

NSW Practitioners

<p>Carolyn Lowe</p> <p>Modality: Naturopath; Herbalist</p> <p>Contact: Carolyn Lowe – Tel: 0415874664 – email: carolyn@carolynlowe.com.au,</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Saturday</p> <p>Practice Type: Online only</p> <p>Location: NSW</p> <p>Specialties: Chronic Illness, Gut Health</p> <p>Website: carolynlowe.com.au</p>	<p>CK Health and Wellbeing</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Cody Kennedy – Email: admin@ckhealth.com.au – Tel: 02) 4077 3803</p> <p>Practice Type: Online and in-person</p> <p>Location: Merewether, Newcastle NSW</p> <p>Specialties: Microbiome, Auto Immune such as Lupus, IBD, Thyroid conditions and MS</p> <p>Website: https://ckhealth.com.au/</p> <p>Social Media: Facebook, Instagram</p>
<p>The Functional Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Email: admin@thefunctionalnaturopath.com</p> <p>Practice Type: Online only</p> <p>Location: Narrawallee NSW</p> <p>Specialties: Autoimmune disease, GI disorders, Coeliac Disease</p> <p>Website: www.thefunctionalnaturopath.com</p> <p>Social media: Instagram</p>	<p>Gut Feeling Naturopathics</p> <p>Modality: Naturopath</p> <p>Contact: Emily Sugars – Email: hello@gutfeelingnaturopathics.com – Tel: 0483955117</p> <p>Practice Type: Online only</p> <p>Location: NSW Australia</p> <p>Specialties: SIBO/IBS Microbiome Restoration Functional Digestive Disorders</p> <p>Website: www.gutfeelingnaturopathics.com</p>
<p>Wellness Vision</p> <p>Modality: Naturopath; Nutritionist; Functional Medicine Practitioner (IFMCP)</p> <p>Contact: Jasmin Polley -Email: admin@wellnessvision.com.au – Tel: 02 4989 6986</p> <p>Clinic Days: Tuesday - Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Atune Health Centre, 52 Ada Street, Cardiff NSW 2285</p> <p>Specialties: Functional Medicine, Gut health, Hormonal health</p> <p>Website: www.wellnessvision.com.au</p> <p>Social media: Instagram, Facebook, LinkedIn</p>	<p>Deena Jane Kelaita</p> <p>Modality: Nutritionist</p> <p>Contact: Deena Jane Kelaita -Email: info@deenajanekelaita.com – Tel: 0402 028 236</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Ryde, NSW</p> <p>Specialties: Gut health, IBD, Autoimmunity, Skin Health, Genetic Testing</p> <p>Website: www.deenajanekelaita.com</p> <p>Social media: Instagram</p>

<p>Sophie Thelosen - Nutritionist at Mosman Integrative Medicine</p> <p>Modality: Nutritionist</p> <p>Contact: Sophie Thelosen - Tel: 0448 485679 - Email: sophie.thelosen.nutritionist@gmail.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Mosman, NSW</p> <p>Specialties: Gut health - SIBO and microbiome. Post-viral fatigue. Autoimmune conditions.</p> <p>Website: www.mimpractice.com</p>	<p>Victoria Pavasovic</p> <p>Modality: Functional + Nutritional Medicine, RN, Food + Nutritional Coach</p> <p>Contact: Victoria Pavasovic - Email: victoria@vphealth.com</p> <p>Clinic Days: Tuesdays, Thursday & Friday by appointment only</p> <p>Practice Type: Online and in-person</p> <p>Location: Neutral Bay, Lower North Shore Sydney, Australia</p> <p>Specialties: Microbiome Health, Autoimmunity, Skin Health, Hair Health, Weight management</p> <p>Website: victoriapavasovic.com</p>
<p>Bronwyn Quinn Naturopathy</p> <p>Modality: Naturopath; Nutritionist;</p> <p>Contact: Bronwyn Quinn – Email: info@bronwynquinn.com.au</p> <p>Practice Type: Online and in-person</p> <p>Specialties: Gut health and microbiome analysis, perimenopause and the menopausal transition</p> <p>Website: www.bronwynquinn.com.au</p> <p>Social media: Instagram</p>	<p>Kylie Dowling Inside Out Wellness Hub</p> <p>Modality: Nutritionist</p> <p>Contact: Kylie Dowling – Email: nutritioninsideout@outlook.com – Tel: 0410 123 456</p> <p>Practice Type: Online and in-person</p> <p>Location: Mona Vale, NSW</p> <p>Specialties: Gut health (IBS, SIBO, IBD), women’s health (perimenopause)</p> <p>Website: www.nutritioninsideout.com.au</p>
<p>Dani Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Danielle Roger – Email: info@daninaturopathy.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Bronte and Paddington NSW</p> <p>Specialties: Digestive health, women’s health (including vaginal health)</p> <p>Website: www.daninaturopathy.com</p> <p>Social media: Instagram</p>	<p>Melissa Poczwa Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Melissa Poczwa – Email: melissa.naturopathy@gmail.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Shellharbour, NSW</p> <p>Specialties: Gut health and microbiome specialist, women’s reproductive health</p> <p>Website: www.melissapoczwa.com.au</p> <p>Social media: Instagram</p>
<p>Integrative Wellness Clinic</p> <p>Modality: Naturopath</p> <p>Contact: Email: admin@integrativewellnessclinic.au – Tel: 1300 211 922</p>	<p>Jayne Sharpham</p> <p>Modality: Naturopath</p> <p>Contact: Jayne Sharpham – Address: 230 Marius St, Tamworth NSW 2340</p>

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<p>Clinic Days: Monday - Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: U5, 63-65 Campbell Street, St Peters NSW 2044</p> <p>Specialties: Genetics, Hormone Health, Chronic Fatigue, Gut Health, Mental Health, Children/Adolescents Health</p> <p>Website: https://integrativewellnessclinic.au/</p> <p>Social media: Instagram</p> <p>Other: "By understanding the intricacies of your genetic code, you can make informed decisions about your health and wellness."</p>	<p>Clinic Days: Monday - Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Tamworth</p> <p>Specialties: Naturopath</p> <p>Website: www.tamworthnaturopathy.com.au</p>
<p>Skye Bartley</p> <p>Modality: Naturopath</p> <p>Contact: Skye Bartley – Email: info@skyebartley.com.au – Tel: 0407 197 250</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Southern Gold Coast and Northern NSW</p> <p>Specialties: Mental and emotional health, Adult ADHD, Sexual health, PMDD, PCOS, MAFLD, Insulin resistance</p> <p>Website: www.skyebartley.com.au</p> <p>Social media: Instagram</p>	<p>Oh Healthy Baby</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Laila Helena – Email: hello@ohhealthybaby.com</p> <p>Practice Type: Online only</p> <p>Location: Byron Bay Hinterland</p> <p>Specialties: Baby and toddler health, allergies, gut health</p> <p>Website: www.ohhealthybaby.com</p> <p>Social media: Instagram</p>
<p>Digest Health</p> <p>Modality: Nutritionist</p> <p>Contact: Julie Howell – Email: julie@digest.health</p> <p>Practice Type: Online and in-person</p> <p>Location: Bowral, NSW</p> <p>Specialties: Gut health, healthy ageing, metabolic health, autoimmune, IBS, mental health, health coaching</p> <p>Website: www.digesthealth.com.au</p> <p>Social media: LinkedIn</p>	<p>Simply Thrive</p> <p>Modality: Nutritionist</p> <p>Contact: Bec Lean – Email: bec@simplythrive.com.au – Tel: 0408 777 652</p> <p>Practice Type: Online and in-person</p> <p>Location: Somerville, VIC</p> <p>Specialties: Gut health, peri-menopause</p> <p>Website: www.simplythrive.com.au</p> <p>Social media: Instagram</p>
<p>Herb and Spice Naturopathy</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Lisa Hayne – Email: admin@herbandspice.net.au</p>	<p>The Rainbow Health Centre</p> <p>Modality: Naturopath</p> <p>Contact: Lee Vassella – Email:</p>

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<p>Practice Type: Online and in-person</p> <p>Location: Narrabri, NSW</p> <p>Website: https://www.herbandspice.com.au/</p> <p>Social Media: Instagram, Facebook</p>	<p>therainbowhealthcentre@gmail.com – Tel: 0484 076 120</p> <p>Practice Type: Online and in-person</p> <p>Location: Goonellabah (Lismore), NSW</p> <p>Website: www.rainbowhealthcentre.com</p>
<p>CK Health and Wellbeing</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Cody Kennedy – Email: admin@ckhealth.com.au – Tel: (02) 4077 3803</p> <p>Practice Type: Online and in-person</p> <p>Location: Merewether, Newcastle</p> <p>Specialties: IBS, IBD, Autoimmune Diseases</p> <p>Website: https://ckhealth.com.au/</p> <p>Social Media: Instagram, Facebook</p> <p>Other: Certified Microbiome Restoration Centre Practitioner</p>	<p>Helen Harvey Naturopath @ ATUNE</p> <p>Modality: Naturopath</p> <p>Contact: Tel: 02 4954 4511 – Email: reception@atune.com.au</p> <p>Location: 52 Ada St, Cardiff, NSW, 2282</p> <p>Specialties: Digestion, Autoimmunity, Hormonal Health, Pregnancy and Fertility, Children's Health</p> <p>Website: https://atune.com.au/helen-harvey-naturopath-medical-herbalist/</p>
<p>Anna Lusty - The Rainbow Health Centre</p> <p>Modality: Naturopath</p> <p>Contact: Anna Lusty – Email: info@rainbowhealthcentre.com – Tel: 0484 076 120</p> <p>Practice Type: Online and in-person</p> <p>Location: Goonellabah/Lismore</p> <p>Specialties: Gut Health, Women's Health, Fertility, Pregnancy, Integrative Oncology, Thyroid Disorders</p> <p>Website: www.rainbowhealthcentre.com</p>	<p>Josie Carin Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Josie Carin Naturopath – Email: hello@josiecarin.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Sapphire Beach (Coffs Harbour area)</p> <p>Specialties: Migraine, Women's Health, Metabolic Health and Weight Loss, Digestive Issues, Anxiety, Perimenopause, ADHD</p> <p>Website: www.josiecarin.com</p> <p>Social Media: Instagram</p>
<p>WellSet</p> <p>Modality: Nutritionist</p> <p>Contact: Karen Van Esveld, Clinical Nutritionist – Email: karen@wellset.com.au – Tel: 0499887775</p> <p>Clinic Days: Open full business hours 8-6pm</p> <p>Practice Type: Online and in-person</p> <p>Location: Vaucluse, Sydney</p> <p>Specialties: Gut health, disease prevention, weight loss, hormonal imbalances, osteoporosis, sports nutrition</p> <p>Website: www.wellset.com.au</p>	<p>Emma Sutherland</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Emma Sutherland – Email: info@studio-you.com.au – Tel: 9216 7600</p> <p>Clinic Days: Tuesday, Wednesday, Thursday, Friday, Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Balmain, Sydney</p> <p>Specialties: Female hormones, Gut health</p> <p>Website: www.studio-you.com.au</p>

