.au – Tel: 0493 966 620 Practice Type: Online and in-person Location: Frankston VIC 3199 Website: www.erindaltonnaturopathy.com.au Social Media: Instagram
Intuitive Body Naturopath - Andrea Dalton Modality: Naturopath Contact: Andrea Dalton – Email: naturopathy@andreadalton.com.au – Tel: 0497 110 880 Practice Type: Online and in-person Location: Mildura, VIC Specialties: Women’s Health, Vaginal Microbiome, Gut Microbiome Website: www.andreadalton.com.au Social Media: Instagram	Every Season Naturopathy Modality: Naturopath Contact: Email: hello@everyseasonnaturopathy.com.au – Clinic Days: Appointments available 7 days Practice Type: Online and in-person Location: Ballarat, Victoria Specialties: Concussion & post-concussion, Autoimmune, complex presentations, women’s health, skin health Website: www.everyseasonnaturopathy.com.au Social Media: Instagram
The Vag Hormone Naturopath Modality: Naturopath Contact: Alison Patchett – Email: hello@thevaghormonenaturopath.com.au Clinic Days: Monday, Tuesday, Wednesday, Thursday Practice Type: Online and in-person Location: Bundoora Website: thevaghormonenaturopath.com.au Social Media: Instagram	Natalie Cruttenden Modality: Naturopath Contact: Natalie Cruttenden – Email: info@resonancetherapy.com.au – Tel: 03 9885 5964 Practice Type: Online and in-person Location: Ashburton, VIC Specialties: SIBO, gut health, peri and post menopause Website: www.resonancetherapy.com.au
Nurcha Nutrition Modality: Nutritionist	Monica’s Herbal Health Modality: Naturopath

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Contact: Sienna Mihaly – Email: info@nurchanutrition.com.au – Tel: 0419 524 449 Clinic Days: Monday, Tuesday, Thursday Practice Type: Online and in-person Location: Geelong, VIC Specialties: Gut health, energy, skin, sleep, mood, hormones Website: www.nurchanutrition.com.au Social Media: Instagram	Contact: Monica Roberts – Email: croydonherbalhealth@gmail.com – Tel: 0410 206 252 Practice Type: Online and in-person Location: Lilydale Website: www.croydonherbalhealth.com
The Friendly Naturopath Modality: Naturopath Contact: Jamie Friend – Email: info@thefriendlynaturopath.com.au – Tel: 0407 507 390 Clinic Days: Tuesday-Friday (9:00am-8:00pm), Saturday (9:00am-1:00pm) Practice Type: Online and in-person Location: Highett, VIC Specialties: Fertility, Pregnancy & Paediatric Care, Gastrointestinal Health, Thyroid Conditions, and Reproductive Wellbeing Website: www.thefriendlynaturopath.com.au Social Media: Instagram Facebook Qualifications: Bachelor of Health Science (Naturopathy), NHAA	Maryam Integrative Naturopath Modality: Naturopath Contact: Maryam Omran – Email: integrativenaturopath@outlook.com Clinic Days: Monday-Thursday Practice Type: Online and in-person Location: Dallas, VIC Specialties: Microbiome analysis, Cardiovascular Health, Concomitant prescribing, Diabetes education Social Media: Instagram
The Nutrition Factor Modality: Nutritionist Contact: Vicky Ellenport – Email: Vicky@thenutritionfactor.com.au Practice Type: Online and in-person Location: Bayside Melbourne Specialties: Gut health, IBD, SIBO, Autoimmune Website: www.thenutritionfactor.com.au Social Media: Instagram	Indra Share Modality: Naturopath Contact: Indra Share – Melbourne Natural Medicine Clinic 225 Park Street, South Melbourne VIC 3205 Phone: 03 9686 2566 – Email: info@melbournenaturalmedicine.com.au Practice Type: Online and in-person Location: South Melbourne Website: www.melbournenaturalmedicine.com.au
Simone Goulding Naturopath	By Nature Holistic Health

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Modality: Naturopath Contact: Simone Goulding – Email: info@simonegoulding.com.au Practice Type: Online and in-person Location: South East Melbourne Specialties: Gut health, fertility, hormonal health, thyroid health Website: www.simonegoulding.com.au	Modality: Naturopath Contact: Website: www.bynatureholistichealth.com.au – Tel: 0413 645 219 Practice Type: Online and in-person Location: South Morang, Victoria Specialties: Paediatrics, ASD, ADHD, PANS/PANDAS Website: www.bynatureholistichealth.com.au Social Media: Instagram
Katie Hopcraft Clinical Nutritionist Modality: Nutritionist Contact: Katie Hopcraft – Email: admin@katiehopcraft.com.au Clinic Days: Tuesdays and Thursdays Practice Type: Online and in-person Location: Richmond, Melbourne Website: www.katiehopcraft.com.au Social Media: Instagram	Jad Patrick Naturopathy Modality: Naturopath; Counsellor Contact: Jad Patrick – Email: jad@prahranhealthfoods.com.au – Website: jadpatrick.com Clinic Days: Mondays and Fridays, 10am–5pm (Telehealth and in-person) Practice Type: Online and in-person Location: South Yarra, Victoria Specialties: Gut health and Mental Health Website: jadpatrick.com Social Media: Facebook Instagram
Rocco Di Vincenzo – Brunswick Integrative Care Modality: Dietitian Contact: Rocco Di Vincenzo – Email: rocco@brunswickintegrativecare.com.au – Tel: (03) 9386 5557 – Mobile: 0416 244 200 Clinic Days: Monday to Friday (except Thursdays), 9am–5pm Practice Type: Online and in-person Location: Brunswick East, Melbourne, Victoria Specialties: Gastrointestinal and liver dysfunction/disorders (including MAFLD), Neurological disorders (e.g., depression, anxiety), Neuropsychiatric disorders (ASD), Autoimmune disorders, Metabolic syndrome	Romy Sheppard Nutrition Modality: Nutritionist Contact: Romy Sheppard – Website: www.romynutrition.com.au Clinic Days: Monday and Wednesday Practice Type: Online and in-person Location: Rye, VIC (Mornington Peninsula) Specialties: Gastrointestinal health conditions, Vaginal health conditions Website: www.romynutrition.com.au Social Media: Instagram

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Website: www.brunswickintegrativecare.com.au Social Media: Facebook Instagram	
Elita Dabrowski Modality: Naturopath; Nutritionist Contact: info@elitadabrowski.com.au, 0447 0447 27 Practice Type: Online and in-person Location: 83 Oshanassy St, Sunbury, VIC 3429 Specialties: Gut Health & Microbiome, Hormonal Health / Perimenopause Support, Skin Health (Acne, Eczema, Gut–Skin Axis) Website: elitadabrowski.com.au Socials: Instagram, Facebook, TikTok Notes: Combines functional testing with natural medicine for personalized care.	Nurcha Nutrition – Sienna Mihaly Modality: Nutritionist Contact: www.nurchanutritions.com.au Availability: Monday, Tuesday, Thursday, Saturday Practice Type: Online and in-person Location: Geelong, VIC 3220 Specialties: Gut health, skin health, energy, mood balance, weight management Website: nurchanutritions.com Socials: Instagram
Louise Gerry – Naturopathic Connections Modality: Naturopath; Nutritionist Contact: reception@naturopathicconnections.com.au, 0459 469 447 Availability: Monday to Friday Practice Type: Online and in-person Location: Bendigo, Victoria & online Specialties: Gut health, autoimmune conditions, skin, hormone imbalances, functional testing Website: naturopathicconnections.com.au Socials: Instagram, Facebook	Unmasked Naturopath Modality: Naturopath Contact: hello@unmaskednaturopath.com.au, 0413 819 425 Availability: Tuesday to Thursday Practice Type: Online and in-person Location: South Morang, VIC 3752 Specialties: Autistic and ADHD women and children, hormonal sensitivity, MCAS, Histamine intolerance, IBS, IBD Website: unmaskednaturopath.com.au Socials: Instagram
Merge Health Modality: Naturopath Contact: ask@mergehealth.com.au, (03) 9889 8008 Availability: Monday to Friday Practice Type: Online and in-person Location: Richmond Specialties: Chronic Fatigue Syndrome, Mould Illness,	

Find a Practitioner near you

Lyme Disease, Chronic infections, SIBO, Mental Health Website: mergehealth.com.au Socials: Instagram	
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QLD Practitioners

Sarah Mundell Modality: Nutritionist Contact: Sarah Mundell – Email: hello@sarahkateco.com.au – Tel: 0402 506 667 Practice Type: Online only Location: Brisbane Website: https://sarahkateco.com.au Social media: Instagram	Kelly Allan - The KAN Clinic Modality: Naturopath Contact: Email: info@thekancinic.com.au Tel: 0420549035 Practice Type: Online and in-person Location: Graceville, Brisbane Specialties: Paediatrics, vaginal health, eczema, SIBO Website: www.thekancinic.com.au Social Media: Instagram , Facebook
Chloe Louise from Innerform Health Modality: Nutritionist Contact: Chloe Louise – Email: chloe@innerformhealth.com – Tel: +61 493 189 124 Practice Type: Online only Location: Sunshine Coast, Queensland Specialties: Certified Practicing Nutritionist (CPN). Gut Health & Digestive Imbalances. Mental Health & Mood. Support Nervous System Support. Weight Management & Metabolic Health. Chronic Disease Prevention & Wellness Website: https://innerformhealth.com/nutrition Social Media: Instagram , Facebook	Marianne Fountain Modality: Naturopathic Herbalist Contact: Marianne Fountain Practice Type: Online and in-person
Brendan O'Loughlin Modality: Naturopath; Acupuncturist Contact: Brendan O'Loughlin – Kula Health – Website: www.kulahealth.com.au Clinic Days: Monday – Friday Practice Type: Online and in-person	Lesley Baker - Integrated Wellness Clinic & Lesley Baker Naturopath Modality: Naturopath Contact: Lesley Baker – Websites: Integrated Wellness Clinic & Lesley Baker Naturopath Practice Type: Online and in-person Location: Mooloolaba & Little Mountain

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Location: New Farm, Brisbane Website: www.kulahealth.com.au Social media: Instagram	Specialties: Gut health, Inflammatory Bowel Disease, GORD, H Pylori, Constipation, Reflux, SIBO, SIMO, Microbiome Optimisation, Autoimmune Disorders Website: Integrated Wellness Clinic Website: Lesley Baker Naturopath
Naturale-Her Modality: Naturopath Contact: Odette Lydford – Email: odette@naturale-her.com.au Practice Type: Online and in-person Location: Sunshine Coast, QLD Specialties: Aging and longevity, women’s reproductive health, menopause, gut issues Website: www.naturale-her.com.au	The Eczema Naturopath Modality: Naturopath; Nutritionist Contact: Belinda Byrnes – Email: info@theeczemanaturopath.com.au Practice Type: Online and in-person Location: Gaythorne, Brisbane Specialties: Eczema, digestive health Website: www.theeczemanaturopath.com.au Social media: Instagram
Kalari Healing Modality: Naturopath Contact: Lalita Yagnik – Email: info@kalarihealing.com Clinic Days: Monday to Friday 9am-6pm Practice Type: Online and in-person Location: Belli Park, Sunshine Coast, QLD Specialties: Thyroid, hypothyroid, Hashimoto's Website: www.kalarihealing.com Social media: Instagram Facebook	Claridge Naturopathics Modality: Naturopath Contact: Matthew Burrell – Tel: (03) 5221 8220 Practice Type: Online and in-person Website: www.claridgenaturopathics.com.au
Renee Hillier - Love Thy Earth Naturopathy Modality: Naturopath Contact: Renee Hillier – Email: renee@lovethyearth.com.au Clinic Days: Monday, Tuesday, Friday Practice Type: Online and in-person Location: Benowa, Gold Coast, QLD, Australia Specialties: Gut Health, Sleep, Hormones, Skin, Children's Health, Preconception Support Website: www.lovethyearth.com.au/naturopath	Angela French - Naturopath Modality: Naturopath Contact: Angela French Clinic Days: Yes, all weekdays Practice Type: Online and in-person Location: Robina, QLD Specialties: Gut health, mental health, and women's health Website: www.angelafrench.com.au Social Media: Facebook Instagram