<p>Social Media: Instagram</p>	<p>Social Media: Instagram</p>
<p>EDF Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Emma de Ferranti – Email: edfnutrition@gmail.com</p> <p>Clinic Days: Online appointments available daily, in-person appointments available on Saturdays</p> <p>Practice Type: Online and in-person</p> <p>Location: Mosman</p> <p>Website: www.edfnutrition.com.au</p> <p>Social Media: Instagram</p>	<p>The Healthy Ageing Coach</p> <p>Modality: Nutritionist; Health Coach</p> <p>Contact: Julie Howell – Email: julie@healthyageing.com.au – Website: www.healthyageing.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Bowral, NSW 2576</p> <p>Specialties: Gut health & microbiome analysis, IBS, inflammation, hormone imbalance, menopause, general nutrition, and healthy ageing</p> <p>Website: www.healthyageing.com.au</p> <p>Social Media: LinkedIn</p> <p>Additional Info: Experience a transformative approach to wellness using food as medicine to promote vitality and resilience. Understand your gut microbiome and optimize your health for longevity.</p>
<p>Jo's Herbadashery</p> <p>Modality: Herbalist (Western)</p> <p>Contact: Jo Morgan – Email: jo@theherbadashery.com</p> <p>Tel: 0404 837 473</p> <p>Clinic Days: Monday-Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Manly and Brookvale, NSW</p> <p>Specialties: Acute over-the-counter consultations available at the dispensary</p> <p>Website: www.theherbadashery.com</p> <p>Social Media: Instagram</p>	<p>Carter Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Carter Nutrition – Tel: 0257135585 –</p> <p>Practice Type: Online and in-person</p> <p>Location: Tamworth</p> <p>Specialties: Paediatric Health & Digestive Health (All ages)</p> <p>Website: www.carter-nutrition.com</p> <p>Social Media: Instagram Facebook</p>
<p>Cath Minter MSc – Hygea Apothecary Herbal Medicine Clinic and Dispensary</p> <p>Modality: Naturopath; Medical Herbalist</p> <p>Contact: Cath Minter MSc – Email: cath@hygeaapothecary.com.au – Tel: 0434 700 911</p> <p>Practice Type: Online and in-person</p>	<p>Elemental Health</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Jean Jarrett – Email: info@elementalhealth.net.au – Tel: 02 8084 0081</p> <p>Clinic Days: Monday to Saturday</p> <p>Practice Type: Online and in-person</p>

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<p>Location: Newcastle, NSW 2300</p> <p>Specialties: Integrative Oncology, Cancer Care</p> <p>Website: hygeaapothecary.com.au</p> <p>Social Media: Instagram</p> <p>Additional Info: ATMS Practitioner of the Year 2024</p>	<p>Location: St. Ives, NSW 2075</p> <p>Specialties: Digestive conditions (IBS, IBD), Allergies, Skin conditions, PANS/PANDAS, Children's health</p> <p>Website: www.elementalhealth.net.au</p> <p>Social Media: Instagram</p>
<p>Inside Out Wellness Hub</p> <p>Modality: Nutritionist</p> <p>Contact: Kylie Dowling – Email: kylie@insideoutwellnesshub.com.au – Tel: 0438 554 680</p> <p>Clinic Days: Monday to Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Narrabeen, Sydney's Northern Beaches</p> <p>Website: www.insideoutwellnesshub.com.au</p> <p>Social Media: Instagram</p>	<p>Victoria Pavasovic – AGEWELL Pty Ltd</p> <p>Modality: RN Certified Functional and Nutritional Medicine Practitioner</p> <p>Contact: Victoria Pavasovic – Email: victoria@vphealth.com</p> <p>Clinic Days: Tuesday, Thursday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Neutral Bay, Lower North Shore, Sydney</p> <p>Specialties: Autoimmunity, Skin and Hair Health, Weight Optimisation, Medically Compounded Skin Care</p> <p>Website: victoriapavasovic.com</p> <p>Social Media: Facebook Instagram</p> <p>Additional Info: Over 40 years as an AHPRA registered provider, with international training and accreditations. Offers one-on-one personalised consultations and treatment plans.</p>
<p>Anna Szalay</p> <p>Modality: Naturopath</p> <p>Contact: anna.szalay@outlook.com.au</p> <p>Availability: Not specified</p> <p>Practice Type: Online and in-person</p> <p>Location: North Sydney</p> <p>Specialties: Gut health, thyroid, autoimmune</p> <p>Website: annaszalay.com</p> <p>Socials: Instagram</p>	<p>Ema Davis (Naturopath, BHSc)</p> <p>Modality: Naturopath</p> <p>Contact: emadavisnaturopathy.com.au, MOB: 0491 778 129</p> <p>Availability: Monday & Tuesday, 10am – 4:30pm</p> <p>Practice Type: Online and in-person</p> <p>Location: Albury / Wodonga</p> <p>Specialties: Gut issues, weight loss, eczema & allergies, chronic inflammatory disorders, burnout</p> <p>Website: emadavisnaturopathy.com.au</p>

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	Socials: Instagram
Jessie-Anne El-Tannoury – Botanical Abundance Modality: Naturopath Contact: jessie@botanicalabundance.com.au Availability: Wednesday, Thursday Practice Type: Online and in-person Location: Surry Hills, Sydney Specialties: Genito-urinary vaginal health, hormonal and menstrual wellbeing, fertility Website: botanicalabundance.com.au Socials: Instagram	Helena Lutzenberger – Helena Lutz Nutritionist & Naturopath Modality: Naturopath; Nutritionist Contact: hello.helenalutz@gmail.com 0435 139 259 Availability: Mondays, Wednesdays, Fridays, Saturdays Practice Type: Online and in-person Location: Ballina Shire, NSW, 2478 Specialties: Gut & Hormonal Health Website: helenalutz.com.au Socials: Instagram
Katrina Sarpi – Katuropath Modality: Naturopath Contact: katrina@katuropath.com.au Availability: Monday, Wednesday, Saturday Practice Type: Online and in-person Location: Gregory Hills (South West Sydney) Website: katuropath.com.au Socials: Instagram	Maryssa Kiriczenko – Heal Through Health Modality: Nutritionist Contact: info@healthroughhealth.com.au , 0439 294 668 Availability: Monday, Wednesday, Thursday, Friday, Saturday (by appointment) Practice Type: Online and in-person Location: Corrimal Specialties: Gut Health, Skin Health, Metabolic Health Website: healthroughhealth.com.au

VIC Practitioners

Ebony Jordan - Thrive Health Clinic Modality: Naturopath Contact: Ebony Jordan – Email: hello@thrivehealthclinic.com.au , Tel: 0493671773 Practice Type: In-person only	Melissa Hobbs - Humble Naturopathics Modality: Naturopath Contact: Melissa Hobbs – Email: hello@humblenaturopathics.com.au Practice Type: Online only
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<p>Location: Horsham, Victoria</p> <p>Website: www.thrivehealthclinic.com.au</p> <p>Social Media: Instagram, Facebook</p>	<p>Location: Mildura, Victoria</p> <p>Website: www.humblenaturopathics.com.au</p> <p>Social Media: Instagram, Facebook</p>
<p>Karah Edwards- The Sana Co</p> <p>Modality: Naturopath</p> <p>Contact: Karah Edwards – Email: karah@thesanaco.com.au - Tel: 03 5298 2642</p> <p>Practice Type: Online and In-person</p> <p>Location: Geelong, VIC</p> <p>Specialties: IBD, IBS and GORD</p> <p>Website: www.thesanaco.com.au</p> <p>Social media: Instagram</p>	<p>By Blu Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Briana Surkitt - Email: briana@byblunaturopathy.com - Phone: 0476190708</p> <p>Practice Type: Online and in-person</p> <p>Location: Warrnambool, VIC</p> <p>Specialties: Gut health</p> <p>Website: www.byblunaturopathy.com</p> <p>Social media: Instagram</p>
<p>Georgenat</p> <p>Modality: Naturopath</p> <p>Contact: Georga Holt – Email: hello@georgenat.com ,</p> <p>Clinic Days: Monday, Thursday, Friday & Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Collingwood & Online</p> <p>Specialties: Gut, Skin & Hormones</p> <p>Website: https://georgenat.squarespace.com/</p> <p>Social media: Instagram</p>	<p>Louisa Carter Health</p> <p>Modality: Naturopath</p> <p>Contact: Louisa Carter – Email: louisa@louisacarterhealth.com.au Tel: 0427989613,</p> <p>Clinic Days: Thursday, Friday and Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Preston, Melbourne</p> <p>Specialties: Women's health, Healthy aging, Perimenopause.</p> <p>Website: louisacarterhealth.com.au</p> <p>Social media: Instagram</p>
<p>Katie Blakely Wellness</p> <p>Modality: Naturopath</p> <p>Contact: Katie Blakely – Email: hello@katieblakely.com.au</p> <p>Clinic Days: Monday-Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Croydon, Victoria</p> <p>Specialties: Maternal health - preconception care, pregnancy, postpartum & beyond. Gut health & mental health</p> <p>Website: https://katieblakely.com.au/</p> <p>Social media: Instagram</p>	<p>Kirily Thomas Integrative Naturopath Naturally Balanced Healthcare</p> <p>Modality: Naturopath; Microbiome Analyst</p> <p>Contact: Website: www.naturallybalancedhealthcare.com</p> <p>Clinic Days: Tuesday, Wednesday, Thursday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Belgrave Heights (VIC)</p> <p>Specialties: Gastrointestinal Disorders, Microbiome Imbalances, Mental Health, Women's Health & Chronic/Complex Illness</p> <p>Website: www.naturallybalancedhealthcare.com</p> <p>Social media: Facebook, Instagram</p>

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<p>Big Bowl of Happy Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Beck O'Farrell, Email: beckofarrell@bigpond.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Macedon VIC</p> <p>Specialties: Digestive health clinic. Also cooking workshops highlighting high fibre, plant-based, diversity rich diets.</p> <p>Website: www.bigbowlhappy.com.au</p> <p>Social media: Instagram, Facebook</p>	<p>Natalie Earles</p> <p>Modality: Naturopath</p> <p>Contact: Natalie Earles – Tel: 03 9337 8572</p> <p>Location: Essendon VIC 3040</p> <p>Specialties: Digestive Health, Skin concerns, Autoimmune conditions</p> <p>Website: www.natalieearles.com.au</p>
<p>Celine Marie Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Email: celine@celinemarienurography.com.au</p> <p>Clinic Days: Tuesday, Friday & Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Kensington VIC 3031</p> <p>Specialties: Women's Health Naturopath - Endometriosis, Gut Health, Menstrual Cycle, Skin</p> <p>Website: celinemarienurography.com.au</p> <p>Social media: Instagram</p>	<p>Monica's Herbal Health</p> <p>Modality: Naturopath</p> <p>Contact: Monica Roberts – Tel: 0410 234 567</p> <p>Clinic Days: Tuesday - Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Lilydale</p> <p>Specialties: Naturopath</p> <p>Website: https://www.croydonherbalhealth.com/</p>
<p>Ashley Von Arx Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Ashley Von Arx – Email: hello@ashleyvonarx.com.au</p> <p>Clinic Days: Mondays, Fridays, and some Saturdays</p> <p>Practice Type: Online and in-person</p> <p>Location: Fitzroy, VIC</p> <p>Website: https://ashleyvonarx.com.au</p> <p>Social media: Instagram</p>	<p>Freya Lawler Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Freya Lawler – Email: freya@freyalawler.com.au</p> <p>Clinic Days: Monday-Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Melbourne</p> <p>Specialties: Endometriosis, Fertility, Hormones</p> <p>Website: www.freyalawler.com.au</p>
<p>Lisa Dunlop Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Lisa Dunlop – Website:</p>	<p>Leila DiQuinzio</p> <p>Modality: Naturopath</p> <p>Contact: Leila DiQuinzio – Email: hello@leiladiquinzio.com</p>