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Social media: Facebook & Instagram	
Luna Wellness Collective Modality: Naturopath Contact: Kylie Smart – Email: hello@lunawellnessco.com.au – Tel: 07 5641 4190 Practice Type: Online and in-person Location: Yandina and Online Specialties: ADHD, Mental Health & Women's Health Website: www.kyliesmart.com.au www.lunawellnessco.com.au Social Media: Instagram	Kate Shore Modality: Naturopath Contact: Kate Shore – Email: kate@kateshore.com Practice Type: Online and in-person Location: North Warrandyte Specialties: Paediatrics Website: www.kateshore.com Social Media: Instagram
True Vitality / Sue Kira Modality: Naturopath Contact: Sue Kira – Email: sue@truevitality.com.au – Tel: 0416 283 396 Clinic Days: Tuesdays, Thursdays, and Saturdays Practice Type: Online and in-person Location: Palmview, Sunshine Coast, QLD Specialties: Pyrrole, gut health, mental health, female health Website: www.truevitality.com.au Additional Info: 32 years as a Naturopath, Nutritionist, and Herbalist with a background in Science, Research, and Forensic Medicine	The IVF Project Modality: Dietitian Contact: Kirrily Tutt – c/- The IVF Project – Tel: 1300 084 694 Practice Type: Online and in-person Location: Spring Hill, Brisbane Specialties: Fertility, including Women's Health (Endometriosis, PCOS, Adenomyosis) and Gut Health Website: www.theivfproject.com Social Media: Instagram Facebook
Katrina Froome Naturopathy Modality: Naturopath Contact: Katrina Froome – Email: katrina@katrinafroomenaturopathy.com.au Clinic Days: Monday, Tuesday (9:00am-7:00pm) Friday (11:00am-5:00pm) Saturday (8:30am-3:00pm) Practice Type: Online and in-person Location: Springfield Lakes, QLD 4300 Specialties: Digestive Health (SIBO, IBS), Metabolic Health,	Naturale-her Modality: Naturopath Contact: Odette Lydford – Email: odette@naturale-her.com.au Clinic Days: Monday–Friday Practice Type: Online and in-person Location: Hervey Bay Specialties: Women's health

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Women's Health, Children's and Teenager's Health Website: www.katrinafroomenaturopathy.com.au Social Media: Facebook Instagram	Website: www.naturale-her.com.au Social Media: Facebook
Kiera Hinshaw Naturopath Modality: Naturopath Contact: Website: www.kierahinshawnaturopath.com.au Clinic Days: Monday, Tuesday, Wednesday Practice Type: Online and in-person Location: Airlie Beach, QLD Social Media: Facebook	Denise Berry Naturopath Modality: Naturopath Contact: Denise Berry – Email: info@deniseberrynaturopath.com – Tel: 0493 607 279 Clinic Days: Monday–Thursday Practice Type: Online and in-person Location: Stanthorpe & Warwick, QLD Website: deniseberrynaturopath.com Social Media: Instagram Facebook
Vanessa Lamaro – Naturopath Modality: Naturopath Contact: Email: vanessa@vanessalamaro.com.au – Tel: 07 5479 1212 Practice Type: Online and in-person Location: Sunshine Coast, Australia Specialties: Gut health, Hormone health, Immune health, Mental health Website: vanessalamaro.com.au Social Media: Facebook Instagram	Casey Conroy — Funky Forest Health & Wellbeing Modality: Naturopath, Dietitian, Nutritionist Contact: casey@funkyforest.com.au 0432 618 279 Availability: Monday–Wednesday 9am–2pm, Thursday–Friday 9am–5pm Practice Type: Online and in-person Location: Conondale & Maleny, Sunshine Coast Hinterlands Specialties: Eating Disorders, Disordered Eating, Mental Health, ADHD, Chronic Dieting, Women's Health, Hormonal Health Website: funkyforest.com.au Socials: Facebook & Instagram
Flora Nutrition – Jayne Mossop Modality: Nutritionist Contact: Mob: 0403 840 467 Practice Type: Online and in-person Location: Thorneside (Brisbane) Specialties: Personalised nutrition programs for weight loss, metabolic, thyroid and hormone health	Alisha Bennett Naturopathy Modality: Naturopath; Nutritionist Contact: alishabennettaturopathy@gmail.com, Mob: 0438 226 363 Availability: Monday to Friday and occasional Saturday mornings Practice Type: Online and in-person

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Website: floranutrition.com.au Socials: Facebook Instagram	Location: Toowong Website: alishabennetttnaturopathy.com
Peak Naturopathy Modality: Naturopath Contact: hello@peaknaturopathy.com.au , 0400 349 661 Availability: Not specified Practice Type: Online and in-person Location: Melton, Hoppers Crossing, Gympie, Online Specialties: Women's Health - Thyroid, Hormones, Vaginal Concerns, Fertility, Pregnancy, Post-Partum, Children's Health Website: peaknaturopathy.com.au Socials: Instagram	Rebecca Tarver Nutrition Therapies Modality: Nutritionist Contact: rtarver@nutritiontherapies.net Availability: Monday, Tuesday, Wednesday Practice Type: Online and in-person Location: Whitsundays, QLD Specialties: Gut health, metabolic health and weight loss Website: rebeccatarvernutritionist.com Socials: Facebook , Instagram
Next Practice Medical Centre Burleigh Waters Modality: Dietitian Contact: foodasmedicine.dietitian@gmail.com , 0422 644 600 Availability: Not specified Practice Type: Online and in-person Location: Gold Coast Specialties: Metabolic disease (insulin resistance, fatty liver, PCOS), IBS, IBD, Coeliac disease, GORD, diverticular disease	

WA Practitioners

Cath the Naturopath Modality: Naturopath; Nutritionist; Western Herbalist; Contact: Catherine Fimmell – Email: cimmell@hotmail.com – Tel: 08 9531 1166 Practice Type: Online and in-person Location: Pinjarra, WA	Maddy - Omoi Health Modality: Naturopath; Registered Nurse; Contact: Maddy Gates, hello@omoi.com.au , www.omoihealth.com.au Practice Type: Online only Location: Fremantle, Perth Specialties: Gut health, women's health, preconception
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Specialties: Gut health, Autoimmunity, Website: https://pinjarrahealthfoods.com.au/ Social Media: Facebook	and pregnancy. Website: www.omohealth.com.au Social media: Instagram, Facebook
Inside Out Health- Sue Bennet Modality: Naturopath; Nutritionist; Colonic therapist; Contact: Email: sue.fremantlehealth@gmail.com Clinic Days: Mon-Sat 9 am - 6 pm Practice Type: Online and in-person Location: Fremantle, WA Specialties: Naturopathic medicine, medical herbalist, nutritionist, colonic hydrotherapist, pathology testing, Gut health Website: www.insideouthearthlounge.com	Gloria Cicchini Naturopath Modality: Naturopath Contact: Email: naturopathiclifecoach@gmail.com Clinic Days: Mon, Tuesday, Wed, Thurs Practice Type: Online and in-person Location: Hillarys, WA Specialties: Children's Health, Gut Health, ADHD, Women's Health & Hormones Website: www.glorianaturopath.com.au Social Media: Instagram, Facebook
Amanda Martindale Inner Fit Nutrition Modality: Nutritionist Contact: Amanda Martindale – Email: info@innerfitnutrition.com - Tel: 0494 077 116 Practice Type: Online and in-person Location: Bunbury WA Specialties: Gut health, hormones, skin issues, SIBO, thyroid illness Website: www.innerfitnutrition.com Social media: Facebook	Chelsey Costa Modality: Naturopath Contact: Chelsey Costa – Website: https://www.peppermintandsage.com/ Clinic Days: Tuesday, Thursday, Saturday Practice Type: Online and in-person Location: Perth WA Specialties: Women's health, fertility, gut issues, skin issues Website: https://www.peppermintandsage.com/ Social media: Instagram
Yin and Tonic Natural Medicine Modality: Naturopath; Nutritionist; Herbalist; Homeopath Contact: Emma Lloyd – Website: www.yinandtonicnaturalmedicine.com.au Clinic Days: Monday – Thursday Practice Type: Online and in-person Location: Denmark, WA Website: www.yinandtonicnaturalmedicine.com.au Social media: Instagram	Embodii Wellness Co Modality: Naturopath Contact: Chloe Dennison, Rachel Dhanjal – Email: hello@embodiiwellness.co Practice Type: Online and in-person Location: Alkimos and Bullcreek, Perth Specialties: Gut health: IBS, IBD, Chronic bloating, Reflux; Hormone health: Endometriosis, PMS, Irregular menstrual cycles Website: https://www.embodiiwellness.co/

Claire Hargreaves Naturopath Modality: Naturopath; Nutritionist Contact: Claire Hargreaves – Email: hello@clairehargreaves.com.au Practice Type: Online and in-person Location: Halls Head, WA Website: www.clairehargreaves.com.au Social media: Instagram	Niki Cleuet - Perth Health & Fertility Modality: Naturopath; Childbirth Educator Contact: Niki Cleuet – Tel: 08 9285 0998 Practice Type: Online and in-person Location: City Beach, Perth Specialties: Fertility, women’s health, thyroid disorders, pregnancy, and postpartum care Website: www.nikicleuet.com Social Media: Instagram, Facebook
Leah Hardy Naturopathy Modality: Naturopath Contact: Leah Hardy – Email: leahhardy.naturopath@gmail.com Practice Type: Online and in-person Location: Margaret River, WA Website: leahhardy.com.au Social media: Instagram	Smith & Co Naturopathic Medicine Modality: Naturopath Contact: Samantha Smith – Email: sam@smmithandconaturopathic.com – Tel: 0412 760 329 Clinic Days: Tuesday, Wednesday, Thursday, alternate Saturdays Practice Type: Online and in-person Location: West Leederville, WA Specialties: Gastrointestinal Health, Genitourinary presentations, Mental Wellbeing Website: www.smithandconaturopathic.com Social Media: Instagram, Facebook
Rachael Steele Naturopath Modality: Naturopath Contact: Rachael Steele – Energise Natural Health – Email: admin@energise-health.com.au – Tel: 08 6261 6400 Practice Type: Online and in-person Location: Kallaroo, WA Specialties: Women’s Health, Hormone Health, Digestive Health, Post Viral Complications, Stress Management, Mental Health, Sleep Issues, Children’s Health, Thyroid Health, Energy Optimisation Website: www.energise-health.com.au	Jo Coates - Remede Wellness Medicine Modality: Naturopath Contact: Jo Coates – Email: jo@remede.com.au – Tel: 0892861166 Practice Type: Online and in-person Location: Perth Specialties: Gut Health Website: www.remede.com.au Social Media: Instagram
Bayshore Naturopathic Clinic	Mind Body Nutrition

Find a Practitioner near you

Modality: Naturopath Contact: Bayshore Naturopathic Clinic – Email: info@bayshorenaturopathic.com.au – Tel: 08 95927360 Clinic Days: Monday - Saturday Practice Type: Online and in-person Location: Rockingham WA Website: www.bayshorenaturopathic.com Social Media: Facebook Instagram	Modality: Nutritionist Contact: Danielle Coombes-Pearce – Email: danielle.mindbodynutrition@gmail.com – Tel: 0417 181 711 Practice Type: Online and in-person Location: Dunsborough, Western Australia Specialties: Women’s health, gut and hormone specialist Website: www.mindbody-nutrition.com.au Social Media: Instagram
Smith & Co Naturopathic Medicine Modality: Naturopath Contact: Samantha Smith – Email: sam@smithandconaturopathic.com – Tel: 0412 760 329 Clinic Days: Tuesday, Wednesday, Thursday, Alternate Saturdays Practice Type: Online and in-person Location: West Leederville, WA Specialties: Gut health, Women's genitourinary concerns, Mental ill health Website: www.smithandconaturopathic.com Social Media: Instagram Facebook Qualifications: Master of Women's Health Bachelor of Environmental Science Advanced Diploma Naturopathy	Daphne De L'Estrac Modality: Naturopath Contact: daphnenaturopathy@gmail.com Availability: Not specified Practice Type: Online and in-person Location: Perth, Western Australia Specialties: Gut, Skin, Complex Hormone Website: Clinic Booking Page Instagram: @daphne_naturopathy
Brooke Venables / Clear Skin Coach Modality: Naturopath Contact: hello@clearskincoach.co Practice Type: Online only Location: Perth, WA Specialties: Acne, rosacea, female hormone health, gut health Socials: Instagram	BioSoul Naturopathy – Ashleigh van Nierop Modality: Naturopath Contact: ash@biosoulnaturopathy.com Practice Type: Online and in-person Location: Kalamunda, WA Specialties: Digestive and gut health, metabolic health Website: biosoulnaturopathy.com Socials: Instagram Facebook Credentials: BHSc Naturopathy, Bachelor Degree of