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<p>https://www.lisadunlopnaturopath.com.au/</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Geelong, Victoria</p> <p>Specialties: Gut Health - IBS, SIBO</p> <p>Website: https://www.lisadunlopnaturopath.com.au/</p> <p>Social media: Instagram</p>	<p>Practice Type: Online and in-person</p> <p>Location: Northcote, Melbourne</p> <p>Specialties: Gut health (particularly IBS & SIBO), mental health</p> <p>Website: www.leiladiquinzio.com</p> <p>Social media: Instagram</p>
<p>Naturopath Jade Flint</p> <p>Modality: Naturopath</p> <p>Contact: Jade Flint (they/she) – Email: jade@naturopathjadeflint.com</p> <p>Clinic Days: Monday, Wednesday, Thursday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Fitzroy, Melbourne</p> <p>Specialties: LGBTQIA+ health, gut health, immune health, mental health, hormonal health, skin health</p> <p>Website: https://naturopathjadeflint.com/</p> <p>Social media: Instagram</p>	<p>Naturopathical</p> <p>Modality: Naturopath</p> <p>Contact: Natalie Gibson – Tel: 0438 311 284</p> <p>Practice Type: Online and in-person</p> <p>Location: Williamstown, VIC, and online</p> <p>Specialties: Digestive health, autoimmune disease, thyroid health</p> <p>Website: www.naturopathical.com.au</p> <p>Social media: Instagram</p>
<p>Urban Sense Wellness</p> <p>Modality: Naturopath</p> <p>Contact: Cheryl Penna – Email: reception@urbansense.com.au – Tel: 0417 308 863</p> <p>Clinic Days: Monday, Wednesday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Clifton Hill, VIC</p> <p>Specialties: Women's health, healthy ageing, gut and digestive issues</p> <p>Website: www.urbansense.com.au</p>	<p>Rude Health</p> <p>Modality: Naturopath; Nutritionist; Herbalist</p> <p>Contact: Amanda James – Website: www.rudehealth.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Kyneton, VIC</p> <p>Specialties: Gut health, skin health, hormonal health, menopause</p> <p>Website: www.rudehealth.com.au</p> <p>Social media: Instagram</p>
<p>Tina Jenkins - Fertile Ground Health Group</p> <p>Modality: Naturopath</p> <p>Contact: Website: www.fertileground.com.au – Tel: 9419 9988</p> <p>Clinic Days: Monday, Tuesday, Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Collingwood, VIC</p>	<p>Simone Goulding Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Simone Goulding – Email: info@simonegoulding.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: South-east Melbourne</p> <p>Specialties: Gut health, fertility, hormonal health</p>

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<p>Specialties: Fertility, preconception care, pregnancy, women's health</p> <p>Website: www.fertileground.com.au</p>	<p>Website: www.simonegoulding.com.au</p> <p>Social Media: Instagram, Facebook</p>
<p>Rocco DI Vincenzo - Brunswick Integrative Care</p> <p>Modality: Dietitian; Nutritionist</p> <p>Contact: Rocco Di Vincenzo – Email: rocco@brunswickintegrativecare.com.au – Tel: (03) 9386 5557</p> <p>Clinic Days: Monday to Friday (except Thursdays) from 9am-5pm</p> <p>Practice Type: Online and in-person</p> <p>Location: Brunswick East, Melbourne, VIC</p> <p>Specialties: Gastrointestinal and liver dysfunction (including MAFLD), neurological disorders (depression/anxiety), neuropsychiatric disorders (ASD), autoimmune disorders, metabolic syndrome</p> <p>Website: www.brunswickintegrativecare.com.au</p> <p>Social Media: Instagram, Facebook</p>	<p>Mata Wellbeing</p> <p>Modality: Naturopath</p> <p>Contact: Eleni Cico – Email: hello@matawellbeing.au – Tel: 0422 845 544</p> <p>Clinic Days: Monday to Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Moonee Ponds, VIC</p> <p>Specialties: Skin health, gut health</p> <p>Website: www.matawellbeing.au</p> <p>Social media: Instagram</p>
<p>Earth Woman Medicine</p> <p>Modality: Naturopath; Ayurveda</p> <p>Contact: Edwina Crawford – Email: edwinacrawfordnaturopathy@gmail.com – Tel: 0414 415 905</p> <p>Practice Type: Online and in-person</p> <p>Location: Melbourne</p> <p>Specialties: Nervous system, mood, gut health, female health</p> <p>Website: www.earthwomanmedicine.com</p> <p>Other: For bookings: https://elkandme.com.au</p> <p>Social Media: Instagram, Facebook</p>	<p>Rathdowne Street Chinese Medicine</p> <p>Modality: Acupuncturist and Chinese Herbal Medicine Practitioner</p> <p>Contact: Daniel Godel – Email: rathcmc@gmail.com – Tel: 9349 2677</p> <p>Clinic Days: Monday 9-6, Wednesday-Friday 9-6</p> <p>Practice Type: Online and in-person</p> <p>Location: Carlton North, VIC</p> <p>Website: www.danielgodel.com.au</p> <p>Specialties: Certified Healthy Gut Practitioner and Microbiome Analyst</p>
<p>The Friendly Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Jamie Friend – Email: info@thefriendlynaturopath.com.au – Tel: 0407 507 390</p> <p>Practice Type: Online and in-person</p>	<p>Tina Koutoukidis</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Tina Koutoukidis – Email: info@theholisticremedy.com.au – Tel: 0478 810 866</p> <p>Clinic Days: Every day except Sunday</p>

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<p>Location: Highett, VIC</p> <p>Specialties: General health, fatigue, thyroid conditions, fertility, skin conditions (acne, eczema, psoriasis)</p> <p>Website: www.thefriendlynaturopath.com.au</p> <p>Social media: Instagram</p>	<p>Practice Type: Online and in-person</p> <p>Location: Essendon</p> <p>Specialties: Gut Health, Mental Health, Autoimmunity</p> <p>Website: www.theholisticremedy.com.au</p> <p>Social media: Instagram</p>
<p>Greta Leeson - Naturopathy</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Greta Leeson – Email: gretaleeson@gmail.com – Tel: 5444 3211</p> <p>Practice Type: Online and in-person</p> <p>Location: Bendigo, VIC</p> <p>Specialties: Microbiome, burnout, autoimmune conditions</p> <p>Website: www.naturopathicconnections.com.au</p> <p>Social media: Instagram</p>	<p>Emma Wisbey Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Emma Wisbey – Email: emmawisbey@hotmail.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Geelong</p> <p>Specialties: Family Health</p> <p>Website: www.emmawisbeynaturopath.com.au</p> <p>Social media: Instagram</p>
<p>Paradigm Nutrition</p> <p>Modality: Clinical Nutritionist & Pharmacist</p> <p>Contact: Melanie Makris – Email: melanie@paradigmnutrition.com.au – Tel: 03 4440 1940</p> <p>Clinic Days: Tuesdays and Fridays</p> <p>Practice Type: Online and in-person</p> <p>Location: 78A Barkly St, Bendigo, VIC 3551</p>	<p>Plumeria Wellness - Monique Evans Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Monique Evans – Email: monique@plumeriawellness.com.au – Tel: 0433 086 582</p> <p>Clinic Days: Wednesday and Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Plenty, Victoria and Online</p> <p>Specialties: Emotional and mental health, sexual health, digestive health, hormonal health</p> <p>Website: www.plumeriawellness.com.au</p> <p>Social Media: Instagram Facebook</p>
<p>Radiant Naturopathics</p> <p>Modality: Naturopath</p> <p>Contact: Aimee Joubert – Email: aimee@radiantnaturopathics.com.au – Tel: 0411 525 795</p> <p>Clinic Days: Monday, Thursday, Friday, and Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Online and at Stable Health in Travancore, VIC</p> <p>Website: www.radiantnaturopathics.com.au</p>	<p>Erin Dalton Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Erin Dalton – Email: erin@erindaltonnaturopathy.com.au – Tel: 0493 966 620</p> <p>Practice Type: Online and in-person</p> <p>Location: Frankston VIC 3199</p> <p>Website: www.erindaltonnaturopathy.com.au</p>

<p>Social Media: Instagram Facebook</p>	<p>Social Media: Instagram</p>
<p>Intuitive Body Naturopath - Andrea Dalton</p> <p>Modality: Naturopath</p> <p>Contact: Andrea Dalton – Email: naturopathy@andreadalton.com.au – Tel: 0497 110 880</p> <p>Practice Type: Online and in-person</p> <p>Location: Mildura, VIC</p> <p>Specialties: Women’s Health, Vaginal Microbiome, Gut Microbiome</p> <p>Website: www.andreadalton.com.au</p> <p>Social Media: Instagram</p>	<p>Every Season Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Email: hello@everyseasonnaturopathy.com.au –</p> <p>Clinic Days: Appointments available 7 days</p> <p>Practice Type: Online and in-person</p> <p>Location: Ballarat, Victoria</p> <p>Specialties: Concussion & post-concussion, Autoimmune, complex presentations, women’s health, skin health</p> <p>Website: www.everyseasonnaturopathy.com.au</p> <p>Social Media: Instagram</p>
<p>The Vag Hormone Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Alison Patchett – Email: hello@thevaghormonenaturopath.com.au</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Mount Waverley, VIC</p> <p>Website: thevaghormonenaturopath.com.au</p> <p>Social Media: Instagram</p>	<p>Natalie Cruttenden</p> <p>Modality: Naturopath</p> <p>Contact: Natalie Cruttenden – Email: info@resonancetherapy.com.au – Tel: 03 9885 5964</p> <p>Practice Type: Online and in-person</p> <p>Location: Ashburton, VIC</p> <p>Specialties: SIBO, gut health, peri and post menopause</p> <p>Website: www.resonancetherapy.com.au</p>
<p>Nurcha Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Sienna Mihaly – Email: info@nurchanutritions.com.au – Tel: 0419 524 449</p> <p>Clinic Days: Monday, Tuesday, Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Geelong, VIC</p> <p>Specialties: Gut health, energy, skin, sleep, mood, hormones</p> <p>Website: www.nurchanutritions.com.au</p> <p>Social Media: Instagram</p>	<p>Monica's Herbal Health</p> <p>Modality: Naturopath</p> <p>Contact: Monica Roberts – Email: croydonherbalhealth@gmail.com – Tel: 0410 206 252</p> <p>Practice Type: Online and in-person</p> <p>Location: Lilydale</p> <p>Website: www.croydonherbalhealth.com</p>
<p>The Friendly Naturopath</p> <p>Modality: Naturopath</p>	<p>Maryam Integrative Naturopath</p> <p>Modality: Naturopath</p>

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<p>Contact: Jamie Friend – Email: info@thefriendlynaturopath.com.au – Tel: 0407 507 390</p> <p>Clinic Days: Tuesday-Friday (9:00am-8:00pm), Saturday (9:00am-1:00pm)</p> <p>Practice Type: Online and in-person</p> <p>Location: Highett, VIC</p> <p>Specialties: Fertility, Pregnancy & Paediatric Care, Gastrointestinal Health, Thyroid Conditions, and Reproductive Wellbeing</p> <p>Website: www.thefriendlynaturopath.com.au</p> <p>Social Media: Instagram Facebook</p> <p>Qualifications: Bachelor of Health Science (Naturopathy), NHAA</p>	<p>Contact: Maryam Omran – Email: integrativenaturopath@outlook.com</p> <p>Clinic Days: Monday-Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Dallas, VIC</p> <p>Specialties: Microbiome analysis, Cardiovascular Health, Concomitant prescribing, Diabetes education</p> <p>Social Media: Instagram</p>
<p>The Nutrition Factor</p> <p>Modality: Nutritionist</p> <p>Contact: Vicky Ellenport – Email: Vicky@thenutritionfactor.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Bayside Melbourne</p> <p>Specialties: Gut health, IBD, SIBO, Autoimmune</p> <p>Website: www.thenutritionfactor.com.au</p> <p>Social Media: Instagram</p>	<p>Indra Share</p> <p>Modality: Naturopath</p> <p>Contact: Indra Share – Melbourne Natural Medicine Clinic 225 Park Street, South Melbourne VIC 3205</p> <p>Phone: 03 9686 2566 – Email: info@melbournenaturalmedicine.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: South Melbourne</p> <p>Website: www.melbournenaturalmedicine.com.au</p>
<p>Simone Goulding Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Simone Goulding – Email: info@simonegoulding.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: South East Melbourne</p> <p>Specialties: Gut health, fertility, hormonal health, thyroid health</p> <p>Website: www.simonegoulding.com.au</p>	<p>By Nature Holistic Health</p> <p>Modality: Naturopath</p> <p>Contact: Website: www.bynatureholistichealth.com.au – Tel: 0413 645 219</p> <p>Practice Type: Online and in-person</p> <p>Location: South Morang, Victoria</p> <p>Specialties: Paediatrics, ASD, ADHD, PANS/PANDAS</p> <p>Website: www.bynatureholistichealth.com.au</p> <p>Social Media: Instagram</p>
<p>Katie Hopcraft Clinical Nutritionist</p> <p>Modality: Nutritionist</p>	<p>Jad Patrick Naturopathy</p> <p>Modality: Naturopath; Counsellor</p>

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<p>Contact: Katie Hopcraft – Email: admin@katiehopcraft.com.au</p> <p>Clinic Days: Tuesdays and Thursdays</p> <p>Practice Type: Online and in-person</p> <p>Location: Richmond, Melbourne</p> <p>Website: www.katiehopcraft.com.au</p> <p>Social Media: Instagram</p>	<p>Contact: Jad Patrick – Email: jad@prahranhealthfoods.com.au – Website: jadpatrick.com</p> <p>Clinic Days: Mondays and Fridays, 10am–5pm (Telehealth and in-person)</p> <p>Practice Type: Online and in-person</p> <p>Location: South Yarra, Victoria</p> <p>Specialties: Gut health and Mental Health</p> <p>Website: jadpatrick.com</p> <p>Social Media: Facebook Instagram</p>
<p>Rocco Di Vincenzo – Brunswick Integrative Care</p> <p>Modality: Dietitian</p> <p>Contact: Rocco Di Vincenzo – Email: rocco@brunswickintegrativecare.com.au – Tel: (03) 9386 5557 – Mobile: 0416 244 200</p> <p>Clinic Days: Monday to Friday (except Thursdays), 9am–5pm</p> <p>Practice Type: Online and in-person</p> <p>Location: Brunswick East, Melbourne, Victoria</p> <p>Specialties: Gastrointestinal and liver dysfunction/disorders (including MAFLD), Neurological disorders (e.g., depression, anxiety), Neuropsychiatric disorders (ASD), Autoimmune disorders, Metabolic syndrome</p> <p>Website: www.brunswickintegrativecare.com.au</p> <p>Social Media: Facebook Instagram</p>	<p>Romy Sheppard Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Romy Sheppard – Website: www.romynutrition.com.au</p> <p>Clinic Days: Monday and Wednesday</p> <p>Practice Type: Online and in-person</p> <p>Location: Rye, VIC (Mornington Peninsula)</p> <p>Specialties: Gastrointestinal health conditions, Vaginal health conditions</p> <p>Website: www.romynutrition.com.au</p> <p>Social Media: Instagram</p>
<p>Elita Dabrowski</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: info@elitadabrowski.com.au, 0447 0447 27</p> <p>Practice Type: Online and in-person</p> <p>Location: 83 Oshanassy St, Sunbury, VIC 3429</p> <p>Specialties: Gut Health & Microbiome, Hormonal Health / Perimenopause Support, Skin Health (Acne, Eczema, Gut–Skin Axis)</p>	<p>Nurcha Nutrition – Sienna Mihaly</p> <p>Modality: Nutritionist</p> <p>Contact: www.nurchanutrition.com.au</p> <p>Availability: Monday, Tuesday, Thursday, Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Geelong, VIC 3220</p> <p>Specialties: Gut health, skin health, energy, mood balance, weight management</p>

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<p>Website: elitadabrowski.com.au</p> <p>Socials: Instagram, Facebook, TikTok</p> <p>Notes: Combines functional testing with natural medicine for personalized care.</p>	<p>Website: nurchanutrition.com</p> <p>Socials: Instagram</p>
<p>Louise Gerry – Naturopathic Connections</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: reception@naturopathicconnections.com.au, 0459 469 447</p> <p>Availability: Monday to Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Bendigo, Victoria & online</p> <p>Specialties: Gut health, autoimmune conditions, skin, hormone imbalances, functional testing</p> <p>Website: naturopathicconnections.com.au</p> <p>Socials: Instagram, Facebook</p>	<p>Unmasked Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: hello@unmaskednaturopath.com.au, 0413 819 425</p> <p>Availability: Tuesday to Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: South Morang, VIC 3752</p> <p>Specialties: Autistic and ADHD women and children, hormonal sensitivity, MCAS, Histamine intolerance, IBS, IBD</p> <p>Website: unmaskednaturopath.com.au</p> <p>Socials: Instagram</p>
<p>Merge Health</p> <p>Modality: Naturopath</p> <p>Contact: ask@mergehealth.com.au, (03) 9889 8008</p> <p>Availability: Monday to Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Richmond</p> <p>Specialties: Chronic Fatigue Syndrome, Mould Illness, Lyme Disease, Chronic infections, SIBO, Mental Health</p> <p>Website: mergehealth.com.au</p> <p>Socials: Instagram</p>	<p>Lucy Moores – Flow Herbal</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: hello@flowherbal.com.au</p> <p>Availability: Monday to Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Melbourne</p> <p>Specialties: IBS, IBD, SIBO, acne</p> <p>Website: flowherbal.com.au</p> <p>Socials: Instagram</p>
<p>Janey Tracanelli – Phyto Alchemy Naturopathy</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: hello@phytoalchemy.com.au 0432 202 907</p> <p>Availability: Monday to Friday</p> <p>Practice Type: Online and in-person</p>	<p>Natalie Gibson – Naturological</p> <p>Modality: Naturopath</p> <p>Contact: info@naturological.com.au, 0438 311 284</p> <p>Practice Type: Online and in-person</p> <p>Location: Williamstown, Victoria 3023</p> <p>Specialties: Digestive health, thyroid health, immune</p>

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<p>Location: Phillip Island</p> <p>Specialties: Gut health, reproductive health, cardiovascular health</p> <p>Website: phytoalchemy.com.au</p> <p>Socials: Instagram</p>	<p>health</p> <p>Website: naturological.com.au</p> <p>Socials: Instagram, Facebook</p>
<p>Anita Di Stasio – Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: homstudy@bigpond.com, 0438 359 206</p> <p>Practice Type: In-person only</p> <p>Location: Riddells Creek, Victoria</p> <p>Specialties: Gut Health, Diabetes, Cardiovascular Health, Thyroid issues</p> <p>Website: homstudy.au</p> <p>Notes: Naturopath for 33 years, Registered Nurse Div 1 for 40 years (now retired)</p>	

QLD Practitioners

<p>Sarah Mundell</p> <p>Modality: Nutritionist</p> <p>Contact: Sarah Mundell – Email: hello@sarahkateco.com.au – Tel: 0402 506 667</p> <p>Practice Type: Online only</p> <p>Location: Brisbane</p> <p>Website: https://sarahkateco.com.au</p> <p>Social media: Instagram</p>	<p>Kelly Allan - The KAN Clinic</p> <p>Modality: Naturopath</p> <p>Contact: Email: info@thekancinic.com.au Tel: 0420549035</p> <p>Practice Type: Online and in-person</p> <p>Location: Graceville, Brisbane</p> <p>Specialties: Paediatrics, vaginal health, eczema, SIBO</p> <p>Website: www.thekancinic.com.au</p> <p>Social Media: Instagram, Facebook</p>
<p>Chloe Louise from Innerform Health</p> <p>Modality: Nutritionist</p> <p>Contact: Chloe Louise – Email: chloe@innerformhealth.com – Tel: +61 493 189 124</p> <p>Practice Type: Online only</p>	<p>Marianne Fountain</p> <p>Modality: Naturopathic Herbalist</p> <p>Contact: Marianne Fountain</p> <p>Practice Type: Online and in-person</p>

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<p>Location: Sunshine Coast, Queensland</p> <p>Specialties: Certified Practicing Nutritionist (CPN). Gut Health & Digestive Imbalances. Mental Health & Mood. Support Nervous System Support. Weight Management & Metabolic Health. Chronic Disease Prevention & Wellness</p> <p>Website: https://innerformhealth.com/nutrition</p> <p>Social Media: Instagram, Facebook</p>	
<p>Brendan O’Loughlin</p> <p>Modality: Naturopath; Acupuncturist</p> <p>Contact: Brendan O’Loughlin – Kula Health –</p> <p>Website: www.kulahealth.com.au</p> <p>Clinic Days: Monday – Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: New Farm, Brisbane</p> <p>Website: www.kulahealth.com.au</p> <p>Social media: Instagram</p>	<p>Lesley Baker - Integrated Wellness Clinic & Lesley Baker Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Lesley Baker – Websites: Integrated Wellness Clinic & Lesley Baker Naturopath</p> <p>Practice Type: Online and in-person</p> <p>Location: Mooloolaba & Little Mountain</p> <p>Specialties: Gut health, Inflammatory Bowel Disease, GORD, H Pylori, Constipation, Reflux, SIBO, SIMO, Microbiome Optimisation, Autoimmune Disorders</p> <p>Website: Integrated Wellness Clinic</p> <p>Website: Lesley Baker Naturopath</p>
<p>Naturale-Her</p> <p>Modality: Naturopath</p> <p>Contact: Odette Lydford – Email: odette@naturale-her.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Sunshine Coast, QLD</p> <p>Specialties: Aging and longevity, women’s reproductive health, menopause, gut issues</p> <p>Website: www.naturale-her.com.au</p>	<p>The Eczema Naturopath</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Belinda Byrnes – Email: info@theeczemanaturopath.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Gaythorne, Brisbane</p> <p>Specialties: Eczema, digestive health</p> <p>Website: www.theeczemanaturopath.com.au</p> <p>Social media: Instagram</p>
<p>Kalari Healing</p> <p>Modality: Naturopath</p> <p>Contact: Lalita Yagnik – Email: info@kalarihealing.com</p> <p>Clinic Days: Monday to Friday 9am-6pm</p> <p>Practice Type: Online and in-person</p> <p>Location: Belli Park, Sunshine Coast, QLD</p>	<p>Claridge Naturopathics</p> <p>Modality: Naturopath</p> <p>Contact: Matthew Burrell – Tel: (03) 5221 8220</p> <p>Practice Type: Online and in-person</p> <p>Website: www.claridgenaturopathics.com.au</p>