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	Complementary Medicine
Natalie McGrath Naturopath Modality: Naturopath Contact: natalie@nataliemcgrath.com.au Practice Type: Online and in-person Location: Perth, Western Australia Specialties: Gut health, female, hormone, thyroid and skin specialist Website: nataliemcgrath.com.au Socials: Instagram YouTube TikTok	

TAS Practitioners

Chantel Yates, Naturopath and Herbalist Modality: Naturopath; Herbalist Contact: Chantel Yates – Email: hello@chantelyates.com.au Practice Type: Online only Location: Tasmania Specialties: Microbiome restoration Website: https://www.chantelyates.com.au/ Social Media: Facebook, Instagram	Learn To Nourish Modality: Nutritionist Contact: Benedict Freudenmann – Tel: 0421124589 - Email: contact@learntonourish.com Practice Type: Online and in-person Location: Ranelagh and Kieser Hobart Specialties: Gut health, cancer, autoimmune, diabetes, weight loss. Website: www.learntonourish.com Social Media: Instagram, Facebook
LAGOM NutriHealing - Jennifer Phillips Modality: Nutritionist Contact: Jennifer Phillips – Email: lagom.nutrihealing@gmail.com – Tel: 0447 710 961 Practice Type: Online and in-person Location: Hobart region Specialties: Complex problem solver Website: lagomnutrihealing.wordpress.com	Your Place Health Modality: Naturopath; Nutritionist Contact: hello@yourplacehealth.com.au Availability: Not specified Practice Type: Online and in-person Location: Hobart, Tasmania Specialties: Gut health, hormones, and skin Website: yourplacehealth.com.au

	Socials: Instagram
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SA Practitioners

Sonya Thorn Naturopath Modality: Naturopath Contact: Sonya Thorn – Email: info@sonyathornnaturopath.com – Tel: 0407611557, Practice Type: Online and in-person Location: 35 Old Kapunda Road, Nuriootpa, SA 5355 Specialties: Naturopath, MRC Certified Healthy Gut Practitioner Website: www.sonyathornnaturopath.com Social Media: Facebook, Instagram	Vanessa Wood Naturopathy Modality: Naturopath Contact: Vanessa Wood – Email: vanessawood.naturopathy@gmail.com Clinic Days: Wednesdays and Fridays 9-5:30 pm Practice Type: Online and in-person Location: McLaren Vale, Adelaide Specialties: Family Naturopathy, mental health, general wellness Social media: Instagram
Alice Haddy Naturopath Modality: Naturopath; Nutritionist Contact: Alice Haddy – Email: hello@alicehaddynaturopath.com Clinic Days: Wednesday, Thursday, Saturday Practice Type: Online and in-person Location: Streaky Bay, Adelaide, Port Lincoln Specialties: Metabolic health, Alzheimer's and cognitive decline, Autoimmunity, gastrointestinal disorders Website: https://alicehaddynaturopath.com	Rebecca Urban Modality: Naturopath; Nutritionist Contact: Rebecca Urban – Email: hello@rebeccaurban.com.au Clinic Days: Tuesday, Wednesday, Thursday Practice Type: Online and in-person Location: Adelaide, South Australia Specialties: General practice, Reproductive and Preconception Health Care for Men & Women, Pregnancy, Breastfeeding Educator, Paediatrics Website: www.rebeccaurban.com.au
Eclipse Naturopathy Modality: Naturopath Contact: Stephanie – Email: hello@eclipsewellness.com.au Practice Type: Online and in-person Location: Marleston, SA Specialties: Gut health, thyroid, mental health, vaginal health Website: www.eclipsewellness.com.au	Margherita Officer of Natural Health Medicine Modality: Naturopath; Nutritionist Contact: Margherita Officer – Email: margheritaofficer@me.com – Tel: 08 8332 2271 Clinic Days: Tuesday, Wednesday, Friday (Thursday via Zoom) Practice Type: Online and in-person Location: 102 Portrush Rd, Payneham South, SA 5070 Specialties: Allergies, women's health, children, skin problems, gut biome testing, wellness

Social media: Instagram	Website: https://naturalhealthmedicine.com.au/booking/
Kelli Kieselbach - Naturopath Nutritionist Modality: Naturopath; Nutritionist Contact: Kelli Kieselbach – Email: info@kellik.com.au Practice Type: Online and in-person Location: Broadview & Wynn Vale, South Australia Specialties: Fatigue, ME/CFS, Fibromyalgia, Post-Viral Illness, Digestive Issues, Stress & Anxiety Website: www.kellik.com.au Social Media: Facebook, Instagram & YouTube	Tummy Rescue - Danielle Elliott Modality: Naturopath Contact: Danielle Elliott, Tummy Rescue at SA Spine and Health – Email: tummyrescue@gmail.com – Tel: (08) 8297 3164 Clinic Days: Tuesday, Wednesday, Thursday Practice Type: Online and in-person Location: 463 Cross Road, South Plympton 5038 SA Specialties: Gut Health, IBS, SIBO, Crohn's Disease, Colitis, Coeliac Disease Website: www.tummyrescue.com.au/contact-us Social Media: Facebook Instagram
Healthful Wellness Hub Modality: Naturopath Contact: Jacqui Watts – Email: info@healthful.net.au – Tel: (08) 7084 2366 Clinic Days: Yes - Tuesday to Friday Practice Type: Online and in-person Location: Glenelg, South Australia Specialties: Hormone Health, Skin Health Website: www.healthful.net.au Social Media: Instagram Facebook	Margherita Officer Naturopath Modality: Nutritionist; Naturopath Contact: Margherita Officer – Email: margheritaofficer@me.com – Tel: 08 8332 2271 Clinic Days: Tuesday, Wednesday, Friday Practice Type: Online and in-person Location: 102 Portrush Road, Payneham South (Adelaide), SA Specialties: Gut health, Fertility, Children, Women's health Website: naturalhealthmedicine.com.au/meet-the-team/
Elemental Health and Nutrition Modality: Nutritionist Contact: rohan@elementalhealthandnutrition.com.au Availability: Tuesday, Wednesday, Friday Practice Type: Online and in-person Location: Eastwood, Adelaide, SA Specialties: Gut, Mental Health, Genetics, Chronic Fatigue Syndrome, Autoimmune	