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<p>Specialties: Thyroid, hypothyroid, Hashimoto's</p> <p>Website: www.kalarihealing.com</p> <p>Social media: Instagram Facebook</p>	
<p>Renee Hillier - Love Thy Earth Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Renee Hillier – Email: renee@lovethyearth.com.au</p> <p>Clinic Days: Monday, Tuesday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Benowa, Gold Coast, QLD, Australia</p> <p>Specialties: Gut Health, Sleep, Hormones, Skin, Children's Health, Preconception Support</p> <p>Website: www.lovethyearth.com.au/naturopath</p> <p>Social media: Facebook & Instagram</p>	<p>Angela French - Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Angela French</p> <p>Clinic Days: Yes, all weekdays</p> <p>Practice Type: Online and in-person</p> <p>Location: Robina, QLD</p> <p>Specialties: Gut health, mental health, and women's health</p> <p>Website: www.angelafrench.com.au</p> <p>Social Media: Facebook Instagram</p>
<p>Luna Wellness Collective</p> <p>Modality: Naturopath</p> <p>Contact: Kylie Smart – Email: hello@lunawellnessco.com.au – Tel: 07 5641 4190</p> <p>Practice Type: Online and in-person</p> <p>Location: Yandina and Online</p> <p>Specialties: ADHD, Mental Health & Women's Health</p> <p>Website: www.kyliesmart.com.au www.lunawellnessco.com.au</p> <p>Social Media: Instagram</p>	<p>Kate Shore</p> <p>Modality: Naturopath</p> <p>Contact: Kate Shore – Email: kate@kateshore.com</p> <p>Practice Type: Online and in-person</p> <p>Location: North Warrandyte</p> <p>Specialties: Paediatrics</p> <p>Website: www.kateshore.com</p> <p>Social Media: Instagram</p>
<p>True Vitality / Sue Kira</p> <p>Modality: Naturopath</p> <p>Contact: Sue Kira – Email: sue@truevitality.com.au – Tel: 0416 283 396</p> <p>Clinic Days: Tuesdays, Thursdays, and Saturdays</p> <p>Practice Type: Online and in-person</p> <p>Location: Palmview, Sunshine Coast, QLD</p> <p>Specialties: Pyrrole, gut health, mental health, female health</p> <p>Website: www.truevitality.com.au</p>	<p>The IVF Project</p> <p>Modality: Dietitian</p> <p>Contact: Kirrily Tutt – c/- The IVF Project – Tel: 1300 084 694</p> <p>Practice Type: Online and in-person</p> <p>Location: Spring Hill, Brisbane</p> <p>Specialties: Fertility, including Women's Health (Endometriosis, PCOS, Adenomyosis) and Gut Health</p> <p>Website: www.theivfproject.com</p>

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<p>Additional Info: 32 years as a Naturopath, Nutritionist, and Herbalist with a background in Science, Research, and Forensic Medicine</p>	<p>Social Media: Instagram Facebook</p>
<p>Katrina Froome Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Katrina Froome – Email: katrina@katrinafroomenaturopathy.com.au</p> <p>Clinic Days: Monday, Tuesday (9:00am-7:00pm) Friday (11:00am-5:00pm) Saturday (8:30am-3:00pm)</p> <p>Practice Type: Online and in-person</p> <p>Location: Springfield Lakes, QLD 4300</p> <p>Specialties: Digestive Health (SIBO, IBS), Metabolic Health, Women's Health, Children's and Teenager's Health</p> <p>Website: www.katrinafroomenaturopathy.com.au</p> <p>Social Media: Facebook Instagram</p>	<p>Naturale-her</p> <p>Modality: Naturopath</p> <p>Contact: Odette Lydford – Email: odette@naturale-her.com.au</p> <p>Clinic Days: Monday–Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Hervey Bay</p> <p>Specialties: Women's health</p> <p>Website: www.naturale-her.com.au</p> <p>Social Media: Facebook</p>
<p>Kiera Hinshaw Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Website: www.kierahinshawnaturopath.com.au</p> <p>Clinic Days: Monday, Tuesday, Wednesday</p> <p>Practice Type: Online and in-person</p> <p>Location: Airlie Beach, QLD</p> <p>Social Media: Facebook</p>	<p>Denise Berry Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Denise Berry – Email: info@deniseberrynaturopath.com – Tel: 0493 607 279</p> <p>Clinic Days: Monday–Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Stanthorpe & Warwick, QLD</p> <p>Website: deniseberrynaturopath.com</p> <p>Social Media: Instagram Facebook</p>
<p>Vanessa Lamaro – Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Email: vanessa@vanessalamaro.com.au – Tel: 07 5479 1212</p> <p>Practice Type: Online and in-person</p> <p>Location: Sunshine Coast, Australia</p> <p>Specialties: Gut health, Hormone health, Immune health,</p>	<p>Casey Conroy — Funky Forest Health & Wellbeing</p> <p>Modality: Naturopath, Dietitian, Nutritionist</p> <p>Contact: casey@funkyforest.com.au 0432 618 279</p> <p>Availability: Monday–Wednesday 9am–2pm, Thursday–Friday 9am–5pm</p> <p>Practice Type: Online and in-person</p> <p>Location: Conondale & Maleny, Sunshine Coast</p>

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<p>Mental health</p> <p>Website: vanessalamaro.com.au</p> <p>Social Media: Facebook Instagram</p>	<p>Hinterlands</p> <p>Specialties: Eating Disorders, Disordered Eating, Mental Health, ADHD, Chronic Dieting, Women's Health, Hormonal Health</p> <p>Website: funkyforest.com.au</p> <p>Socials: Facebook & Instagram</p>
<p>Flora Nutrition – Jayne Mossop</p> <p>Modality: Nutritionist</p> <p>Contact: Mob: 0403 840 467</p> <p>Practice Type: Online and in-person</p> <p>Location: Thorneside (Brisbane)</p> <p>Specialties: Personalised nutrition programs for weight loss, metabolic, thyroid and hormone health</p> <p>Website: floranutrition.com.au</p> <p>Socials: Facebook Instagram</p>	<p>Alisha Bennett Naturopathy</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: alishabennettnaturopathy@gmail.com, Mob: 0438 226 363</p> <p>Availability: Monday to Friday and occasional Saturday mornings</p> <p>Practice Type: Online and in-person</p> <p>Location: Toowong</p> <p>Website: alishabennettnaturopathy.com</p>
<p>Peak Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: hello@peaknaturopathy.com.au, 0400 349 661</p> <p>Availability: Not specified</p> <p>Practice Type: Online and in-person</p> <p>Location: Melton, Hoppers Crossing, Gympie, Online</p> <p>Specialties: Women's Health - Thyroid, Hormones, Vaginal Concerns, Fertility, Pregnancy, Post-Partum, Children's Health</p> <p>Website: peaknaturopathy.com.au</p> <p>Socials: Instagram</p>	<p>Rebecca Tarver Nutrition Therapies</p> <p>Modality: Nutritionist</p> <p>Contact: rtarver@nutritiontherapies.net</p> <p>Availability: Monday, Tuesday, Wednesday</p> <p>Practice Type: Online and in-person</p> <p>Location: Whitsundays, QLD</p> <p>Specialties: Gut health, metabolic health and weight loss</p> <p>Website: rebeccatarvernutritionist.com</p> <p>Socials: Facebook, Instagram</p>
<p>Next Practice Medical Centre Burleigh Waters</p> <p>Modality: Dietitian</p> <p>Contact: foodasmedicine.dietitian@gmail.com, 0422 644 600</p> <p>Availability: Not specified</p> <p>Practice Type: Online and in-person</p> <p>Location: Gold Coast</p>	<p>Katrina Reeve – Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: katrina.reeve@icloud.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Red Hill, Brisbane QLD</p> <p>Website: katrinareeve.com.au</p>

Specialties: Metabolic disease (insulin resistance, fatty liver, PCOS), IBS, IBD, Coeliac disease, GORD, diverticular disease	
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WA Practitioners

Cath the Naturopath Modality: Naturopath; Nutritionist; Western Herbalist; Contact: Catherine Fimmell – Email: cfimmell@hotmail.com – Tel: 08 9531 1166 Practice Type: Online and in-person Location: Pinjarra, WA Specialties: Gut health, Autoimmunity, Website: https://pinjarrahealthfoods.com.au/ Social Media: Facebook	Maddy - Omoi Health Modality: Naturopath; Registered Nurse; Contact: Maddy Gates, hello@omoi.com.au , www.omoihealth.com.au Practice Type: Online only Location: Fremantle, Perth Specialties: Gut health, women's health, preconception and pregnancy. Website: www.omoihealth.com.au Social media: Instagram , Facebook
Inside Out Health- Sue Bennet Modality: Naturopath; Nutritionist; Colonic therapist; Contact: Email: sue.fremantlehealth@gmail.com Clinic Days: Mon-Sat 9 am - 6 pm Practice Type: Online and in-person Location: Fremantle, WA Specialties: Naturopathic medicine, medical herbalist, nutritionist, colonic hydrotherapist, pathology testing, Gut health Website: www.insideouthlounge.com	Gloria Cicchini Naturopath Modality: Naturopath Contact: Email: naturopathiclifecoach@gmail.com Clinic Days: Mon, Tuesday, Wed, Thurs Practice Type: Online and in-person Location: Hillarys, WA Specialties: Children's Health, Gut Health, ADHD, Women's Health & Hormones Website: www.glorianaturopath.com.au Social Media: Instagram , Facebook
Amanda Martindale Inner Fit Nutrition Modality: Nutritionist Contact: Amanda Martindale – Email: info@innerfitnutrition.com - Tel: 0494 077 116 Practice Type: Online and in-person Location: Bunbury WA Specialties: Gut health, hormones, skin issues, SIBO,	Chelsey Costa Modality: Naturopath Contact: Chelsey Costa – Website: https://www.peppermintandsage.com/ Clinic Days: Tuesday, Thursday, Saturday Practice Type: Online and in-person Location: Perth WA

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<p>thyroid illness</p> <p>Website: www.innerfitnutrition.com</p> <p>Social media: Facebook</p>	<p>Specialties: Women's health, fertility, gut issues, skin issues</p> <p>Website: https://www.peppermintandsage.com/</p> <p>Social media: Instagram</p>
<p>Yin and Tonic Natural Medicine</p> <p>Modality: Naturopath; Nutritionist; Herbalist; Homeopath</p> <p>Contact: Emma Lloyd – Website: www.yinandtonicnaturalmedicine.com.au</p> <p>Clinic Days: Monday – Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: Denmark, WA</p> <p>Website: www.yinandtonicnaturalmedicine.com.au</p> <p>Social media: Instagram</p>	<p>Embodii Wellness Co</p> <p>Modality: Naturopath</p> <p>Contact: Chloe Dennison, Rachel Dhanjal – Email: hello@embodiiwellness.co</p> <p>Practice Type: Online and in-person</p> <p>Location: Alkimos and Bullcreek, Perth</p> <p>Specialties: Gut health: IBS, IBD, Chronic bloating, Reflux; Hormone health: Endometriosis, PMS, Irregular menstrual cycles</p> <p>Website: https://www.embodiiwellness.co/</p>
<p>Claire Hargreaves Naturopath</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Claire Hargreaves – Email: hello@clairehargreaves.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Halls Head, WA</p> <p>Website: www.clairehargreaves.com.au</p> <p>Social media: Instagram</p>	<p>Niki Cleuet - Perth Health & Fertility</p> <p>Modality: Naturopath; Childbirth Educator</p> <p>Contact: Niki Cleuet – Tel: 08 9285 0998</p> <p>Practice Type: Online and in-person</p> <p>Location: City Beach, Perth</p> <p>Specialties: Fertility, women's health, thyroid disorders, pregnancy, and postpartum care</p> <p>Website: www.nikicleuet.com</p> <p>Social Media: Instagram, Facebook</p>
<p>Leah Hardy Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Leah Hardy – Email: leahhardy.naturopath@gmail.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Margaret River, WA</p> <p>Website: leahhardy.com.au</p> <p>Social media: Instagram</p>	<p>Smith & Co Naturopathic Medicine</p> <p>Modality: Naturopath</p> <p>Contact: Samantha Smith – Email: sam@smmithandconaturopathic.com – Tel: 0412 760 329</p> <p>Clinic Days: Tuesday, Wednesday, Thursday, alternate Saturdays</p> <p>Practice Type: Online and in-person</p> <p>Location: West Leederville, WA</p> <p>Specialties: Gastrointestinal Health, Genitourinary presentations, Mental Wellbeing</p> <p>Website: www.smithandconaturopathic.com</p>

	Social Media: Instagram , Facebook
Rachael Steele Naturopath Modality: Naturopath Contact: Rachael Steele – Energise Natural Health – Email: admin@energise-health.com.au – Tel: 08 6261 6400 Practice Type: Online and in-person Location: Kallaroo, WA Specialties: Women’s Health, Hormone Health, Digestive Health, Post Viral Complications, Stress Management, Mental Health, Sleep Issues, Children’s Health, Thyroid Health, Energy Optimisation Website: www.energise-health.com.au	Jo Coates - Remede Wellness Medicine Modality: Naturopath Contact: Jo Coates – Email: jo@remede.com.au – Tel: 0892861166 Practice Type: Online and in-person Location: Perth Specialties: Gut Health Website: www.remede.com.au Social Media: Instagram
Bayshore Naturopathic Clinic Modality: Naturopath Contact: Bayshore Naturopathic Clinic – Email: info@bayshorenaturopathic.com.au – Tel: 08 95927360 Clinic Days: Monday - Saturday Practice Type: Online and in-person Location: Rockingham WA Website: www.bayshorenaturopathic.com Social Media: Facebook Instagram	Mind Body Nutrition Modality: Nutritionist Contact: Danielle Coombes-Pearce – Email: danielle.mindbodynutrition@gmail.com – Tel: 0417 181 711 Practice Type: Online and in-person Location: Dunsborough, Western Australia Specialties: Women’s health, gut and hormone specialist Website: www.mindbody-nutrition.com.au Social Media: Instagram
Smith & Co Naturopathic Medicine Modality: Naturopath Contact: Samantha Smith – Email: sam@smithandconaturopathic.com – Tel: 0412 760 329 Clinic Days: Tuesday, Wednesday, Thursday, Alternate Saturdays Practice Type: Online and in-person Location: West Leederville, WA Specialties: Gut health, Women's genitourinary concerns, Mental ill health Website: www.smithandconaturopathic.com Social Media: Instagram Facebook	Daphne De L'Estrac Modality: Naturopath Contact: daphnenaturopathy@gmail.com Availability: Not specified Practice Type: Online and in-person Location: Perth, Western Australia Specialties: Gut, Skin, Complex Hormone Website: Clinic Booking Page Instagram: @daphne_naturopathy

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<p>Qualifications: Master of Women's Health Bachelor of Environmental Science Advanced Diploma Naturopathy</p>	
<p>Brooke Venables / Clear Skin Coach</p> <p>Modality: Naturopath</p> <p>Contact: hello@clearskincoach.co</p> <p>Practice Type: Online only</p> <p>Location: Perth, WA</p> <p>Specialties: Acne, rosacea, female hormone health, gut health</p> <p>Socials: Instagram</p>	<p>BioSoul Naturopathy – Ashleigh van Nierop</p> <p>Modality: Naturopath</p> <p>Contact: ash@biosoulnaturopathy.com</p> <p>Practice Type: Online and in-person</p> <p>Location: Kalamunda, WA</p> <p>Specialties: Digestive and gut health, metabolic health</p> <p>Website: biosoulnaturopathy.com</p> <p>Socials: Instagram Facebook</p> <p>Credentials: BHSc Naturopathy, Bachelor Degree of Complementary Medicine</p>
<p>Natalie McGrath Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: natalie@nataliemcgrath.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Perth, Western Australia</p> <p>Specialties: Gut health, female, hormone, thyroid and skin specialist</p> <p>Website: nataliemcgrath.com.au</p> <p>Socials: Instagram YouTube TikTok</p>	

TAS Practitioners

<p>Chantel Yates, Naturopath and Herbalist</p> <p>Modality: Naturopath; Herbalist</p> <p>Contact: Chantel Yates – Email: hello@chantelyates.com.au</p>	<p>Learn To Nourish</p> <p>Modality: Nutritionist</p> <p>Contact: Benedict Freudenmann – Tel: 0421124589 - Email: contact@learntonourish.com</p>
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<p>Practice Type: Online only</p> <p>Location: Tasmania</p> <p>Specialties: Microbiome restoration</p> <p>Website: https://www.chantelyates.com.au/</p> <p>Social Media: Facebook, Instagram</p>	<p>Practice Type: Online and in-person</p> <p>Location: Ranelagh and Kieser Hobart</p> <p>Specialties: Gut health, cancer, autoimmune, diabetes, weight loss.</p> <p>Website: www.learntonourish.com</p> <p>Social Media: Instagram, Facebook</p>
<p>LAGOM NutriHealing - Jennifer Phillips</p> <p>Modality: Nutritionist</p> <p>Contact: Jennifer Phillips – Email: lagom.nutrihealing@gmail.com – Tel: 0447 710 961</p> <p>Practice Type: Online and in-person</p> <p>Location: Hobart region</p> <p>Specialties: Complex problem solver</p> <p>Website: lagomnutrihealing.wordpress.com</p>	<p>Your Place Health</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: hello@yourplacehealth.com.au</p> <p>Availability: Not specified</p> <p>Practice Type: Online and in-person</p> <p>Location: Hobart, Tasmania</p> <p>Specialties: Gut health, hormones, and skin</p> <p>Website: yourplacehealth.com.au</p> <p>Socials: Instagram</p>

SA Practitioners

<p>Sonya Thorn Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Sonya Thorn – Email: info@sonyathornnaturopath.com – Tel: 0407611557,</p> <p>Practice Type: Online and in-person</p> <p>Location: 35 Old Kapunda Road, Nuriootpa, SA 5355</p> <p>Specialties: Naturopath, MRC Certified Healthy Gut Practitioner</p> <p>Website: www.sonyathornnaturopath.com</p> <p>Social Media: Facebook, Instagram</p>	<p>Vanessa Wood Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Vanessa Wood – Email: vanessawood.naturopathy@gmail.com</p> <p>Clinic Days: Wednesdays and Fridays 9-5:30 pm</p> <p>Practice Type: Online and in-person</p> <p>Location: McLaren Vale, Adelaide</p> <p>Specialties: Family Naturopathy, mental health, general wellness</p> <p>Social media: Instagram</p>
<p>Alice Haddy Naturopath</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Alice Haddy – Email: hello@alicehaddynaturopath.com</p> <p>Clinic Days: Wednesday, Thursday, Saturday</p>	<p>Rebecca Urban</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Rebecca Urban – Email: hello@rebeccaurban.com.au</p> <p>Clinic Days: Tuesday, Wednesday, Thursday</p>

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<p>Practice Type: Online and in-person</p> <p>Location: Streaky Bay, Adelaide, Port Lincoln</p> <p>Specialties: Metabolic health, Alzheimer's and cognitive decline, Autoimmunity, gastrointestinal disorders</p> <p>Website: https://alicehaddynaturopath.com</p>	<p>Practice Type: Online and in-person</p> <p>Location: Adelaide, South Australia</p> <p>Specialties: General practice, Reproductive and Preconception Health Care for Men & Women, Pregnancy, Breastfeeding Educator, Paediatrics</p> <p>Website: www.rebeccaurban.com.au</p>
<p>Eclipse Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Stephanie – Email: hello@eclipsewellness.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Marleston, SA</p> <p>Specialties: Gut health, thyroid, mental health, vaginal health</p> <p>Website: www.eclipsewellness.com.au</p> <p>Social media: Instagram</p>	<p>Margherita Officer of Natural Health Medicine</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Margherita Officer – Email: margheritaofficer@me.com – Tel: 08 8332 2271</p> <p>Clinic Days: Tuesday, Wednesday, Friday (Thursday via Zoom)</p> <p>Practice Type: Online and in-person</p> <p>Location: 102 Portrush Rd, Payneham South, SA 5070</p> <p>Specialties: Allergies, women's health, children, skin problems, gut biome testing, wellness</p> <p>Website: https://naturalhealthmedicine.com.au/booking/</p>
<p>Kelli Kieselbach - Naturopath Nutritionist</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Kelli Kieselbach – Email: info@kellik.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Broadview & Wynn Vale, South Australia</p> <p>Specialties: Fatigue, ME/CFS, Fibromyalgia, Post-Viral Illness, Digestive Issues, Stress & Anxiety</p> <p>Website: www.kellik.com.au</p> <p>Social Media: Facebook, Instagram & YouTube</p>	<p>Tummy Rescue - Danielle Elliott</p> <p>Modality: Naturopath</p> <p>Contact: Danielle Elliott, Tummy Rescue at SA Spine and Health – Email: tummyrescue@gmail.com – Tel: (08) 8297 3164</p> <p>Clinic Days: Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online and in-person</p> <p>Location: 463 Cross Road, South Plympton 5038 SA</p> <p>Specialties: Gut Health, IBS, SIBO, Crohn's Disease, Colitis, Coeliac Disease</p> <p>Website: www.tummyrescue.com.au/contact-us</p> <p>Social Media: Facebook Instagram</p>
<p>Healthful Wellness Hub</p> <p>Modality: Naturopath</p> <p>Contact: Jacqui Watts – Email: info@healthful.net.au – Tel: (08) 7084 2366</p> <p>Clinic Days: Yes - Tuesday to Friday</p>	<p>Margherita Officer Naturopath</p> <p>Modality: Nutritionist; Naturopath</p> <p>Contact: Margherita Officer – Email: margheritaofficer@me.com – Tel: 08 8332 2271</p> <p>Clinic Days: Tuesday, Wednesday, Friday</p>

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<p>Practice Type: Online and in-person</p> <p>Location: Glenelg, South Australia</p> <p>Specialties: Hormone Health, Skin Health</p> <p>Website: www.healthful.net.au</p> <p>Social Media: Instagram Facebook</p>	<p>Practice Type: Online and in-person</p> <p>Location: 102 Portrush Road, Payneham South (Adelaide), SA</p> <p>Specialties: Gut health, Fertility, Children, Women's health</p> <p>Website: naturalhealthmedicine.com.au/meet-the-team/</p>
<p>Elemental Health and Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: rohan@elementalhealthandnutrition.com.au</p> <p>Availability: Tuesday, Wednesday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Eastwood, Adelaide, SA</p> <p>Specialties: Gut, Mental Health, Genetics, Chronic Fatigue Syndrome, Autoimmune</p> <p>Website: elementalhealthandnutrition.com.au</p> <p>Socials: Facebook, Instagram</p>	<p>Hannah McIntosh – Healthful Wellness Hub</p> <p>Modality: Naturopath</p> <p>Contact: info@healthful.net.au (08) 7084 2366</p> <p>Availability: Tuesday to Saturday</p> <p>Practice Type: Online and in-person</p> <p>Location: Glenelg, Adelaide, South Australia</p> <p>Specialties: Hormones, Gut, Skin, Weight Loss</p> <p>Website: healthful.net.au</p> <p>Socials: Instagram</p>

Online-only Practitioners

<p>Nourished Gut Clinic</p> <p>Modality: Naturopath; Nutritionist;</p> <p>Contact: Karly Raven - Email: hello@karlyraven.com</p> <p>Practice Type: Online only</p> <p>Specialties: IBS, SIBO, IBD & Food Intolerances</p> <p>Website: www.nourishedgutclinic.com</p> <p>Social media: Instagram</p>	<p>Steven Judge Clinical Naturopathy</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Steven Judge – Email: bookings@stevenjudge.com.au</p> <p>Clinic Days: Tuesday, Wednesday, Friday</p> <p>Practice Type: Online only</p> <p>Specialties: IBS, IBS, Leaky-Gut, SIBO, Mental Health, Endometriosis</p> <p>Website: www.stevenjudge.com.au</p> <p>Social media: Instagram</p>
<p>Rachel Larsson</p> <p>Modality: Naturopath; Nutritionist;</p> <p>Contact: Rachel Larsson - Email: hello@rachellarsson.com.au</p>	<p>Laura Taylor Health</p> <p>Modality: Naturopath</p> <p>Contact: Email - hello@laurataylorhealth.com.au</p> <p>Practice Type: Online only</p>