Website: elementalhealthandnutrition.com.au Socials: Facebook , Instagram	
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Online-only Practitioners

Nourished Gut Clinic Modality: Naturopath; Nutritionist; Contact: Karly Raven - Email: hello@karlyraven.com Practice Type: Online only Specialties: IBS, SIBO, IBD & Food Intolerances Website: www.nourishedgutclinic.com Social media: Instagram	Steven Judge Clinical Naturopathy Modality: Naturopath; Nutritionist Contact: Steven Judge – Email: bookings@stevenjudge.com.au Clinic Days: Tuesday, Wednesday, Friday Practice Type: Online only Specialties: IBS, IBS, Leaky-Gut, SIBO, Mental Health, Endometriosis Website: www.stevenjudge.com.au Social media: Instagram
Rachel Larsson Modality: Naturopath; Nutritionist; Contact: Rachel Larsson - Email: hello@rachellarsson.com.au Practice Type: Online only Specialties: Gut Health: Bloating, IBS, SIBO, Food Intolerances, Inflammatory Bowel Disease, Coeliac Disease, Autoimmune disorders, Website: https://www.rachellarsson.com.au/ Social media: Instagram	Laura Taylor Health Modality: Naturopath Contact: Email - hello@laurataylorhealth.com.au Practice Type: Online only Specialties: IBS, SIBO, IBD, constipation, bloating Website: www.lurataylorhealth.com.au Social media: Instagram
Laura Kramer Aesara Health Modality: Naturopath; Nutritionist Contact: Laura Kramer – Email: laura@aesarahealth.com Clinic Days: Saturday Practice Type: Online only Specialties: cardiovascular health, mental health, autoimmune, men's health, menopause Website: aesarahealth.com Social media: Instagram	Christine Smith Nutrition Modality: Nutritionist Contact: Christine Smith www.christinesmith.com.au Clinic Days: Tuesday, Thursday, Friday Practice Type: Online only Website: www.christinesmith.com.au Social media: Instagram

The Women's Naturopath - Karen Saunders Modality: Naturopath; Nutritionist; Contact: Karen Saunders – Email: hello@karen-saunders.com Practice Type: Online only Location: Online Australia-Wide Specialties: Digestive health, hormonal conditions, vaginal health. Special interest in: IBS + bloating, endometriosis, PCOS, fertility, recurrent vaginal conditions Website: https://www.karen-saunders.com/ Social media: Instagram	Kate Spina Nutrition Modality: Nutritionist Contact: Kate Spina – Email: kate@katespinanutrition.com Practice Type: Online only Specialties: IBS, SIBO, food intolerances, gut bacteria imbalances Website: www.katespinanutrition.com Social media: Instagram
Dr Brad Leech Modality: Nutritionist; Naturopath Contact: Dr Brad Leech – Email: info@drbradleech.com Practice Type: Online only Specialties: Microbiome, Autoimmune Disease, Gut Health Website: www.DrBradLeech.com Social media: Instagram, Facebook, LinkedIn, YouTube	Blooming into Health Modality: Naturopath Contact: Maddison – Email: hello@bloomingintohealth.com.au Clinic Days: Thursdays Practice Type: Online only Specialties: Skin health, Thyroid Health, Gut Health Website: www.bloomingintohealth.com.au Social media: Instagram
Jade Walker Modality: Naturopath Contact: Jade Walker – Email: info@jadewalker.com.au Practice Type: Online only Specialties: Endometriosis, SIBO/IMO, ADHD Website: www.jadewalker.com.au Social media: Instagram	New Leaf Naturopathic Health Modality: Naturopath; Nutritionist; Herbalist Contact: Hannah Boyd Practice Type: Online only Specialties: Gut health, mental health, hormone health, immune health Website: www.new-leaf.com.au Social media: Instagram
The Hawrelak Gut and Microbiome Clinic Modality: Naturopath; Nutritionist; MRC Certified Microbiome Analyst Contact: Dr Jason Hawrelak ND, BNat (Hons), PhD – Tel: (03) 6234 4223 Practice Type: Online only Website: https://www.gouldsnaturalmedicine.com.au/dr-	Dania Foster Naturopathy Modality: Naturopath Contact: Dania Foster – Email: support@daniafoster.com Clinic Days: Monday, Wednesday, Thursday, Saturday Practice Type: Online only Location: Ipswich, QLD

Find a Practitioner near you

<u>jason-hawrelak-gut-and-microbiome-team</u> Social media: Instagram, Facebook	Specialties: Mother and child health Website: www.daniafoster.com Social media: Instagram, Facebook
Adina S Naturopathy Modality: Naturopath Contact: Adina Schon – Email: adina@adinathenaturopath.com – Tel: 0424 396 210 Practice Type: Online only Location: Online Specialties: Skin, Gut, Hormones Website: www.adinathenaturopath.com Social media: Instagram	Rachel Larsson Modality: Naturopath; Nutritionist Contact: Email: hello@rachellarsson.com.au Practice Type: Online only Specialties: Gut health, bloating, IBS, SIBO, food intolerances, IBD, Coeliac disease, constipation Website: https://www.rachellarsson.com.au/ Social media: Instagram, Facebook
Lianna Powell Naturopath Modality: Naturopath Contact: Lianna Powell – Email: liannapowellnaturopath@outlook.com Clinic Days: Monday to Friday Practice Type: Online only Location: Ballina, NSW Specialties: Women's health, reproductive health, fertility, gut health Website: www.liannapowellnaturopath.com Social media: Instagram	Natasja Fox Consulting Modality: Integrative Chinese Medicine & Nutrition Contact: Natasja Fox – Email: info@natasjafox.com Practice Type: Online only Location: Melbourne Specialties: Oral & Gut Health, Hormonal Balance, Burnout Recovery Website: www.natasjafox.com Social Media: Instagram, TikTok Other: Integrative Health Specialist offering evidence-based strategies for sustainable results
Alethea Mills Nutrition Modality: Nutritionist Contact: Alethea Mills – Email: health@aletheanutrition.net.au Practice Type: Online only Specialties: Sports nutrition, gut health Website: https://aletheanutrition.net.au/ Social media: Instagram	Balanced by Brooke Schiller Modality: Naturopath; Nutritionist Contact: Brooke Schiller – Email: hello@balancedbbs.com Practice Type: Online only Specialties: IBS, SIBO, bloating, constipation, diarrhoea, reflux, IBD Website: www.balancedbbs.com Social media: Instagram
Catherine Pritchard - Naturopath	Allison Jones