Find a Practitioner near you

<p>Practice Type: Online only</p> <p>Specialties: Gut Health: Bloating, IBS, SIBO, Food Intolerances, Inflammatory Bowel Disease, Coeliac Disease, Autoimmune disorders,</p> <p>Website: https://www.rachellarsson.com.au/</p> <p>Social media: Instagram</p>	<p>Specialties: IBS, SIBO, IBD, constipation, bloating</p> <p>Website: www.laurataylorhealth.com.au</p> <p>Social media: Instagram</p>
<p>Laura Kramer Aesara Health</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Laura Kramer – Email: laura@aesarahealth.com</p> <p>Clinic Days: Saturday</p> <p>Practice Type: Online only</p> <p>Specialties: cardiovascular health, mental health, autoimmune, men's health, menopause</p> <p>Website: aesarahealth.com</p> <p>Social media: Instagram</p>	<p>Christine Smith Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Christine Smith www.christinesmith.com.au</p> <p>Clinic Days: Tuesday, Thursday, Friday</p> <p>Practice Type: Online only</p> <p>Website: www.christinesmith.com.au</p> <p>Social media: Instagram</p>
<p>The Women's Naturopath - Karen Saunders</p> <p>Modality: Naturopath; Nutritionist;</p> <p>Contact: Karen Saunders – Email: hello@karen-saunders.com</p> <p>Practice Type: Online only</p> <p>Location: Online Australia-Wide</p> <p>Specialties: Digestive health, hormonal conditions, vaginal health. Special interest in: IBS + bloating, endometriosis, PCOS, fertility, recurrent vaginal conditions</p> <p>Website: https://www.karen-saunders.com/</p> <p>Social media: Instagram</p>	<p>Kate Spina Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Kate Spina – Email: kate@katespinanutrition.com</p> <p>Practice Type: Online only</p> <p>Specialties: IBS, SIBO, food intolerances, gut bacteria imbalances</p> <p>Website: www.katespinanutrition.com</p> <p>Social media: Instagram</p>
<p>Dr Brad Leech</p> <p>Modality: Nutritionist; Naturopath</p> <p>Contact: Dr Brad Leech – Email: info@drbradleeche.com</p> <p>Practice Type: Online only</p> <p>Specialties: Microbiome, Autoimmune Disease, Gut Health</p> <p>Website: www.DrBradLeech.com</p> <p>Social media: Instagram, Facebook, LinkedIn, YouTube</p>	<p>Blooming into Health</p> <p>Modality: Naturopath</p> <p>Contact: Maddison – Email: hello@bloomingintohealth.com.au</p> <p>Clinic Days: Thursdays</p> <p>Practice Type: Online only</p> <p>Specialties: Skin health, Thyroid Health, Gut Health</p> <p>Website: www.bloomingintohealth.com.au</p> <p>Social media: Instagram</p>

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<p>Jade Walker</p> <p>Modality: Naturopath</p> <p>Contact: Jade Walker – Email: info@jadewalker.com.au</p> <p>Practice Type: Online only</p> <p>Specialties: Endometriosis, SIBO/IMO, ADHD</p> <p>Website: www.jadewalker.com.au</p> <p>Social media: Instagram</p>	<p>New Leaf Naturopathic Health</p> <p>Modality: Naturopath; Nutritionist; Herbalist</p> <p>Contact: Hannah Boyd</p> <p>Practice Type: Online only</p> <p>Specialties: Gut health, mental health, hormone health, immune health</p> <p>Website: www.new-leaf.com.au</p> <p>Social media: Instagram</p>
<p>The Hawrelak Gut and Microbiome Clinic</p> <p>Modality: Naturopath; Nutritionist; MRC Certified Microbiome Analyst</p> <p>Contact: Dr Jason Hawrelak ND, BNat (Hons), PhD – Tel: (03) 6234 4223</p> <p>Practice Type: Online only</p> <p>Website: https://www.gouldsnaturalmedicine.com.au/dr-jason-hawrelak-gut-and-microbiome-team</p> <p>Social media: Instagram, Facebook</p>	<p>Dania Foster Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Dania Foster – Email: support@daniafoster.com</p> <p>Clinic Days: Monday, Wednesday, Thursday, Saturday</p> <p>Practice Type: Online only</p> <p>Location: Ipswich, QLD</p> <p>Specialties: Mother and child health</p> <p>Website: www.daniafoster.com</p> <p>Social media: Instagram, Facebook</p>
<p>Adina S Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Adina Schon – Email: adina@adinathenaturopath.com – Tel: 0424 396 210</p> <p>Practice Type: Online only</p> <p>Location: Online</p> <p>Specialties: Skin, Gut, Hormones</p> <p>Website: www.adinathenaturopath.com</p> <p>Social media: Instagram</p>	<p>Rachel Larsson</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Email: hello@rachellarsson.com.au</p> <p>Practice Type: Online only</p> <p>Specialties: Gut health, bloating, IBS, SIBO, food intolerances, IBD, Coeliac disease, constipation</p> <p>Website: https://www.rachellarsson.com.au/</p> <p>Social media: Instagram, Facebook</p>
<p>Lianna Powell Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Lianna Powell – Email: liannapowellnaturopath@outlook.com</p> <p>Clinic Days: Monday to Friday</p> <p>Practice Type: Online only</p> <p>Location: Ballina, NSW</p>	<p>Natasja Fox Consulting</p> <p>Modality: Integrative Chinese Medicine & Nutrition</p> <p>Contact: Natasja Fox – Email: info@natasjafox.com</p> <p>Practice Type: Online only</p> <p>Location: Melbourne</p> <p>Specialties: Oral & Gut Health, Hormonal Balance, Burnout Recovery</p>

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<p>Specialties: Women's health, reproductive health, fertility, gut health</p> <p>Website: www.liannapowellnaturopath.com</p> <p>Social media: Instagram</p>	<p>Website: www.natasjafox.com</p> <p>Social Media: Instagram, TikTok </p> <p>Other: Integrative Health Specialist offering evidence-based strategies for sustainable results</p>
<p>Alethea Mills Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Alethea Mills – Email: health@aletheanutrition.net.au</p> <p>Practice Type: Online only</p> <p>Specialties: Sports nutrition, gut health</p> <p>Website: https://aletheanutrition.net.au/</p> <p>Social media: Instagram</p>	<p>Balanced by Brooke Schiller</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Brooke Schiller – Email: hello@balancedbbs.com</p> <p>Practice Type: Online only</p> <p>Specialties: IBS, SIBO, bloating, constipation, diarrhoea, reflux, IBD</p> <p>Website: www.balancedbbs.com</p> <p>Social media: Instagram</p>
<p>Catherine Pritchard - Naturopath</p> <p>Modality: Naturopath</p> <p>Contact: Catherine Pritchard – Tel: 02 9247 4633</p> <p>Practice Type: Online only</p> <p>Specialties: Fatigue, digestive and microbiome health, thyroid dysfunction, hormonal imbalances</p> <p>Website: www.catherinepritchard.com.au</p>	<p>Allison Jones</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Allison Jones</p> <p>Practice Type: Online only</p> <p>Location: Sydney</p> <p>Specialties: Microbiome health, digestive health, hormonal health, endometriosis, anxiety, autoimmune conditions</p> <p>Website: www.bodyelectricvitality.com.au</p> <p>Social media: Instagram</p>
<p>The Paediatric Naturopath & Nutritionist</p> <p>Modality: Nutritionist</p> <p>Contact: Sara Kallis – Email: admin@thepaediaticnaturopath.com.au</p> <p>Clinic Days: Tuesday, Wednesday, Thursday</p> <p>Specialties: Paediatric Nutrition and Feeding Therapy</p> <p>Website: www.thepaediaticnaturopath.com.au</p> <p>Social media: Instagram & Facebook</p> <p>Practice Type: Online only</p>	<p>Mel Bald - The Passionate Nutritionist</p> <p>Modality: Nutritionist</p> <p>Contact: Mel Bald – Email: mel@thepassionatenutritionist.com.au – Tel: 0417 110 672</p> <p>Practice Type: Online only</p> <p>Specialties: Perimenopause, Menopause, Ageing Well</p> <p>Website: www.thepassionatenutritionist.com.au</p> <p>Social media: Instagram & Facebook</p>
<p>Emi Macnish - Naturopath</p>	<p>Karly Raven</p>

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<p>Modality: Naturopath</p> <p>Contact: Emi Macnish – Email: info@emi-macnish.com.au</p> <p>Practice Type: Online only</p> <p>Specialties: Endometriosis, PCOS, Reproductive Health, IBS</p> <p>Website: www.emi-macnish.com.au</p> <p>Social media: Instagram: Instagram</p>	<p>Modality: Naturopath</p> <p>Contact: Karly Raven, Nourished Gut Clinic – Email: hello@karlyraven.com</p> <p>Practice Type: Online only</p> <p>Specialties: IBS, SIBO, IBD</p> <p>Website: www.nourishedgutclinic.com</p> <p>Social Media: Instagram</p>
<p>Clear Skin Coach</p> <p>Modality: Naturopath</p> <p>Contact: Brooke Venables – Email: hello@clearskincoach.co</p> <p>Practice Type: Online only</p> <p>Location: Perth, WA</p> <p>Specialties: Skin, gut, hormones</p> <p>Social Media: Instagram</p>	<p>Emily Bryson Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Emily Bryson – Tel: 0439 343 217 – Website: www.emilybryson.com.au</p> <p>Practice Type: Online and in-person</p> <p>Location: Naracoorte</p> <p>Website: www.emilybryson.com.au</p> <p>Social Media: Instagram Facebook</p>
<p>GutCode</p> <p>Modality: Dietitian</p> <p>Contact: Nick Dunn – Email: hello@gutcode.co</p> <p>Clinic Days: Monday to Friday 8am-6pm</p> <p>Practice Type: Online only</p> <p>Website: gutcode.co</p> <p>Social Media: Instagram</p>	<p>Pranay Health</p> <p>Modality: Naturopath</p> <p>Contact: Tania Peta – Email: hello@pranay.au</p> <p>Website: www.pranay.au</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Thursday, Friday</p> <p>Practice Type: Online only</p> <p>Location: Bondi Junction</p> <p>Specialties: Gut Health, Hormones, Sports Nutrition, Thyroid conditions</p> <p>Social Media: Instagram</p>
<p>The Gut Project Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Jessica Cruze – Email: jessica@thegutproject.com.au – Website: www.thegutproject.com.au</p> <p>Practice Type: Online only</p> <p>Specialties: Inflammatory bowel disease, dysbiosis,</p>	<p>Bec Issell Health & Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Bec Issell – Email: hello@becissellhealth.com.au – Tel: 0407 557 280</p> <p>Practice Type: Online only</p> <p>Location: Gold Coast</p> <p>Specialties: Gut Health, Women's Health, Metabolic</p>

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<p>intestinal permeability, SIBO, chronic gut complaints (bloating, constipation, diarrhoea)</p> <p>Website: www.thegutproject.com.au</p> <p>Social Media: Instagram Facebook</p> <p>Additional Info: Offers packages in addition to individual consultations</p>	<p>Health</p> <p>Website: www.becissellhealth.com.au</p> <p>Social Media: Facebook Instagram</p> <p>Additional Info: Supporting busy mums to nourish themselves & their families</p>
<p>Pranay Health</p> <p>Modality: Naturopath</p> <p>Contact: Tania Peta – Email: hello@pranay.au</p> <p>Clinic Days: Monday - Friday (12pm - 7pm)</p> <p>Practice Type: Online only</p> <p>Location: Bondi Junction</p> <p>Specialties: Gut & Mental Health, Thyroid Conditions, Sports Nutrition</p> <p>Website: www.pranay.au</p> <p>Social Media: Instagram</p>	<p>Nicole Brown Naturopathy</p> <p>Modality: Naturopath; Nutritionist; Herbalist</p> <p>Contact: Website: www.nicolebrownnaturopathy.com</p> <p>Practice Type: Online only</p> <p>Location: Australia Wide and International</p> <p>Website: www.nicolebrownnaturopathy.com</p> <p>Social Media: Instagram</p>
<p>Nicole Peasnell - Seed and Flourish Naturopathy</p> <p>Modality: Naturopath; Herbalist</p> <p>Contact: Nicole Peasnell – Email: info@seedandflourish.com</p> <p>Clinic Days: Monday, Wednesday, Friday</p> <p>Practice Type: Online only</p> <p>Location: Brisbane</p> <p>Specialties: SIBO, IBS, Chronic digestive issues, Microbiome optimisation, Fertility and reproductive health, Thyroid health, Skin health, Autoimmunity</p> <p>Website: www.seedandflourish.com</p> <p>Social Media: Instagram Facebook</p> <p>Qualifications: Bachelor of Naturopathy</p>	<p>Gemma Knaap – Southernwood Apothecary & Clinic</p> <p>Modality: Naturopath</p> <p>Contact: Email: hello@southernwoodapothecary.com.au</p> <p>Practice Type: Online only</p> <p>Specialties: Women’s Health, Menopause & Perimenopause, Women’s Hormone Imbalances, Fertility, Gut Health</p> <p>Website: www.southernwoodapothecary.com.au</p> <p>Social Media: Facebook Instagram</p>
<p>Laura Kramer – Aesara Health</p>	<p>Raul Pastrana</p>

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<p>Modality: Naturopath; Nutritionist</p> <p>Contact: Email: laura@aesarahealth.com</p> <p>Clinic Days: Monday–Friday</p> <p>Practice Type: Online only</p> <p>Location: Melbourne and Paris</p> <p>Specialties: Autoimmune, Menopause, Fertility, Cardiovascular disease, Mental health, IBS & IBD</p> <p>Website: aesarahealth.com</p> <p>Social Media: Instagram:</p> <p>Additional Info: Qualified yoga teacher, pre & postnatal exercise expert, and reiki practitioner</p>	<p>Modality: Naturopath</p> <p>Contact: Email: raul@rhreproductivehealth.com</p> <p>Clinic Days: Mondays, Tuesdays, and Thursdays</p> <p>Practice Type: Online only</p> <p>Location: Melbourne</p> <p>Specialties: Reproductive Health, IVF, Peri/Menopause, Male Hormones, Sperm Health</p> <p>Website: www.rhreproductivehealth.com</p> <p>Social Media: Instagram</p>
<p>Catharine Baker – Balance Me Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Email available via website</p> <p>Clinic Days: Friday or by appointment</p> <p>Practice Type: Online only</p> <p>Location: Sydney</p> <p>Specialties: IBD, weight management</p> <p>Website: www.balancemenutrition.com.au</p> <p>Social Media: Instagram</p>	<p>Amy Kelly – Naturopath & Nutritionist</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Email: amy@thepaediaticnaturopath.com.au</p> <p>Clinic Days: Tuesday, Thursday, Friday</p> <p>Practice Type: Online only</p>
<p>Allison Jones – Nutritionist and Naturopath</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Email: allisonjones@bodyelectricvitality.com.au</p> <p>Practice Type: Online only</p> <p>Location: Sydney</p> <p>Specialties: Dysbiosis, SIBO, IBS, IBD, Endometriosis, Autoimmune conditions, Skin health</p> <p>Website: www.bodyelectricvitality.com.au</p> <p>Social Media: Instagram Facebook</p>	<p>Di Hill Wellness</p> <p>Modality: Naturopath; Functional Medicine Practitioner</p> <p>Contact: Dianne Hill – Email: admin@dihillwellness.com.au</p> <p>Clinic Days: Monday to Friday, 8:30am–4:30pm</p> <p>Practice Type: Online only</p> <p>Location: Piara Waters, Perth, Western Australia</p> <p>Specialties: Complex multisystem health conditions, Gut health, Women’s health, Hormones, Autoimmune disease, Skin health, Nutrigenomics, Health optimisation, EDS, POTS, Healthy ageing</p> <p>Website: www.dihillwellness.com.au</p> <p>Social Media: Instagram</p>

	<p>Additional Info: The "Gut Health Optimiser 5-month personalised package" pairs well with Co-Biome</p>
<p>Nicole Brown Naturopathy</p> <p>Modality: Naturopath; Nutritionist; Herbalist</p> <p>Contact: Email: reception@nicolebrownnaturopathy.com</p> <p>Practice Type: Online only</p> <p>Website: www.nicolebrownnaturopathy.com</p> <p>Social Media: Instagram</p>	<p>Elysia Humphries – Naturopath & Nutritionist</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: Email: hello@elysiahumphries.com</p> <p>Practice Type: Online only</p> <p>Specialties: Gut Health, Women’s Health, Complex health conditions, Autoimmune issues, ADHD, Autism, Pregnancy, Fertility</p> <p>Website: elysiahumphries.com</p> <p>Social Media: Instagram</p>
<p>Samantha Bake – Clinical Nutritionist</p> <p>Modality: Nutritionist</p> <p>Contact: Samantha Bake – Email: hello@samanthabake.com.au – Website: www.samanthabake.com.au</p> <p>Practice Type: Online only</p> <p>Location: Online / Melbourne</p> <p>Specialties: Paediatrics, especially PANS, PANDAS, OCD, tics, Autism, ADHD</p> <p>Website: www.samanthabake.com.au</p> <p>Social Media: Facebook Instagram</p>	<p>Lisa McDonald – Indigo Sage Health</p> <p>Modality: Naturopath</p> <p>Clinic Days: Tuesdays, Thursdays, and Saturdays</p> <p>Practice Type: Online only</p> <p>Location: Sydney, Australia</p> <p>Specialties: CIRS/Mould Illness, Gut Health, Hormone Health</p> <p>Website: www.lisamcdonald.com.au</p> <p>Social Media: Instagram</p>
<p>Kate Spina Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Kate Spina – Email: kate@katespinanutrition.com</p> <p>Clinic Days: Monday, Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online only</p> <p>Location: Sydney</p> <p>Specialties: IBS, SIBO, Microbiome Restoration, Functional Digestive Disorders</p>	<p>Marianne Fountain</p> <p>Modality: Naturopath; Naturopathic Herbalist Practitioner</p> <p>Contact: gutsybiome@gmail.com, 0411 517 322</p> <p>Practice Type: Online and in-person</p>

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<p>Website: www.katespinanutrition.com</p> <p>Social Media: Instagram: Instagram</p>	
<p>Lynda Griparic</p> <p>Modality: Naturopath; Nutritionist</p> <p>Contact: 0413 922 445 · info@lyndagriparic.com</p> <p>Availability: Monday–Friday</p> <p>Practice Type: Online (telehealth)</p> <p>Location: Australia, New Zealand, International (excluding US and Canada)</p> <p>Specialties: Gut health, constipation, SIBO, functional testing</p> <p>Website: www.lyndagriparic.com</p> <p>Socials: Instagram, YouTube, Facebook</p>	<p>Avril Morris Nutrition – Avril Morris</p> <p>Modality: Nutritionist</p> <p>Contact: hello@avrilmorrisnutrition.com.au</p> <p>Practice Type: Online only</p> <p>Location: Lockyer Valley, Queensland</p> <p>Website: avrilmorrisnutrition.com.au</p> <p>Socials: Instagram</p>
<p>Natasja Fox Consulting</p> <p>Modality: TCM Herbalist with Functional Medicine Training (ACNEM)</p> <p>Contact: info@natasjafox.com</p> <p>Availability: Tuesday – Thursday</p> <p>Practice Type: Online only</p> <p>Location: Melbourne</p> <p>Specialties: Gut & oral health, hormonal health, burnout</p> <p>Website: natasjafox.com</p> <p>Socials: Instagram TikTok</p>	<p>Laura Kramer – Aēsara Health</p> <p>Modality: Naturopath</p> <p>Contact: laura@aesarahealth.com</p> <p>Availability: Monday to Friday, 4–8pm</p> <p>Practice Type: Online only</p> <p>Location: Northcote / Paris</p> <p>Specialties: CVD, menopause, mental health, IBD-IBS</p> <p>Website: aesarahealth.com</p> <p>Socials: Instagram</p>
<p>Clair Natural Health</p> <p>Modality: Naturopath; Nutritionist; Clinical Herbalist</p> <p>Contact: vanessa@clairnaturalhealth.com.au</p> <p>Availability: Tuesday, Wednesday, Thursday</p> <p>Practice Type: Online only</p> <p>Location: The Gap, QLD</p> <p>Specialties: Not specified</p>	<p>Good Guts Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: hello@goodgutsnutrition.com</p> <p>Availability: Not specified</p> <p>Practice Type: Online only</p> <p>Location: Not specified</p> <p>Specialties: Gut Health, Metabolic Health</p>

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Website: clairnaturalhealth.com.au Socials: Instagram	Website: goodgutsnutrition.com Socials: Instagram
Kate Troup – Naturopath Modality: Naturopath Contact: contact@katetroup.com.au Availability: Not specified Practice Type: Online only Location: Not specified Specialties: All gut conditions plus the genes that influence them Website: katetroup.com.au Socials: Not specified Notes: Certified Jason Hawrelek Microbiome Restoration Centre Healthy Gut Practitioner	Anna Barry – Anna Barry Nutrition Modality: Nutritionist Contact: hello@annabarrynutrition.com , MOB: 0499 841 370 Availability: Monday to Friday Practice Type: Online only Location: East Gippsland, Victoria Specialties: Women’s health & hormones, healthy aging & weight loss Website: annabarrynutrition.com Socials: Instagram: @annabarrynutrition
Kate Troup – Naturopath Modality: Naturopath Contact: hello@katetroup.com.au Availability: Not specified Practice Type: Online only Location: Not specified Specialties: Digestive conditions, Microbiome Support, Genetics, MTHFR, Autoimmune, Hormones Website: katetroup.com.au	Lauren Jane – Kiyah Clinic Modality: Naturopath Contact: info@laurenjane.com.au Availability: Not specified Practice Type: Online only Location: Australia Specialties: Digestive Health; SIBO, IBS, Food Intolerances, Bloating, Mould Website: laurenjane.com.au Socials: Instagram
Vanessa Clair – Clair Natural Health Modality: Naturopath; Nutritionist; Clinical Herbalist Contact: vanessa@clairnaturalhealth.com.au	

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<p>Availability: Tuesday to Thursday</p> <p>Practice Type: Online only</p> <p>Location: The Gap, QLD</p> <p>Specialties: Gut, Mental Health, Healthy Aging, Peri/menopause support, Women's health</p> <p>Website: clairnaturalhealth.com.au</p> <p>Socials: Instagram</p>	
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ACT Practitioners

<p>Rosie Naturopathy</p> <p>Modality: Naturopath</p> <p>Contact: Rosie Mingay – Email: contact@rosienaturopathy.com</p> <p>Clinic Days: Monday and Wednesday</p> <p>Practice Type: Online only</p> <p>Location: Canberra, ACT</p> <p>Specialties: Digestive health, reproductive health, immune health, histamine excess/MCAS</p> <p>Website: https://www.rosienaturopathy.com.au/</p> <p>Social media: Instagram</p>	<p>Tilly Wardale – Earth and Seed Nutrition</p> <p>Modality: Nutritionist</p> <p>Contact: Tilly Wardale – Email: tilly@earthandseednutrition.com.au – Website: earthandseednutrition.com.au</p> <p>Clinic Days: Tuesday, Thursday, Friday</p> <p>Practice Type: Online and in-person</p> <p>Location: Canberra</p> <p>Specialties: Women's health, Children's health, Chronic Illness</p> <p>Website: earthandseednutrition.com.au</p> <p>Social Media: Instagram, Facebook, TikTok</p> <p>Additional Info: Offers free 15-minute discovery calls – Book here</p>
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