Find a Practitioner near you

Modality: Naturopath Contact: Catherine Pritchard – Tel: 02 9247 4633 Practice Type: Online only Specialties: Fatigue, digestive and microbiome health, thyroid dysfunction, hormonal imbalances Website: www.catherinepritchard.com.au	Modality: Naturopath; Nutritionist Contact: Allison Jones Practice Type: Online only Location: Sydney Specialties: Microbiome health, digestive health, hormonal health, endometriosis, anxiety, autoimmune conditions Website: www.bodyelectricvitality.com.au Social media: Instagram
The Paediatric Naturopath & Nutritionist Modality: Nutritionist Contact: Sara Kallis – Email: admin@thepaediaticnaturopath.com.au Clinic Days: Tuesday, Wednesday, Thursday Specialties: Paediatric Nutrition and Feeding Therapy Website: www.thepaediaticnaturopath.com.au Social media: Instagram & Facebook Practice Type: Online only	Mel Bald - The Passionate Nutritionist Modality: Nutritionist Contact: Mel Bald – Email: mel@thepassionatenutritionist.com.au – Tel: 0417 110 672 Practice Type: Online only Specialties: Perimenopause, Menopause, Ageing Well Website: www.thepassionatenutritionist.com.au Social media: Instagram & Facebook
Emi Macnish - Naturopath Modality: Naturopath Contact: Emi Macnish – Email: info@emi-macnish.com.au Practice Type: Online only Specialties: Endometriosis, PCOS, Reproductive Health, IBS Website: www.emi-macnish.com.au Social media: Instagram: Instagram	Karly Raven Modality: Naturopath Contact: Karly Raven, Nourished Gut Clinic – Email: hello@karlyraven.com Practice Type: Online only Specialties: IBS, SIBO, IBD Website: www.nourishedgutclinic.com Social Media: Instagram
Clear Skin Coach Modality: Naturopath Contact: Brooke Venables – Email: hello@clearskincoach.co Practice Type: Online only Location: Perth, WA	Emily Bryson Naturopathy Modality: Naturopath Contact: Emily Bryson – Tel: 0439 343 217 – Website: www.emilybryson.com.au Practice Type: Online and in-person Location: Naracoorte

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Specialties: Skin, gut, hormones Social Media: Instagram	Website: www.emilybryson.com.au Social Media: Instagram Facebook
GutCode Modality: Dietitian Contact: Nick Dunn – Email: hello@gutcode.co Clinic Days: Monday to Friday 8am-6pm Practice Type: Online only Website: gutcode.co Social Media: Instagram	Pranay Health Modality: Naturopath Contact: Tania Peta – Email: hello@pranay.au Website: www.pranay.au Clinic Days: Monday, Tuesday, Wednesday, Thursday, Friday Practice Type: Online only Location: Bondi Junction Specialties: Gut Health, Hormones, Sports Nutrition, Thyroid conditions Social Media: Instagram
The Gut Project Naturopathy Modality: Naturopath Contact: Jessica Cruze – Email: jessica@thegutproject.com.au – Website: www.thegutproject.com.au Practice Type: Online only Specialties: Inflammatory bowel disease, dysbiosis, intestinal permeability, SIBO, chronic gut complaints (bloating, constipation, diarrhoea) Website: www.thegutproject.com.au Social Media: Instagram Facebook Additional Info: Offers packages in addition to individual consultations	Bec Issell Health & Nutrition Modality: Nutritionist Contact: Bec Issell – Email: hello@becissellhealth.com.au – Tel: 0407 557 280 Practice Type: Online only Location: Gold Coast Specialties: Gut Health, Women's Health, Metabolic Health Website: www.becissellhealth.com.au Social Media: Facebook Instagram Additional Info: Supporting busy mums to nourish themselves & their families
Pranay Health Modality: Naturopath Contact: Tania Peta – Email: hello@pranay.au Clinic Days: Monday - Friday (12pm - 7pm) Practice Type: Online only Location: Bondi Junction Specialties: Gut & Mental Health, Thyroid Conditions,	Nicole Brown Naturopathy Modality: Naturopath; Nutritionist; Herbalist Contact: Website: www.nicolebrownnaturopathy.com Practice Type: Online only Location: Australia Wide and International Website: www.nicolebrownnaturopathy.com Social Media: Instagram

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Sports Nutrition Website: www.pranay.au Social Media: Instagram	
Nicole Peasnell - Seed and Flourish Naturopathy Modality: Naturopath; Herbalist Contact: Nicole Peasnell – Email: info@seedandflourish.com Clinic Days: Monday, Wednesday, Friday Practice Type: Online only Location: Brisbane Specialties: SIBO, IBS, Chronic digestive issues, Microbiome optimisation, Fertility and reproductive health, Thyroid health, Skin health, Autoimmunity Website: www.seedandflourish.com Social Media: Instagram Facebook Qualifications: Bachelor of Naturopathy	Gemma Knaap – Southernwood Apothecary & Clinic Modality: Naturopath Contact: Email: hello@southernwoodapothecary.com.au Practice Type: Online only Specialties: Women’s Health, Menopause & Perimenopause, Women’s Hormone Imbalances, Fertility, Gut Health Website: www.southernwoodapothecary.com.au Social Media: Facebook Instagram
Laura Kramer – Aesara Health Modality: Naturopath; Nutritionist Contact: Email: laura@aesarahealth.com Clinic Days: Monday–Friday Practice Type: Online only Location: Melbourne and Paris Specialties: Autoimmune, Menopause, Fertility, Cardiovascular disease, Mental health, IBS & IBD Website: aesarahealth.com Social Media: Instagram: Additional Info: Qualified yoga teacher, pre & postnatal exercise expert, and reiki practitioner	Raul Pastrana Modality: Naturopath Contact: Email: raul@rhreproductivehealth.com Clinic Days: Mondays, Tuesdays, and Thursdays Practice Type: Online only Location: Melbourne Specialties: Reproductive Health, IVF, Peri/Menopause, Male Hormones, Sperm Health Website: www.rhreproductivehealth.com Social Media: Instagram
Catharine Baker – Balance Me Nutrition Modality: Nutritionist	Amy Kelly – Naturopath & Nutritionist Modality: Naturopath; Nutritionist

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Contact: Email available via website Clinic Days: Friday or by appointment Practice Type: Online only Location: Sydney Specialties: IBD, weight management Website: www.balancemenutrition.com.au Social Media: Instagram	Contact: Email: amy@thepaediatricnaturopath.com.au Clinic Days: Tuesday, Thursday, Friday Practice Type: Online only
Allison Jones – Nutritionist and Naturopath Modality: Naturopath; Nutritionist Contact: Email: allisonjones@bodyelectricvitality.com.au Practice Type: Online only Location: Sydney Specialties: Dysbiosis, SIBO, IBS, IBD, Endometriosis, Autoimmune conditions, Skin health Website: www.bodyelectricvitality.com.au Social Media: Instagram Facebook	Di Hill Wellness Modality: Naturopath; Functional Medicine Practitioner Contact: Dianne Hill – Email: admin@dihillwellness.com.au Clinic Days: Monday to Friday, 8:30am–4:30pm Practice Type: Online only Location: Piara Waters, Perth, Western Australia Specialties: Complex multisystem health conditions, Gut health, Women’s health, Hormones, Autoimmune disease, Skin health, Nutrigenomics, Health optimisation, EDS, POTS, Healthy ageing Website: www.dihillwellness.com.au Social Media: Instagram Additional Info: The "Gut Health Optimiser 5-month personalised package" pairs well with Co-Biome
Nicole Brown Naturopathy Modality: Naturopath; Nutritionist; Herbalist Contact: Email: reception@nicolebrownnaturopathy.com Practice Type: Online only Website: www.nicolebrownnaturopathy.com Social Media: Instagram	Elysia Humphries – Naturopath & Nutritionist Modality: Naturopath; Nutritionist Contact: Email: hello@elysiahumphries.com Practice Type: Online only Specialties: Gut Health, Women’s Health, Complex health conditions, Autoimmune issues, ADHD, Autism, Pregnancy, Fertility Website: elysiahumphries.com Social Media: Instagram

Samantha Bake – Clinical Nutritionist Modality: Nutritionist Contact: Samantha Bake – Email: hello@samanthabake.com.au – Website: www.samanthabake.com.au Practice Type: Online only Location: Online / Melbourne Specialties: Paediatrics, especially PANS, PANDAS, OCD, tics, Autism, ADHD Website: www.samanthabake.com.au Social Media: Facebook Instagram	Lisa McDonald – Indigo Sage Health Modality: Naturopath Clinic Days: Tuesdays, Thursdays, and Saturdays Practice Type: Online only Location: Sydney, Australia Specialties: CIRS/Mould Illness, Gut Health, Hormone Health Website: www.lisamcdonald.com.au Social Media: Instagram
Kate Spina Nutrition Modality: Nutritionist Contact: Kate Spina – Email: kate@katespinanutrition.com Clinic Days: Monday, Tuesday, Wednesday, Thursday Practice Type: Online only Location: Sydney Specialties: IBS, SIBO, Microbiome Restoration, Functional Digestive Disorders Website: www.katespinanutrition.com Social Media: Instagram: Instagram	Marianne Fountain Modality: Naturopath; Naturopathic Herbalist Practitioner Contact: gutsybiome@gmail.com, 0411 517 322 Practice Type: Online and in-person
Lynda Griparic Modality: Naturopath; Nutritionist Contact: 0413 922 445 · info@lyndagriparic.com Availability: Monday–Friday Practice Type: Online (telehealth) Location: Australia, New Zealand, International (excluding US and Canada) Specialties: Gut health, constipation, SIBO, functional testing Website: www.lyndagriparic.com Socials: Instagram, YouTube, Facebook	Avril Morris Nutrition – Avril Morris Modality: Nutritionist Contact: hello@avrilmorrisnutrition.com.au Practice Type: Online only Location: Lockyer Valley, Queensland Website: avrilmorrisnutrition.com.au Socials: Instagram

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Natasja Fox Consulting Modality: TCM Herbalist with Functional Medicine Training (ACNEM) Contact: info@natasjafox.com Availability: Tuesday – Thursday Practice Type: Online only Location: Melbourne Specialties: Gut & oral health, hormonal health, burnout Website: natasjafox.com Socials: Instagram TikTok	Laura Kramer – Aēsara Health Modality: Naturopath Contact: laura@aesarahealth.com Availability: Monday to Friday, 4–8pm Practice Type: Online only Location: Northcote / Paris Specialties: CVD, menopause, mental health, IBD-IBS Website: aesarahealth.com Socials: Instagram
Clair Natural Health Modality: Naturopath; Nutritionist; Clinical Herbalist Contact: vanessa@clairnaturalhealth.com.au Availability: Tuesday, Wednesday, Thursday Practice Type: Online only Location: The Gap, QLD Specialties: Not specified Website: clairnaturalhealth.com.au Socials: Instagram	Good Guts Nutrition Modality: Nutritionist Contact: hello@goodgutsnutrition.com Availability: Not specified Practice Type: Online only Location: Not specified Specialties: Gut Health, Metabolic Health Website: goodgutsnutrition.com Socials: Instagram

ACT Practitioners

Rosie Naturopathy Modality: Naturopath Contact: Rosie Mingay – Email: contact@rosienaturopathy.com Clinic Days: Monday and Wednesday Practice Type: Online only Location: Canberra, ACT Specialties: Digestive health, reproductive health, immune health, histamine excess/MCAS Website: https://www.rosienaturopathy.com.au/ Social media: Instagram	Tilly Wardale – Earth and Seed Nutrition Modality: Nutritionist Contact: Tilly Wardale – Email: tilly@earthandseednutrition.com.au – Website: earthandseednutrition.com.au Clinic Days: Tuesday, Thursday, Friday Practice Type: Online and in-person Location: Canberra Specialties: Women's health, Children's health, Chronic Illness Website: earthandseednutrition.com.au Social Media: Instagram , Facebook , TikTok Additional Info: Offers free 15-minute discovery calls – Book here
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